

Region 10 Championships Morgan High School Information and Assignments

- Date:** Friday May 8, 2015, 3:00 PM
Saturday May 9, 2015, 10:00 AM
- Where:** Morgan High School -- Morgan, Utah
- Awards:** Presentation of Award/Medals will be on the second day at the end of the meet.
- Qualifiers:** The top 4 finishers in both individual events and relays qualify for state.
- Website:** Registration is open on www.runnercard.com until 7pm May 7th.
We will want to have seed times and marks to create preliminary heats and flights.

Team

Assignment: Javelin- Park City, Shot- Juan Diego, LJ- Uintah, HJ- Union and Disc- Morgan.

Weigh-in: 2:00pm Friday
9:00am Saturday

Some concessions will be available:
Coaches' meals will be available

Email or Call with any questions:
bfuller@morgansd.org 435-225-3195
westjamie2@gmail.com 801-721-0333

Region 10 Championships
Morgan High School
SCHEDULE

Running Events

May 8th:

Girls 1600m Run, Final

Boys 1600m Run, Final

Girls 100m Hurdles, Prelims

Boys 110m Hurdles, Prelims

Girls 100m Dash, Prelims

Boys 100m Dash, Prelims

Girls 400m Dash, Prelims

Boys 400m Dash, Prelims

Girls 300m Hurdles, Prelims

Boys 300m Hurdles, Prelims

Girls 200m Dash, Prelims

Boys 200m Dash, Prelims

Girls 1600m Medley Relay, Final

Boys 1600m Medley Relay, Final

**** Top 8 Advance to Finals from Prelims**

Field Events starting at 3:00

Girls High Jump, Boys Shot Put

Boys Long Jump, Girls Javelin

Girls Discus

Each athlete will get three marks plus finals, Top 9 Advance to Finals

Running Events

May 9th

Girls 3200m Run, Final

Boys 3200m Run, Final

Girls 100m Hurdle, Final

Boys 110m Hurdle, Final

Girls 100m Dash, Final

Boys 100m Dash, Final

Girls 4 x 100m Relay, Final

Boys 4 x 100m Relay, Final

Girls 400m Dash, Final

Boys 400m Dash, Final

Girls 300m Hurdle, Final

Boys 300m Hurdle, Final

Girls 800m Run, Final

Boys 800m Run, Final

Girls 200m Dash, Final

Boys 200m Dash, Final

Girls 4 x 400m Relay, Final

Boys 4 x 400m Relay, Final

Field Events starting at 10:00

Boys High Jump, Girls Shot Put

Girls Long Jump, Boys Javelin

Boys Discus

Each athlete will get three marks plus finals, Top 9 Advance to Finals