

Carbon Middle School Meet

April 30, 2021

Coaches Meeting at 9:30 a.m.

TRACK EVENTS

Girls' 100 M Hurdles
Boys' 100 M Hurdles

Girls' 100 M Run
Boys' 100 M Run

Girls' 800 M Run
Boys' 800 M Run

Girls' 200 M Run
Boys' 200 M Run

Girls' 400 M Run
Boys' 400 M Run

Girls' 1600 M Run
Boys' 1600 M Run

Girls' 4 x 100 M Relay
Boys' 4x 100 M Relay

Girls' 4x200 M Relay
Boys' 4x200 M Relay

*Note that all racing events are
timed finals.

****Limits ** 4 events per athlete
unlimited entries per school except 1
relay per school**

FIELD EVENTS

Start at 9:30 a.m.

Boys' Long Jump
Boys' shot put
Girls' High Jump
Girls Discus
Girls' Javelin

Start after completion of first
event

Boys' High Jump
Boys' Discus
Boys' Javelin
Girls' Long Jump
Girls' Shot Put

*Field events will be 4 attempts.