

IMPORTANT CHANGES TO THE PINE VIEW TRACK AND FIELD INVITATIONAL

Coaches... construction has forced the following changes to be necessary for our invite. We know that this may cause some problems for athletes and which events they are participating in - please plan accordingly.

**The Track events will be unchanged - Starts at 1:00p on Fri. / 9:00a on Sat.
The Field events will held as follows:**

Friday starting at 1:30p at Dixie HS (see bus arrangement below)

Girls Discus (min 60') starts at 1:30 at Dixie HS

Boys Shot Put (min 30') starts at 1:30 at Dixie HS

Boys Discus (min 75') starts when girls finish app. 4:30 at Dixie HS

Girls Shot Put (min 20') starts when boys finish app. 4:30 at Dixie HS

(Boys High Jump and Girls Long Jump will still be held at Pine View HS - starting at 1:00)

Bus arrangement for Friday (athletes may ride the bus or provide their own rides - up to coaches/school):

A bus will be provided to shuttle athletes to over to Dixie HS and back to Pine View HS every half hour until 8:30p

Leave PVHS going to Dixie 1:00p

Leave Dixie going to PVHS 1:30p

Leave PVHS going to Dixie 2:00p

Leave Dixie going to PVHS 2:30p, etc...

Field event judges will be aware that athletes may be travelling back and forth; however, it may be best for throwers to compete in just throwing events at this meet (sorry).

Saturday starting at 9:00a at Sandstone Elem (1 block walk from PVHS)

Girls Javelin (min 70') starts at 9:00 at Sandstone Elem

Boys Javelin (min 100') starts at 9:00 at Sandstone Elem

(Girls High Jump and Boys Long Jump will still be held at Pine View HS - starting at 9:00)

25th Annual Pine View Invitational



Date: Friday, April 1st 1:00 p.m.
Saturday, April 2nd 9:00 a.m.

Who: All 1A-5A track teams

Where: Pine View High School – St. George, Utah

Awards: Individual medals for top three places, T-shirt for 1st place individual, and a Team Championship trophy.

Registration & Cost: Teams may enter up to 60 entries (per gender) and 1 relay team per relay (per gender). Teams may use an unlimited number of entries per event (with the exception of 1600 and 3200 which have time limits).

Please DO NOT enter more than 60 entries even though the system may allow it.

- \$100 per team (with 41-60 entries) \$200 for both genders
- \$75 per team (with 21-40 entries) \$150 for both genders
- \$50 per team (with 10-20 entries) \$100 for both genders
- Or \$5.00 per athlete

**<<<PLEASE DO NOT REMIT PAYMENT>>>
YOUR SCHOOL WILL RECEIVE A BILL**

Registration Due Wednesday March 30th, 8:00 pm -- No exceptions

Registration will be online at www.runnercard.com; please submit current times for the 800, 1600, 3200 (if a time is not submitted they will not be in the fast heat – please use these maximum time guidelines for registering 3200 runners: boys-11:30; girls-14:00).

E-mail or call us with any questions:

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*Each team will be allowed one entry per relay

March 21, 2016

Pine View Invitational 2016

Schedule of Events

boys will follow girls in all events
except in the distance events (800,1600,3200)
where girls' seeded will run first followed by boys'
seeded; then remaining girls' heats and remaining
boys' heats in fast-slow order

Field events schedule has changed.
Please look below...

RUNNING EVENTS

FIELD EVENTS

Friday April 1 - 1:00 pm

1600 Meter Finals

Seeded Girls, Seeded Boys, Open Girls (fast to slow), Open Boys (fast to slow)

100 Hurdles

110 Hurdles

100 Meter

400 Meter

300 Hurdles

200 Meter

4 x 800 relay Finals

Girls Discus (min 60') starts at 1:30 at Dixie HS

Boys Shot Put (min 30') starts at 1:30 at Dixie HS

Boys Discus (min 75') starts when girls finish app. 4:30 at Dixie HS

Girls Shot Put (min 20') starts when boys finish app. 4:30 at Dixie HS

Girls Long Jump (min 10') starts at 1:00 at PVHS

Boys High Jump (start at 5') starts at 1:00 at PVHS

Saturday April 2 - 9:00 am

(All Finals)

3200 Meters

Seeded Girls, Seeded Boys, Open Girls (fast to slow), Open Boys (fast to slow)

100 Hurdles

110 Hurdles

100 Meter

400 Meter Relay

400 Meter

300 Hurdles

800 Meters

Seeded Girls, Seeded Boys, Open Girls (fast to slow), Open Boys (fast to slow)

Medley Relay

200 Meter

1600 Meter Relay

Girls High Jump (start at 4') starts at 9:00 at PVHS

Girls Javelin (min 70') starts at 9:00 at Sandstone Elem

Boys Javelin (min 100') starts at 9:00 at Sandstone Elem

Boys Long Jump (min 16') starts at 9:00 at PVHS

* Be advised we will not be contesting the pole vault at all.