

Region 10 Championships - 5/9/2018 to 5/10/2018

Orem High School

Results

Girls 100 Meter Dash

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1	3	Ballard, Amy	Lehi HS	12.49q	1.1 1
2	153	Raymond, Taye	Orem HS	12.80q	-1.7 3
3	396	Pendleton, Natalie	Spanish Fork HS	12.93q	-2.3 2
4	155	Reeves, Emma	Orem HS	13.02q	0.9 4
5	157	Riley, Megan	Orem HS	13.03q	0.9 4
5	151	Rasmussen, Cacia	Orem HS	13.03q	-1.7 3
7	323	Vaitohi, Keanna	Salem Hills HS	13.07q	-1.2 5
8	437	Johnson, Kyla	Uintah HS	13.23q	-1.2 5
9	336	Ballard, Kennedy	Spanish Fork HS	13.38	1.1 1
10	6	Clark, Charity	Lehi HS	13.44	1.1 1
11	346	Buck, Annabelle	Spanish Fork HS	13.47	-1.2 5
12	48	Warcup, Alyssa	Lehi HS	13.52	-2.3 2
12	300	Rosenberg, Lexi	Salem Hills HS	13.52	-2.3 2
14	232	Ballard, Paisley	Salem Hills HS	13.57	0.9 4
15	420	Bennion, Kacee	Uintah HS	13.62	-1.2 5
16	239	Bogges, Kapri	Salem Hills HS	13.63	-1.7 3
17	132	Mathews, Gracyn	Orem HS	13.77	-1.2 5
18	461	Siddoway, Emily	Uintah HS	13.95	0.9 4
19	199	Huff, Addie	Payson HS	13.97	-1.7 3
20	276	Lee, Jennah	Salem Hills HS	14.05	-2.3 2
21	225	Watson, McKennah	Payson HS	14.22	-2.3 2
22	290	Orton, Halley	Salem Hills HS	14.34	0.9 4
23	206	McConahay, Alyssa	Payson HS	14.38	1.1 1
24	39	Peterson, Carli	Lehi HS	14.64	-2.3 2
25	16	Foster, Kennedy	Lehi HS	14.70	0.9 4
26	14	Felt, Beatrice	Lehi HS	14.74	1.1 1
27	413	Whittaker, Jessica	Spanish Fork HS	14.82	-1.7 3
28	438	Jolley, Ragen	Uintah HS	14.87	-1.2 5
29	93	Black, Julia	Orem HS	15.08	-1.7 3
30	217	Sadler, Savanna	Payson HS	15.10	-2.3 2
31	388	Nilson, Sumerlyn	Spanish Fork HS	15.13	1.1 1
32	13	Elwood, Ashley	Lehi HS	15.57	0.9 4
33	405	Romney, Raegan	Spanish Fork HS	15.68	1.1 1
34	198	Hill, Sydney	Payson HS	15.95	-1.2 5
35	298	Riley, Bryn	Salem Hills HS	15.97	-1.2 5
36	377	Larsen, Alyssa	Spanish Fork HS	16.90	0.9 4

Girls 100 Meter Dash

Name	Year	School	Finals	Wind	Points
Finals					
1	3	Ballard, Amy	Lehi HS	12.30	2.7 10
2	396	Pendleton, Natalie	Spanish Fork HS	12.57	2.7 8
3	153	Raymond, Taye	Orem HS	12.65	2.7 6
4	155	Reeves, Emma	Orem HS	12.70	2.7 5
5	151	Rasmussen, Cacia	Orem HS	12.82	2.7 4
6	157	Riley, Megan	Orem HS	12.92	2.7 3
7	323	Vaitohi, Keanna	Salem Hills HS	12.95	2.7 2
8	437	Johnson, Kyla	Uintah HS	13.08	2.7 1

Region 10 Championships - 5/9/2018 to 5/10/2018**Orem High School****Results****Girls 200 Meter Dash**

