

# 2021 Eastern Utah Championships

## April 30,2021

**Coaches Meeting 2:45 p.m.**

**Running Events –Timed  
Finals**

**3:30 P.M.**

1600 Medley Relay (non  
scoring)

3200 M Girls/Boys

100 M Hurdles

110 M Hurdles

100 M Girls/Boys

1600 Meter Girls/Boys

4x100 Meter Relay

400 M Girls/Boys

300 M Hurdles Girls/Boys

800 M Girls/Boys

200 M Girls/Boys

4x4 Relay Girls/Boys

**Field Events – Prelims &  
Finals**

**3:00 P.M.**

Girls Shot Put

Boys Discus

Girls Javelin

Girls High Jump

Boys Long Jump

**Followed by:**

Boys Shot

Girls Discus

Boys Javelin

Boys High Jump

Girls Long Jump

**\*\*Limits \*\* 4 events per  
athlete unlimited entries  
per school except 1 relay  
per school**