

2015 REGION 12 TRACK AND FIELD CHAMPIONSHIPS MEET

Day 1 (Wednesday, 5/6) – Schedule of Events:

- **2:30 PM** – Team Packets available In Booth.
- **3:00 PM** – Coaches Meeting.
- **3:20 PM** – National Anthem and Final call for 1600 M and Field Events.
- **3:30 PM** – Meet Begins.

Coaches Meeting:

- 3:00 PM COACHES MEETING AT THE FINISH LINE:
 - Emergency scratches, exchange zone assignments, and designate Games Committee. No additions/substitutions will be allowed at this time.

Order of Track Events:

****All Running events will go Girls followed by Boys.****

1600 M Finals
100 M Hurdles / 110 M Hurdles (Prelims)
100 M (Prelims)
400 M (Prelims)
*****Break = 30 minutes*****
300 M Hurdles (Prelims)
Medley Relay Finals
200 M (Prelims)

Order of Field Events:

Field Events will begin promptly at 3:30 PM.

****Throwers and Jumpers will be allowed three attempts. Top nine athletes advance to finals for an additional three attempts.****

Girls Long Jump
Girls Shot Put
Boys Discus
Girls Javelin
Boys High Jump

2015 REGION 12 TRACK AND FIELD CHAMPIONSHIPS MEET

Day 2 (Thursday, 5/7) – Schedule of Events:

- **9:30 AM** – Coaches Meeting.
- **9:50 AM** – National Anthem and Final call for 3200 M and Field Events.
- **10:00 AM** – Meet Begins.

Coaches Meeting:

- 9:30 AM COACHES MEETING AT THE FINISH LINE:
 - Emergency scratches, exchange zone assignments, and designate Games Committee. No additions/substitutions will be allowed at this time.

Order of Track Events:

First Running event starts at 10:00 AM sharp.

****All Running events will go Girls followed by Boys.****

3200 M Finals

100 M Hurdles / 110 M Hurdles Finals

100 M Finals

*****Presentation of Academic All Region*****

4 X 100 M Finals

400 M Finals

*****Break = 60 minutes for Lunch*****

300 M Hurdles Finals

800m Finals

200m Finals

*****Break to finalize scoring*****

4 X 400m Finals

Order of Field Events:

Field Events will begin promptly at 10:00 AM.

****Throwers and Jumpers will be allowed three attempts. Top nine athletes advance to finals for an additional three attempts.****

Boys Long Jump

Boys Shot Put

Girls Discus

Boys Javelin

Girls High Jump