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1	296	Pruden, Maddie	Salem Hills HS	26.17q	1.6 5
2	151	Rasmussen, Cacia	Orem HS	26.44q	1.6 5
2	153	Raymond, Taye	Orem HS	26.44q	1.0 2
4	157	Riley, Megan	Orem HS	26.55q	2.2 4
5	155	Reeves, Emma	Orem HS	26.61q	0.6 3
6	3	Ballard, Amy	Lehi HS	26.63q	-0.1 1
7	323	Vaitohi, Keanna	Salem Hills HS	26.90q	2.2 4
8	417	Avila, Shaylee	Uintah HS	27.19q	1.0 2
9	300	Rosenberg, Lexi	Salem Hills HS	27.86	-0.1 1
10	457	Putnam, Sydra	Uintah HS	27.88	1.0 2
11	175	Zollinger, Kira	Orem HS	28.07	2.2 4
12	297	Rickenbach, Leah	Salem Hills HS	28.08	-0.1 1
13	461	Siddoway, Emily	Uintah HS	28.79	1.6 5
14	48	Warcup, Alyssa	Lehi HS	28.98	-0.1 1
15	132	Mathews, Gracyn	Orem HS	29.21	0.6 3
16	225	Watson, McKennah	Payson HS	29.34	2.2 4
17	276	Lee, Jennah	Salem Hills HS	29.41	1.0 2
18	199	Huff, Addie	Payson HS	29.54	0.6 3
19	121	Johnson, Jessica	Orem HS	29.59	1.6 5
20	290	Orton, Halley	Salem Hills HS	29.66	-0.1 1
21	182	Braithwaite, Jentr	Payson HS	30.21	1.0 2
22	307	Smith, Courtney	Salem Hills HS	30.48	1.6 5
23	438	Jolley, Ragen	Uintah HS	30.63	-0.1 1
24	343	Blake, Lindsay	Spanish Fork HS	31.04	1.6 5
25	34	Miller, Sydney	Lehi HS	31.08	1.6 5
26	39	Peterson, Carli	Lehi HS	31.29	2.2 4
27	14	Felt, Beatrice	Lehi HS	31.85	-0.1 1
28	405	Romney, Raegan	Spanish Fork HS	33.44	2.2 4
29	342	Berger, Sydney	Spanish Fork HS	33.60	1.0 2
30	13	Elwood, Ashley	Lehi HS	34.25	1.6 5
31	377	Larsen, Alyssa	Spanish Fork HS	35.80	0.6 3

Girls 200 Meter Dash

Name	Year	School	Finals	Wind	Points
Finals					
1	3	Ballard, Amy	Lehi HS	25.88	0.1 10
2	153	Raymond, Taye	Orem HS	26.17	0.1 8
3	296	Pruden, Maddie	Salem Hills HS	26.27	0.1 6
4	157	Riley, Megan	Orem HS	26.44	0.1 5
5	155	Reeves, Emma	Orem HS	26.54	0.1 4
6	323	Vaitohi, Keanna	Salem Hills HS	27.17	0.1 3
7	151	Rasmussen, Cacia	Orem HS	27.19	0.1 2
8	417	Avila, Shaylee	Uintah HS	27.67	0.1 1

Girls 400 Meter Dash

Name	Year	School	Prelims	H#
Preliminaries				
1	3	Ballard, Amy	Lehi HS	1:00.88q 3

Region 10 Championships - 5/9/2018 to 5/10/2018

Orem High School

Results

....Girls 400 Meter Dash

2	296 Pruden, Maddie	Salem Hills HS	1:00.91q	3
3	173 Winward, Kimmie	Orem HS	1:00.96q	2
4	87 Warner, Allison	Mountain View HS	1:01.73q	5
5	417 Avila, Shaylee	Uintah HS	1:02.24q	2
6	175 Zollinger, Kira	Orem HS	1:02.52q	4
7	307 Smith, Courtney	Salem Hills HS	1:02.61q	1
8	297 Rickenbach, Leah	Salem Hills HS	1:03.33q	5
9	239 Boggess, Kapri	Salem Hills HS	1:04.81	3
10	463 Slaugh, Rachel	Uintah HS	1:05.99	1
11	121 Johnson, Jessica	Orem HS	1:07.03	2
12	220 Teemant, Callie	Payson HS	1:07.08	5
13	154 Reeves, Daphne	Orem HS	1:07.25	4
14	133 Mauldin, Courtney	Orem HS	1:07.45	2
15	459 Sagers, Jody	Uintah HS	1:07.55	4
16	92 Bergeson, Susanna	Orem HS	1:07.73	3
17	422 Bulloch, Anekah	Uintah HS	1:07.98	5
18	182 Braithwaite, Jentr	Payson HS	1:08.68	1
19	474 Wiseman, Karly	Uintah HS	1:09.09	4
20	328 Weiss, Tiffany	Salem Hills HS	1:09.34	4
21	343 Blake, Lindsay	Spanish Fork HS	1:10.88	5
22	14 Felt, Beatrice	Lehi HS	1:11.04	4
23	210 Openshaw, Rylee	Payson HS	1:11.66	4
24	206 McConahay, Alyssa	Payson HS	1:11.76	3
25	340 Beck, Daisha	Spanish Fork HS	1:13.27	1
26	226 Webber, Rachel	Payson HS	1:13.41	2
27	277 Leifson, Kennady	Salem Hills HS	1:14.58	5
28	13 Elwood, Ashley	Lehi HS	1:21.16	2
29	190 Evans, Kobey	Payson HS	1:39.44	1

