

2010 Pete Olson Invitational Track Meet Schedule

Saturday, March 27th, 2010

Big Piney, WY

Scratch Meeting

The scratch meeting will be held in the Big Piney press box at 8:00a.m. continuing until 8:45a.m.

Coaches please have all your scratch and adds at that time.

Number of Events

Athletes may compete in Four (4) events. Unlimited entries per event.

Track Surface

Track and runway surfaces are rubberized material. **One-eighth inch spikes are required on these surfaces for meet competition.** Please have your athletes remove their spikes when inside school facilities.

Fees

Entry fee is \$40.00 per team or \$80.00 per school, for both boys and girls. (Please send vouchers made payable to Big Piney High School in advance or bring to scratch meeting.)

Dressing Rooms

Locker rooms and bathroom facilities for both boys and girls will be available in the Big Piney High School Locker Rooms. Port-a-Potties will be stationed around the track area also. Please have your athletes enter the locker rooms from the South side of High School building. Locker rooms **will not** be locked. Please have your athletes leave any valuables on the team bus. **Towels will not be furnished.**

Starting Blocks

Starting blocks will be provided. (Blazer Blocks)

Field Events

Flights will be seeded by lowest to highest mark. Competitors will be given Four (4) throws/jumps all marks are considered finals. **There will be no final flights.** In the shot put and discus, competitors will be given two consecutive throws with the best of the two measured and then two more throws with the best throw measured within the flight. Markers will not be allowed on the runways. Markers may be placed in the grass alongside runways.

Discus and Shot Put weigh-in, will take place in the middle shop area of the vocational building. All pads are concrete.

POLE VALUT COMPETITION WILL NOT BE HELD.

Races

Heats will be seeded by slowest to fastest time. All running events will be timed finals. All times will be hand held times.

Relays

All Relay entries, including alternates (if they are substituted), count toward the total number of events entered. Please fill out relay card and have relay team present to event clerk. **At the end of the meet if there are enough teams, for fun we will have a weight man's relay for both men and women. (Batons will be used).**

Starting

The "No False Start" Rule Applies. False start means D.Q. The 1600 and 3200 meter runs will be started in alleys.

Scoring

Scoring will be 10-8-6-4-2-1 on an eight lane track. If we have only five teams then meet scoring will be 8-6-4-2-1.

Awards

Medals will be given for the first three places in individual events and relays.

Team Camps

Team camps may be set up in the grass area of the football field. *Please make sure your camp does not interfere with the starting of the 200 meter dash. Please clean up your "camp" site before leaving.* Trash cans and bags will be provided to dispose of trash.

Buses

Please park all buses in the Annex Parking Lot. That will be the parking lot east of the Vocational Building.

Coaches

Events judges and timers will be provided. Please instruct your athletes to listen for event announcements and to report as directed. **Please, no footballs, baseballs or Frisbees in team camps.**

Lunches/Concessions

Team lunches may be eaten at the campsite. Please ask your athletes to help keep their campsites clean. **Please arrange for you own team lunches.** There will not be a concession stand for athletes. A hospitality room will be available for coaches and bus drivers.

TO: Track Coaches

FROM: Terry Cain, Track Coach

Nate Strong, Meet Director/Athletic Director

Dusty Dinnel, Clerk of Course

Bill Lehr, Starter

RE: 2010 Pete Olson Invitational Track Meet

DATE OF Meet: Saturday, March 27th, 2010

TIME: **The meet will begin at 9:00 a.m. with the Scratch Meeting beginning at 8:00 a.m. in the Press Box.**

FIELD EVENTS: Report at **8:45 a.m.** These events will start at 9:00 a.m.

Boys' Long Jump Boys' Shot

Boys' High Jump Girls' Discus

Girls' Triple Jump

Report to these events after the completion of the above events:

Boys' Triple Jump Boys' Discus

Girls' Long Jump Girls' Shot

Girls' High Jump

TRACK RUNNING EVENTS: **11:00 a.m.** All events Girls followed by Boys

3200 M Relay

100 M Int. Hurdles (G)

110 M High Hurdles (B)

100 M Dash

1600 M Run

400 M Relay

400 M Run

300 M Hurdles

800 M Run

200 M Dash

3200 M Run

1600 M Relay

Weight Relay