

ANNOUNCING:

40th Annual Orem Kiwanis Cross Country Invitational Saturday, September 26, 2009 @ UVU



Dear Cross Country Coach:

We are pleased to invite you to the 40th Annual **OREM KIWANIS CROSS COUNTRY INVITATIONAL**. We are excited to have you and your team participate. With **close to 1,500 participants** expected, this is one of the largest and oldest cross country races in the intermountain region. We are looking forward to another outstanding event. Here are the details:

EVENT & DATE: OREM KIWANIS CROSS COUNTRY INVITATIONAL – Saturday, Sept. 26, 2009

SCHEDULE:

7:00 a.m.	Course open for team walk-throughs (also open Friday after 6:00 p.m.)	9:30 a.m.	J.V. Boys – 1A thru 4A
8:00 a.m.	Coaches check-in and pick up packets	10:00 a.m.	J.V. Boys – 5A
8:30 a.m.	Coaches Meeting	10:30 a.m.	Varsity Girls – all divisions
9:00 a.m.	J.V. Girls – all divisions	11:00 a.m.	Varsity Boys – all divisions
		11:30 a.m.	Awards Ceremony/Open Race

LOCATION: Utah Valley University, Orem, UT (Soccer field in northwest area of campus)

DISTANCE: 5K (the course is over 90% grass)

REGISTRATION: Registration is currently open and will take place online at www.runnercard.com (password: **kiwanis**). **No registration after 11:59 p.m., September 24, 2009.** All changes must be made at www.runnercard.com by that time as the website will be locked for processing. Changes made the morning of the race will cost \$5.00 per change.

ENTRY FEE: The entry fee is \$50 per team (not per school) or \$10 per individual (without a full team). Please bring a check (payable to Orem Kiwanis Club) to the meet or send to the address at the bottom of this page.

NOTE: No more than **SEVEN RUNNERS** may be entered in the Varsity Boys and Varsity Girls divisions for each school. Only Junior Varsity runners may be entered in the Junior Varsity divisions. Five finishers in each division are required in order to compete for the team trophies.

AWARDS: Trophies will be presented to the 1st, 2nd, and 3rd place teams in the Varsity Boys and Varsity Girls divisions. Also, 1st place trophies will be awarded to teams in the Junior Varsity Boys and Junior Varsity Girls divisions. Individual awards will be presented to the first 10 finishers in each division (Varsity and JV, boys and girls). Awards will be given to the schools and runners according to their division (5A), (4A), (3A, 2A, and 1A will be grouped together).

We look forward to seeing you Saturday, September 26, 2009! Please call or email with questions.

Sincerely,

Brian Gurney, Event Chair

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