Girls 400 Meter Dash

Name	Year	School	Finals	Points	
=====					
Finals					
1	173	Winward, Kimmie	Orem HS	59.94	10
2	296	Pruden, Maddie	Salem Hills HS	1:00.13	8
3	3	Ballard, Amy	Lehi HS	1:00.84	6
4	87	Warner, Allison	Mountain View HS	1:00.88	5
5	175	Zollinger, Kira	Orem HS	1:01.34	4
6	297	Rickenbach, Leah	Salem Hills HS	1:02.30	3
7	417	Avila, Shaylee	Uintah HS	1:02.60	2
8	307	Smith, Courtney	Salem Hills HS	1:04.16	1

Girls 800 Meter Run

Name	Year	School	Finals	Points	
=====					
1	31	Martin, Anna	Lehi HS	2:24.82	10
2	87	Warner, Allison	Mountain View HS	2:25.97	8
3	466	Sprouse, McKenna	Uintah HS	2:27.17	6
4	83	Smith, Makenzi	Mountain View HS	2:28.97	5
5	105	Ellis, Mary	Orem HS	2:30.94	4
6	168	Warner, Anna	Orem HS	2:31.64	3
7	463	Slaugh, Rachel	Uintah HS	2:32.66	2
8	63	Clayton, Jacelin	Mountain View HS	2:33.19	1

Region 10 Championships - 5/9/2018 to 5/10/2018**Orem High School****Results****....Girls 800 Meter Run**

9	70	Lindley, Kelsi	Mountain View HS	2:34.03
10	61	Chariton, Jenna	Mountain View HS	2:35.97
11	426	Dansie, Rylee	Uintah HS	2:37.13
12	17	Gray, Abigail	Lehi HS	2:37.36
13	422	Bulloch, Anekah	Uintah HS	2:38.82
14	140	Monson, Emma	Orem HS	2:39.00
15	133	Mauldin, Courtney	Orem HS	2:39.70
16	69	Lindley, Alysa	Mountain View HS	2:39.93
17	445	McKeachnie, Delayn	Uintah HS	2:40.26
18	12	Eaton, Molli	Lehi HS	2:40.76
19	279	Lindstrom, Eliza	Salem Hills HS	2:41.15
20	474	Wiseman, Karly	Uintah HS	2:41.16
21	222	Tucker-Lund, Jocel	Payson HS	2:41.79
22	64	Faragher, Ashley	Mountain View HS	2:41.95
23	92	Bergeson, Susanna	Orem HS	2:42.49
24	210	Openshaw, Rylee	Payson HS	2:42.86
25	415	Wright, Josie	Spanish Fork HS	2:44.03
26	309	Snow, Aubrey	Salem Hills HS	2:44.29
27	160	Shields, Cydney	Orem HS	2:46.70
28	414	Wooten, Melody	Spanish Fork HS	2:50.37
29	444	McCurdy, MaKayla	Uintah HS	2:52.03
30	340	Beck, Daisha	Spanish Fork HS	2:55.37
31	369	Gardner, Rainie	Spanish Fork HS	2:56.09
32	314	Steck, MaKayla	Salem Hills HS	2:59.39
33	205	Lowry, Lexie	Payson HS	3:00.03
34	253	Conrad, Janessa	Salem Hills HS	3:01.09
35	260	Fusselman, Kaelyn	Salem Hills HS	3:20.76
36	408	Shoemaker, Karisa	Spanish Fork HS	3:21.54
37	258	Finch, Chelsey	Salem Hills HS	3:26.42

Girls 1600 Meter Run

Name	Year	School	Finals	Points	
1	87	Warner, Allison	Mountain View HS	5:29.99	10
2	17	Gray, Abigail	Lehi HS	5:30.24	8
3	70	Lindley, Kelsi	Mountain View HS	5:31.26	6
4	83	Smith, Makenzi	Mountain View HS	5:34.05	5
5	64	Faragher, Ashley	Mountain View HS	5:37.28	4
6	279	Lindstrom, Eliza	Salem Hills HS	5:42.98	3
7	61	Chariton, Jenna	Mountain View HS	5:50.40	2
8	428	Dutson, Rylie	Uintah HS	5:51.88	1
9	105	Ellis, Mary	Orem HS	5:53.39	
10	160	Shields, Cydney	Orem HS	5:54.27	
11	69	Lindley, Alysa	Mountain View HS	5:55.87	
12	222	Tucker-Lund, Jocel	Payson HS	5:57.37	
13	130	Legas, Mia	Orem HS	6:01.04	
14	253	Conrad, Janessa	Salem Hills HS	6:01.44	
15	426	Dansie, Rylee	Uintah HS	6:03.08	
16	140	Monson, Emma	Orem HS	6:05.40	
17	372	Heaps, Sarah	Spanish Fork HS	6:07.90	
18	466	Sprouse, McKenna	Uintah HS	6:07.97	
19	210	Openshaw, Rylee	Payson HS	6:08.74	
20	168	Warner, Anna	Orem HS	6:10.01	
21	226	Webber, Rachel	Payson HS	6:15.29	

