

Middle School District Cross Country Invitational October 18, 2013 at Del Valle High School

Coaches:

Del Valle High School would like to invite you to the 2013 Middle School District Invitational at Del Valle High School on October 18, 2013. There will be four divisions: 7th grade boys and girls and 8th grade boys and girls. The course is 2 miles in length and is run on the grass, ditch and dirt paths. The course will be marked to make it easy for the runners to follow and course marshals will also be available along the course to direct runners. I have enclosed the map for the 2 mile course.

Deadline for team entries will be Monday, October 16 at 9:00pm. If you have any questions or concerns, please contact Coach Valerie Hairston at Del Valle High School via email to vsalazar1@visd.net or by phone at (915) 328-1632

Place: Del Valle High School
950 Bordeaux

Date: October 18, 2012

Time & Order: 4:00pm Rolling Schedule	7 th Grade Girls	2 mile course
	7 th Grade Boys	2 mile course
	8 th Grade Girls	2 mile course
	8 th Grade Boys	2 mile course

Medals: Top ten in each division

Trophies: First place in each division

Please help us ensure that athletes stay out of the building and remain only in the stadium. Restrooms will be available for them in the outside field house.



- Runners will begin on the football field goal line and head out the back gate onto the gravel road.

- Gravel road will lead runners to the ditch, which will take them out to Burgundy St. The turn-around at this point is the 1 mile mark.

- Runners will return on the opposite side of the ditch and return to the stadium the same way they headed out.

- **THIS COURSE IS 2 MILES LONG**

