

PARKLAND/RIVERSIDE CROSS COUNTRY INVITATIONAL



Dear Cross Country Coach:

We are pleased to invite you to the Parkland/Riverside Cross Country Invitational. We are excited to have you and your team participate. Here are the details:

DATE: Saturday, September 3, 2011

PLACE: Veterans Park, 5301 Salem Drive, El Paso, Texas

TIME: 9:00 AM

SCHEDULE: Order of races and approximate starting times

Varsity Girls 9:00 AM

Varsity Boys 9:30 AM

Open Girls 10:00 AM

Open Boys 10:30 AM

9th Grade Girls 11:00 AM

9th Grade Boys 11:30 AM

Runners will report to the starting line 10 minutes before the start of event

REGISTRATION: We have set up at www.runnercard.com You need to go to the site and create an account if you haven't already, and sign your participants up for the meet. The deadline to sign up is Thursday, September 1 at 7:00 pm . We will close entries at that time to download participants into our meet management program.

DISTANCE: 2 miles All Girls Divisions and 9th Grade Boys
3 miles Varsity Boys and Open Boys

COURSE: The course is mostly grass with some asphalt. Spikes may be worn on the course.

SCORING: A team shall consist of a maximum of seven (7) and a minimum of five (5) runners. The first five (5) finishers of each team will score points according to the places in which they finish. Schools may enter only one varsity team. Schools with less than five (5) runners may compete for individual championships only. For "TEAM SCORING" they will not be considered. Their place will be passed on to the next runner who represents a full team. Open and 9th Grade competitions will be unlimited.

TRAINER: An on site trainer will be present and available to ALL runners throughout the duration of the meet. We ask that runners who plan to be taped or otherwise assisted by the trainer, please bring their own supplies (tape, pre-wrap, etc)

AWARDS: Medals for the top ten individual finishers in each division. Trophies will be presented to the first place team in each division. Award Ceremony held at the conclusion of meet!

We look forward to your participation Saturday, September 3, 2011

Any questions please call or email with questions
Sincerely,

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