Region 10 Championships - 5/9/2018 to 5/10/2018**Orem High School****Results****....Girls 1600 Meter Run**

22	415	Wright, Josie	Spanish Fork HS	6:17.84
23	12	Eaton, Molli	Lehi HS	6:18.34
24	454	Peacock, Melanie	Uintah HS	6:18.75
25	122	Johnson, Kyra	Orem HS	6:20.53
26	254	Cromar, Rebecca	Salem Hills HS	6:21.85
27	441	Lassiter, Kelsey	Uintah HS	6:23.35
28	134	McDonald, Mariah	Orem HS	6:24.45
29	309	Snow, Aubrey	Salem Hills HS	6:28.02
30	320	Thomson, Alexis	Salem Hills HS	6:33.55
31	444	McCurdy, MaKayla	Uintah HS	6:36.94
32	314	Steck, MaKayla	Salem Hills HS	6:41.52
33	369	Gardner, Rainie	Spanish Fork HS	6:41.92
34	349	Burningham, Aubrey	Spanish Fork HS	6:43.99
35	350	Bush, Camilia	Spanish Fork HS	6:54.40
36	404	Romney, Addison	Spanish Fork HS	6:57.02
37	387	Morris, Emily	Spanish Fork HS	6:59.64
38	230	Ashcraft, Elizabet	Salem Hills HS	7:05.98

Girls 3200 Meter Run

Name	Year	School	Finals	Points
1	70	Lindley, Kelsi	Mountain View HS	11:57.47 10
2	17	Gray, Abigail	Lehi HS	11:59.11 8
3	64	Faragher, Ashley	Mountain View HS	11:59.28 6
4	279	Lindstrom, Eliza	Salem Hills HS	12:16.19 5
5	399	Redd, Bayleigh	Spanish Fork HS	12:34.83 4
6	428	Dutson, Rylie	Uintah HS	12:36.73 3
7	160	Shields, Cydney	Orem HS	12:50.96 2
8	253	Conrad, Janessa	Salem Hills HS	12:56.87 1
9	130	Legas, Mia	Orem HS	13:16.17
10	372	Heaps, Sarah	Spanish Fork HS	13:21.49
11	134	McDonald, Mariah	Orem HS	13:38.04
12	254	Cromar, Rebecca	Salem Hills HS	13:46.98
13	320	Thomson, Alexis	Salem Hills HS	13:47.97
14	409	Starkey, Sadie	Spanish Fork HS	14:49.20
15	349	Burningham, Aubrey	Spanish Fork HS	14:54.15
16	387	Morris, Emily	Spanish Fork HS	15:06.53
17	260	Fusselman, Kaelyn	Salem Hills HS	15:16.56
18	230	Ashcraft, Elizabet	Salem Hills HS	15:48.57

Girls 100 Meter Hurdles

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1	355	Clements, Kimball	Spanish Fork HS	15.65q	1.5 1
2	136	Merrill, Lauren	Orem HS	15.97q	1.8 3
3	278	Lindsey, Hannah	Salem Hills HS	16.12q	1.6 2
4	381	Mangum, Jessi	Spanish Fork HS	16.14q	1.8 3
5	352	Bush, Sarah	Spanish Fork HS	16.49q	1.5 1
6	291	Parcell, Kelsey	Salem Hills HS	16.92q	1.5 1
7	119	Johnson, Adelaide	Orem HS	17.04q	1.6 2
8	302	Sabel, Vanessa	Salem Hills HS	17.34q	1.8 3
9	68	Lee, Jordyn	Mountain View HS	17.69	1.5 1

Region 10 Championships - 5/9/2018 to 5/10/2018

Orem High School

Results

....Girls 100 Meter Hurdles

10	169 Warner, Brooklyn	Orem HS	17.72	1.5	1
11	189 Evans, Kari	Payson HS	17.81	1.6	2
12	235 Baxter, Macady	Salem Hills HS	17.93	1.8	3
13	448 Migliori, Erin	Uintah HS	18.51	1.6	2
14	193 Golding, Lacey	Payson HS	18.53	1.8	3
15	424 Christophersen, Ka	Uintah HS	18.67	1.6	2
16	354 Charlton, Kennady	Spanish Fork HS	18.74	1.8	3
17	147 Price, Ashlyn	Orem HS	18.77	1.5	1
18	345 Brown, Camille	Spanish Fork HS	18.89	1.8	3
19	172 Williams, Jessica	Orem HS	19.04	1.5	1
20	348 Burnham, Emma	Spanish Fork HS	19.44	1.6	2
21	142 Nixon, Faith	Orem HS	19.62	1.6	2
22	315 Stevens, Emily	Salem Hills HS	19.92	1.6	2
23	351 Bush, Elisabeth	Spanish Fork HS	20.65	1.8	3

