**To: Coaches**

All entries will be done by RunnerCard .com. **The meet will close on WEDNESDAY MARCH 19, at 8:00pm**. ***Please enter only three athletes per event, per level***. There will be *only scratches at the meet, no ads*. There will be three jumps/ throws and finals for Varsity only. Junior Varsity and freshman will only have three attempts. ***All Races will be timed finals.*** Medals will be awarded to the top three athletes in each event and team trophies will be given to the Champions in all divisions. The order of running events will be 9th/ JV and Varsity.

A hospitality room will be available for all coaches and volunteers in the meeting room. Please help us keep all athletes out.

**Please have your athletes pay attention to start times and announcements. They will be scratched**

 **if they do not report to their events at an appropriate time.**

**Please keep our turf field clean and have your athletes keep their areas tidy. No camps on the field.**

**NO SUNFLOWER SEEDS!!! THEY’RE ALMOST IMPOSSIBLE TO PICK UP!**

***Friday, March 21st***

2:00 p.m. Scratch meeting & Hospitality (Meeting Room)

**3:00** p.m. Field Events & 3200M

Triple Jump – **Var, 9th**, JV

Long Jump – 9TH , **JV**, Var

Shot Put - Ring # 1- Varsity

Shot Put – Ring # 2- 9th/JV

Discus –  **JV**, 9TH,Var

High Jump – JV, Var, 9th

Pole Vault – All levels combined (Opening Height 7’ / 8’ / 9’0)

***3:00*** ……

3200 Meter Run……9/JV (May Combine)Varsity Follows

***4:30***…………. ***RUNNING EVENTS-ALL TIMED FINALS***

4 x 100 RELAY

800M

110 H Hurdles

100 M Dash

4 X 200 RELAY

400 M Dash

300 Hurdles

200 Meter

1600M

4 X 400 RELAY

***Saturday march 22nd***

***8:00am***-Scratch meeting & Hospitality (Meeting Room)

***9:00AM***

Field Events & 3200M (9th/JV May combine)Varsity Follows

Triple Jump – **Var, 9th**, JV

Long Jump – 9TH , **JV**, Var

Shot Put - Ring # 1- Varsity

Shot Put – Ring # 2- 9th/JV

Discus –  **JV**, 9TH,Var

High Jump – JV, Var, 9th

Pole Vault – All levels combined (Opening Height 6’)

***10:30AM….RUNNING EVENTS-ALL TIMED FINALS***

4 x 100 RELAY

800M

110 H Hurdles

100 M Dash

4 X 200 RELAY

400 M Dash

300 Hurdles

200 Meter

1600M

4 X 400 RELAY

FRIDAY WORKING ASSIGNMENTS

Please bring your own tape measures!!!!!!!

BOWIE………Shot Put Ring 2

FRANKLIN…….Pole Vault

TORNILLO……..Shot Put Ring 1

CATHEDRAL………Discus

FABENS………Long Jump

IRVIN…….High jump

SAN ELIZARIO……Triple Jump

SIERRA BLANCA…. Exchange 1 (4 x100,4 x 200)

LORETTO……….. Exchange 2 (4 x100, 4 x 200)

Ft HANCOCK……Exchange 3 (4 x 100)

HORIZON/MT. VIEW/CLINT………..CAMERA

SATURDAY WORKING ASSIGNMENTS

FT. HANCOCK………Shot Put Ring 2

IRVIN……….…….Pole Vault

JEFFERSON……..Shot Put Ring 1

EL PASO………….Discus

FABENS…………..Long Jump

SIERRA BLANCA…….High jump

SAN ELIZARIO……Triple Jump

MT. VIEW…. Exchange 1 (4 x100,4 x 200)

FAITH CHRISTIAN……….. Exchange 2 (4 x100, 4 x 200)

TORNILLO……Exchange 3 (4 x 100)

HORIZON/MT. VIEW/CLINT………..CAMERA