Region 17 Track Meet

Saturday May 14th, 2016  
North Summit High School  
Coalville, Utah

**Coaches Meeting at 10:30am**We will review the meet, communicate scratches, and any other pertinent topics.

**Field events First starting at 11:00am**

**Running Events Start at 12:00**

**Order of Events** (Track: Girls followed by boys)

**Track Events:**

Medley Relay   
100 m H Timed Final  
110 m HH Timed Final  
100 m Timed Final  
1600 m Timed Final   
4x100 m Relay

**Field Events:**

Long Jump – Girls  
High Jump – Boys  
Discus – Girls  
Javelin – Boys  
Shot – Girls

**Track Events:**

400 m Timed Final  
300 m H Timed Final  
800 m Timed Final  
200 m Timed Final  
3200 m Timed Final   
4x400 m Relay

**Field Events:**

Long Jump – Boys  
High Jump – Girls  
Discus – Boys  
Javelin – Girls  
Shot – Boys

**Participation**Three (3) athletes per event per school.  
Four (4) events per athlete.  
Please enter your athletes on Runnercard by Thursday May 12th at noon. If there are any problems, contact me immediately.

**Scoring**With five teams, scoring for individual events will be 8-6-4-2-1; relays 8-6-4-2.

**Field Event Assignments/Management**Bring your own clipboard, pencil and measuring tape.

Long Jump – Manila  
High Jump – Duchesne  
Discus – Altamont  
Javelin – Rich  
Shot – Tabiona

Field Events – open jump/throw for the first 1.5 hours – 3 jumps or throws. Six finalists will be announced for the final round – another 3 jumps or throws.

For finalists, best jump/throw of all six attempts is the “best mark.”

Qualifiers for State:  
Individuals top 3 with a 4th split between regions 17 and 19 with fastest 4th finish  
Relays top 2

If you have questions or concerns, please contact:

Glenn Smith  
School: (435) 793-2365 Ext.122  
Cell: (435) 881-4059  
[gsmith@richschool.org](mailto:gsmith@richschool.org)

Justin Groll  
School: (435) 793-2365 Ext.114  
Cell: (435) 760-3201  
[jgroll@richschool.org](mailto:jgroll@richschool.org)

Logan Staheli  
School: (435) 793-2365 Ext.115  
Cell: (435) 862-1542  
[lstaheli@richschool.org](mailto:lstaheli@richschool.org)