Girls 100 Meter Hurdles

=====					
Name	Year	School	Finals	Wind	Points
=====					
Finals					
1	355	Clements, Kimball	Spanish Fork HS	15.59	2.8 10
2	278	Lindsey, Hannah	Salem Hills HS	15.85	2.8 8
3	381	Mangum, Jessi	Spanish Fork HS	16.00	2.8 6
4	136	Merrill, Lauren	Orem HS	16.22	2.8 5
5	119	Johnson, Adelaide	Orem HS	16.30	2.8 4
6	352	Bush, Sarah	Spanish Fork HS	16.44	2.8 3
7	291	Parcell, Kelsey	Salem Hills HS	16.54	2.8 2
8	302	Sabel, Vanessa	Salem Hills HS	17.34	2.8 1

Girls 300 Meter Hurdles

=====					
Name	Year	School	Prelims	H#	
=====					
Preliminaries					
1	136	Merrill, Lauren	Orem HS	47.54q	2
2	355	Clements, Kimball	Spanish Fork HS	48.02q	1
3	119	Johnson, Adelaide	Orem HS	48.71q	3
4	381	Mangum, Jessi	Spanish Fork HS	48.90q	4
5	352	Bush, Sarah	Spanish Fork HS	49.18q	5
6	169	Warner, Brooklyn	Orem HS	49.35q	4
7	291	Parcell, Kelsey	Salem Hills HS	50.68q	1
8	437	Johnson, Kyla	Uintah HS	50.74q	2
9	302	Sabel, Vanessa	Salem Hills HS	50.91	2
10	189	Evans, Kari	Payson HS	51.07	5
11	315	Stevens, Emily	Salem Hills HS	51.13	3
12	6	Clark, Charity	Lehi HS	51.58	1
13	172	Williams, Jessica	Orem HS	52.77	5
14	273	Kane, Madi	Salem Hills HS	53.54	5
15	448	Migliori, Erin	Uintah HS	53.58	1
16	354	Charlton, Kennady	Spanish Fork HS	53.92	5
17	68	Lee, Jordyn	Mountain View HS	54.85	3
18	424	Christophersen, Ka	Uintah HS	55.54	4
19	348	Burnham, Emma	Spanish Fork HS	55.95	1
20	142	Nixon, Faith	Orem HS	56.43	2
21	101	Dayton, Riley	Orem HS	56.53	2

Region 10 Championships - 5/9/2018 to 5/10/2018**Orem High School****Results****....Girls 300 Meter Hurdles**

22	147 Price, Ashlyn	Orem HS	56.74	4
23	193 Golding, Lacey	Payson HS	57.09	4
24	432 Hall, Macady	Uintah HS	57.10	3
25	378 Lauritzen, Eva	Spanish Fork HS	57.39	4
26	16 Foster, Kennedy	Lehi HS	58.92	2
27	351 Bush, Elisabeth	Spanish Fork HS	1:01.82	1
28	14 Felt, Beatrice	Lehi HS	1:03.27	2

Girls 300 Meter Hurdles

Name	Year	School	Finals	Points	
Finals					
1	119	Johnson, Adelaide	Orem HS	48.58	10
2	381	Mangum, Jessi	Spanish Fork HS	49.33	8
3	352	Bush, Sarah	Spanish Fork HS	49.55	6
4	169	Warner, Brooklyn	Orem HS	49.95	5
5	291	Parcell, Kelsey	Salem Hills HS	51.07	4
6	437	Johnson, Kyla	Uintah HS	51.53	3

Girls 4x100 Meter Relay

School	Finals	Points
1 Orem HS 'A'	49.38	10
1) 157 Riley, Megan		
2) 153 Raymond, Taye		
3) 151 Rasmussen, Cacia		
4) 155 Reeves, Emma		
2 Salem Hills HS 'A'	50.93	8
1) 232 Ballard, Paisley		
2) 239 Boggess, Kapri		
3) 300 Rosenberg, Lexi		
4) 323 Vaitohi, Keanna		
3 Spanish Fork HS 'A'	50.97	6
1) 362 Ethington, Grace		
2) 352 Bush, Sarah		
3) 337 Bartold, Rachel		
4) 396 Pendleton, Natalie		
4 Uintah HS 'A'	52.20	5
1) 457 Putnam, Sydra		
2) 417 Avila, Shaylee		
3) 461 Siddoway, Emily		
4) 437 Johnson, Kyla		
5 Lehi HS 'A'	54.62	4

