



Meet Schedule

5/22/2024

Event		Time
Track opens for warmups & Check-Ins		5:30
Race shop opens		5:30
Opening ceremonies & pacer introductions		6:25
Women's Community 5k		6:30
Men's Community 5k		6:55
High School Girl's 5k	Heat 1	7:20
High School Boy's 5k	Heat 1	7:40
High School Girl's 5k	Heat 2	8:00
High School Boy's 5k	Heat 2	8:20
Elite High School Girls		8:40
Elite High School Boys		9:00

Heats will be run slow to fast. Tentative schedule—will be adjusted as necessary to accommodate more or less heats.