

**Del Valle High School
Track & Field Invitational 2013**



Hello Coaches:

Welcome to the Del Valle Track and Field Invitational. We are excited to be kicking off the 2013 track and field season. Please use runnercard.com to submit your entries. Entries will close on Thursday, February 7th at 12:00 noon. **Please do not put times or distances as this is the first meet of season.**

FRIDAY:

4:00 PM FIELD EVENTS:

Triple Jump Girls V, JV, 9TH
Long Jump Boys V, JV, 9TH
High Jump Boys V, JV, 9TH
ALL Pole Vault Girls then Boys
Shot Put Boys V, JV, 9TH
Discus Girls V, JV, 9TH

If numbers permit, 9th and JV will be combined in ALL events.

4:00 PM RUNNING EVENTS:

9th (G/B), JV (G/B), V (G/B)
3200m Run
(9th & JV Girls run together)
(JV & Varsity Boys run together)
100 H
110H
100M
800M Relay
400M
300H
200

SATURDAY

8:30 AM FIELD EVENTS

Triple Jump Boys V, JV, 9th
Long Jump Girls V, JV, 9th
High Jump Girls V, JV, 9th
Shot Put Girls V, JV, 9th
Discus Girls V, JV, 9th

8:30 AM RUNNING EVENTS

9th (G/B), JV (G/B), V (G/B)
1600M 9TH and JV only
400M Relay
800M
100 H
110H
400M
300H
200M
1600M Varsity Only
1600M Relay

Worker Assignments

Please bring your own tape measure!

- Long Jump Anthony(B)/Tornillo (G)
- Triple Jump Hanks
- High Jump Bel Air
- Shot Put Parkland
- Discus Andress (B)/Loretto(G)
- Pole Vault Eastwood

We are also asking that each team provide one coach for relay exchanges.

GOOD  LUCK!