Girls 4x400 Meter Relay

School	Finals	Points
1 Orem HS 'A'	4:07.06	10
1) 173 Winward, Kimmie		
2) 157 Riley, Megan		
3) 169 Warner, Brooklyn		
4) 175 Zollinger, Kira		
2 Mountain View HS 'A'	4:08.75	8
1) 65 Fielding, Alissa		
2) 87 Warner, Allison		
3) 75 Miyazawa, Helena		
4) 63 Clayton, Jacelin		
3 Salem Hills HS 'A'	4:13.42	6
1) 297 Rickenbach, Leah		
2) 239 Boggess, Kapri		
3) 307 Smith, Courtney		
4) 296 Pruden, Maddie		
4 Spanish Fork HS 'A'	4:14.80	5
1) 337 Bartold, Rachel		
2) 362 Ethington, Grace		
3) 396 Pendleton, Natalie		
4) 355 Clements, Kimball		
5 Uintah HS 'A'	4:22.06	4

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1) 417 Avila, Shaylee	2) 466 Sprouse, McKenna		
3) 463 Slauch, Rachel	4) 422 Bulloch, Anekah		
6 Lehi HS 'A'		4:29.78	3
7 Payson HS 'A'		4:29.80	2
1) 182 Braithwaite, Jentri	2) 206 McConahay, Alyssa		
3) 199 Huff, Addie	4) 210 Openshaw, Rylee		

Girls 1600 Sprint Medley

School	Finals	Points
1 Orem HS 'A'	4:33.38	10
1) 136 Merrill, Lauren	2) 173 Winward, Kimmie	
3) 169 Warner, Brooklyn	4) 168 Warner, Anna	
2 Spanish Fork HS 'A'	4:34.26	8
1) 362 Ethington, Grace	2) 337 Bartold, Rachel	
3) 355 Clements, Kimball	4) 399 Redd, Bayleigh	
3 Lehi HS 'A'	4:34.50	6
1) 48 Warcup, Alyssa	2) 31 Martin, Anna	
4 Salem Hills HS 'A'	4:37.59	5
1) 300 Rosenberg, Lexi	2) 232 Ballard, Paisley	
3) 296 Pruden, Maddie	4) 279 Lindstrom, Eliza	
5 Uintah HS 'A'	4:38.74	4
1) 420 Bennion, Kacee	2) 457 Putnam, Sydra	
3) 463 Slauch, Rachel	4) 466 Sprouse, McKenna	
6 Mountain View HS 'A'	4:42.27	3
1) 61 Chariton, Jenna	2) 69 Lindley, Alysa	
3) 83 Smith, Makenzi	4) 75 Miyazawa, Helena	
7 Payson HS 'A'	4:49.46	2
1) 182 Braithwaite, Jentri	2) 199 Huff, Addie	
3) 220 Teemant, Callie	4) 222 Tucker-Lund, Jocelyn	

Girls High Jump

Name	Year School	Finals	Points
1 276 Lee, Jennah	Salem Hills HS	5-02.00	10
2 325 Vance, Brooke	Salem Hills HS	5-01.00	8
3 318 Tasker, Aubrey	Salem Hills HS	4-11.00	5.50
3 262 George, Myley	Salem Hills HS	4-11.00	5.50
5 4 Burnham, Olivia	Lehi HS	4-09.00	4
6 292 Parrish, Emily	Salem Hills HS	J4-09.00	3
7 348 Burnham, Emma	Spanish Fork HS	J4-09.00	2
8 256 Earnest, Jacquelin	Salem Hills HS	4-07.00	1
9 68 Lee, Jordyn	Mountain View HS	4-05.00	
9 312 Spencer, Michelle	Salem Hills HS	4-05.00	
9 429 Fairey, Emberli	Uintah HS	4-05.00	
9 430 Garcia, Sadie	Uintah HS	4-05.00	
-- 354 Charlton, Kennady	Spanish Fork HS	NH	
-- 220 Teemant, Callie	Payson HS	NH	
-- 432 Hall, Macady	Uintah HS	NH	
-- 137 Meservy, Abby	Orem HS	NH	
-- 78 Robollo, Melanie	Mountain View HS	NH	
-- 216 Rickman, Mary	Payson HS	NH	

Region 10 Championships - 5/9/2018 to 5/10/2018**Orem High School****Results****Girls Long Jump**

