**2016 Region XI Cross Country Championships**

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| **When:** | October 12th at 2pm |
| **Where:** | Cottonwood Sports Complex (4400 South 1300 East in Salt Lake City) |
| **Entries:** | (Dan Line): Please enter all your athletes on runnercard.com. Entries are due no later than Monday, October 10th at 11:00pm. If you have any changes after that you will need to contact Dan Line. |
| **Varsity Races:**  **JV Races:** | - 7 Athletes Maximum  - Unlimited |
| **Medals**  **Trophies:** | -       Top 10 Varsity (boys and girls)  -       Top 10 JV (boys girls)  -       Top Team Varsity (Boys and Girls) |
| **Teams to State:**  **Individual Qualifiers:** | -       Top Four Varsity Teams (boys and girls)  -       next best 3 varsity individuals not on a team |
| **Start Times:** | 2:00 pm JV Girls  2:30 pm JV Boys  3:00 pm Varsity Girls  3:30 pm Varsity Boys |
| **Assignments:** | -       **Timing/Results:** Bear River (Dan Line)/RunnerCard  -    **Course Officials:** Logan (AD & Assistant Principal)  -       **Course Set Up:** Region 10 will already have course set up/Logan  -       **Starting (Starter and Pistol):** Ben Lomond  -       **Starting Straight:** Morgan (crowd Management – restart judge)  -       **Finish Chute:** **ALL TEAMS- please provide 1 adult to help at the finish line.** (athlete order in chute – violations – athlete help)  -       **Meet/Finish Judge:** Logan  -       **Water Table & Athletic Trainer:** Logan  -       **Varsity Awards:** Ridgeline is in charge of purchasing this year. Logan will announce and handout during the ceremony.  -       **JV Awards:** Logan  -       **Course Take Down:** Logan and anyone else that wants to help : ) |
| **Appeals Committee:** | Committee Head - Logan AD  Julie Talbot - Juan Diego  Brennen Fuller - Morgan  Kim Giebel - Ben Lomond  Sandy MacS - Bear River  Mary Kirby - Ridgeline  \*Team appealing, or team that has individual in question...is not allowed to vote during that decision making.  \*\*Logan AD breaks all ties |

**\*Note 1:** Region 10 is holding their meet before ours at 11:00am. Their awards may go until about 12:45 pm. We ask that you NOT show up at the course until 12:45 pm

**\*\*Note 2:** NO Pacing...all athletes, parents, coaches, volunteers, teammates and friends. Coaches, you are responsible to make your contingency aware of the rule and to enforce it.

**Questions…call or email**

**Entries/Timing:** Coach Dan Line (Daniel.line@besd.net) (435-881-7315)

**All other Questions:**

* Coach Chazel Jenkins (chcamp3@gmail.com) (208-760-0541)
* Coach Todd Campbell ([todd.bidwi@gmail.com](mailto:todd.bidwi@gmail.com)) (435-760-6375)
* Coach Eric Strand ([eric.strand@loganschools.org](mailto:eric.strand@loganschools.org)) (307-660-8753)

**COACHES:** Please send me a confirmation email that you have received this information (Coach Jenkins)