**RAWLINS INVITATIONAL**

**April 8, 2017**

**Welcome to the Rawlins Invitational. This meet will be entered, seeded and scored via RUNNER CARD. The fastest heats will be run first. There will be a hospitality area in the press box for coaches and meet personnel. There will be a short meeting in the press box for coaches at 9:30 a.m. We may need to ask coaches from teams attending to help with field events.**

**\*Minimum distances for attempts to be measured have been established. Meet divisions will be 6th - 7th grade Boys & Girls/ 8th grade Boys & Girls.**

**Each athlete may be entered in only 4 events. (This includes relays)**

**Entries are due by Friday at noon.**

**Each event will be limited to 6 per division from each school. Running events take priority over field events, runners must be at the start line by second call to the event.**

**Field events begin at 10:00 A.M. All field events are finals. Throwers will take all 3 throws at once. ONLY minimum throws or jumps will be measured.**

**Triple jump and long jump pits are on the north end of the field. Athletes will be allowed 4 jumps. Shot and Discus rings are on the northeast side of the field. The high jump pit is on the north end.**

**Running order will be 6th - 7th girls, 6th - 7th boys followed by 8th girls and 8th boys.**

**Running begins at 10:30 A.M. with the 1600 m run.**

**Order of events: 1600 m 100 m hurdles girl 30 inches boys 33 inches 100 m 4 X 100 relay 400 m 200 meter hurdles both boys and girls run 30” hurdles 800 m 200 m 4 X 200 Relay 4 X 400 Relay**

**Any questions please refer them to:**

**Sandy Jebens, Activities Director – sjebens@crb1.net**

**Coach Charli Fisher –cfisher@crb1.net**