Name	Year	School	Prelims	Wind
Preliminaries				
1	153	Raymond, Taye	Orem HS	17-06.25q 0.4
2	232	Ballard, Paisley	Salem Hills HS	17-00.00q +0.0
3	3	Ballard, Amy	Lehi HS	16-10.50q +0.0
4	381	Mangum, Jessi	Spanish Fork HS	16-01.00q +0.0
5	119	Johnson, Adelaide	Orem HS	15-11.25q 0.8
6	136	Merrill, Lauren	Orem HS	15-11.00q 1.0
7	132	Mathews, Gracyn	Orem HS	15-10.25q 1.1
8	457	Putnam, Sydra	Uintah HS	15-09.00q 1.2
9	6	Clark, Charity	Lehi HS	15-07.00q 0.5
10	420	Bennion, Kacee	Uintah HS	15-06.00 0.1
11	445	McKeachnie, Delayn	Uintah HS	15-04.00 0.6
11	172	Williams, Jessica	Orem HS	15-04.00 1.5
11	362	Ethington, Grace	Spanish Fork HS	15-04.00 1.0
14	437	Johnson, Kyla	Uintah HS	15-02.00 0.4
15	315	Stevens, Emily	Salem Hills HS	15-00.25 1.3
16	189	Evans, Kari	Payson HS	14-11.50 1.5
17	193	Golding, Lacey	Payson HS	14-11.25 2.2
18	318	Tasker, Aubrey	Salem Hills HS	14-10.25 0.6
19	312	Spencer, Michelle	Salem Hills HS	14-03.75 1.3
20	337	Bartold, Rachel	Spanish Fork HS	14-03.00 0.8
21	461	Siddoway, Emily	Uintah HS	13-11.75 1.7
22	277	Leifson, Kennady	Salem Hills HS	13-10.75 1.3
23	345	Brown, Camille	Spanish Fork HS	13-07.25 +0.0
24	267	Howard, Ellie	Salem Hills HS	13-07.00 1.2
25	262	George, Myley	Salem Hills HS	13-03.50 1.3
26	354	Charlton, Kennady	Spanish Fork HS	13-02.00 1.7
27	388	Nilson, Sumerlyn	Spanish Fork HS	13-00.00 0.5
28	16	Foster, Kennedy	Lehi HS	12-09.50 1.9
29	219	Smith, Stephanie	Payson HS	12-01.50 1.6
30	137	Meservy, Abby	Orem HS	11-03.00 +0.0

Girls Long Jump

Name	Year	School	Finals	Wind	Points
Finals					
1	153	Raymond, Taye	Orem HS	18-03.00 +0.0	10
2	232	Ballard, Paisley	Salem Hills HS	17-06.50 0.3	8
3	3	Ballard, Amy	Lehi HS	17-00.00 0.8	6
4	132	Mathews, Gracyn	Orem HS	16-06.50 0.1	5
5	136	Merrill, Lauren	Orem HS	J16-06.50 0.6	4
6	381	Mangum, Jessi	Spanish Fork HS	16-01.00 +0.0	3
7	119	Johnson, Adelaide	Orem HS	16-00.25 0.7	2
8	6	Clark, Charity	Lehi HS	15-11.50 +0.0	1
9	457	Putnam, Sydra	Uintah HS	15-09.00 1.2	

Girls Shot Put

Name	Year	School	Prelims	
Preliminaries				
1	266	Houghton, Miley	Salem Hills HS	37-06.50q

Region 10 Championships - 5/9/2018 to 5/10/2018**Orem High School****Results****....Girls Shot Put**

2	197 Hazelet, Rebecca	Payson HS	31-09.00q
3	166 Vakaafi, Maia	Orem HS	30-04.00q
3	357 Davis, Courtney	Spanish Fork HS	30-04.00q
5	240 Bradley, Hailey	Salem Hills HS	28-06.00q
6	326 Walker, Anna	Salem Hills HS	27-10.50q
7	430 Garcia, Sadie	Uintah HS	27-04.00q
8	135 Mcintyre, Claire	Orem HS	26-10.25q
9	301 Roundy, Kosha	Salem Hills HS	26-06.00q
10	472 Walk, Whitney	Uintah HS	26-04.25q
11	429 Fairey, Emberli	Uintah HS	26-03.50
12	341 Beckstead, Katelyn	Spanish Fork HS	26-02.75
13	411 Urmston, Addison	Spanish Fork HS	26-01.00
13	308 Smith, Kaity	Salem Hills HS	26-01.00
15	284 Millet, Audrey	Salem Hills HS	25-10.50
16	394 Park, Willow	Spanish Fork HS	25-08.00
17	374 Iketau, Nia	Spanish Fork HS	25-04.00
18	268 Howell, Emily	Salem Hills HS	24-11.00
19	201 Johnson, Savannah	Payson HS	24-07.00
20	60 Burningham, Sophie	Mountain View HS	24-05.00
21	28 Larson, Chelise	Lehi HS	23-11.50
22	418 Bake, Aly	Uintah HS	23-10.75
23	187 Dunn, Kellie	Payson HS	23-09.75
24	432 Hall, Macady	Uintah HS	23-08.00
25	181 Bolton, Aly	Payson HS	23-07.50
26	451 Murray, Riley	Uintah HS	23-07.00
27	184 Cannoad, Faith	Payson HS	23-03.00
28	213 Pitcher, Hailey	Payson HS	23-01.00
29	425 Colton, Megan	Uintah HS	22-05.50
30	117 James, Naomi	Orem HS	22-01.00
31	196 Haymore, Jade	Payson HS	20-01.25
32	110 Gines, Josie	Orem HS	17-11.00
33	152 Rawlings, Rilee	Orem HS	16-00.50

Girls Shot Put

Name	Year	School	Finals	Points
Finals				
1	266	Houghton, Miley	Salem Hills HS	40-04.00 10
2	197	Hazelet, Rebecca	Payson HS	33-01.00 8
3	357	Davis, Courtney	Spanish Fork HS	31-01.00 6
4	240	Bradley, Hailey	Salem Hills HS	30-11.00 5
5	166	Vakaafi, Maia	Orem HS	30-04.00 4
6	326	Walker, Anna	Salem Hills HS	28-06.00 3
7	472	Walk, Whitney	Uintah HS	27-08.00 2
8	430	Garcia, Sadie	Uintah HS	27-04.00 1
9	135	Mcintyre, Claire	Orem HS	27-02.00
10	301	Roundy, Kosha	Salem Hills HS	26-11.00

Girls Discus Throw

Name	Year	School	Prelims
Preliminaries			
1	266	Houghton, Miley	Salem Hills HS 115-10q

Region 10 Championships - 5/9/2018 to 5/10/2018**Orem High School****Results****....Girls Discus Throw**

2	197 Hazelet, Rebecca	Payson HS	104-03q
3	374 Iketau, Nia	Spanish Fork HS	97-05q
4	425 Colton, Megan	Uintah HS	85-02q
5	308 Smith, Kaity	Salem Hills HS	85-00q
6	394 Park, Willow	Spanish Fork HS	82-09q
7	60 Burningham, Sophie	Mountain View HS	82-04q
8	240 Bradley, Hailey	Salem Hills HS	81-03q
9	357 Davis, Courtney	Spanish Fork HS	76-00q
10	472 Walk, Whitney	Uintah HS	74-08
11	135 Mcintyre, Claire	Orem HS	72-11
12	433 Hatch, Mallorie	Uintah HS	68-07
13	436 Hill, Alyssa	Uintah HS	67-10
14	301 Roundy, Kosha	Salem Hills HS	67-00
15	341 Beckstead, Katelyn	Spanish Fork HS	64-08
16	166 Vakaafi, Maia	Orem HS	63-08
17	201 Johnson, Savannah	Payson HS	63-07
18	28 Larson, Chelise	Lehi HS	62-03
19	181 Bolton, Aly	Payson HS	60-10
20	418 Bake, Aly	Uintah HS	59-02
21	117 James, Naomi	Orem HS	58-00
22	268 Howell, Emily	Salem Hills HS	57-03
23	274 Lamb, Lexi	Salem Hills HS	56-00
24	110 Gines, Josie	Orem HS	55-05
25	385 Morgan, Aubrie	Spanish Fork HS	53-07
26	275 Lau, Kaelie	Salem Hills HS	53-05
27	389 Olsen, Adiah	Spanish Fork HS	53-02
28	152 Rawlings, Rilee	Orem HS	52-04
29	184 Cannoad, Faith	Payson HS	51-09
30	196 Haymore, Jade	Payson HS	50-04
31	190 Evans, Kobey	Payson HS	38-00

Girls Discus Throw

Name	Year School	Finals	Points
Finals			
1	266 Houghton, Miley	Salem Hills HS	115-10 10
2	197 Hazelet, Rebecca	Payson HS	104-03 8
3	374 Iketau, Nia	Spanish Fork HS	98-00 6
4	425 Colton, Megan	Uintah HS	85-02 5
5	308 Smith, Kaity	Salem Hills HS	85-00 4
6	394 Park, Willow	Spanish Fork HS	84-10 3
7	357 Davis, Courtney	Spanish Fork HS	84-03 2
8	240 Bradley, Hailey	Salem Hills HS	82-09 1
9	60 Burningham, Sophie	Mountain View HS	82-04

Girls Javelin Throw

Name	Year School	Prelims
Preliminaries		
1	282 Michelsen, Brinley	Salem Hills HS 116-08q
2	144 Paulson, Aubrie	Orem HS 108-05q
3	288 Oldroyd, Hailee	Salem Hills HS 103-08q
4	28 Larson, Chelise	Lehi HS 95-07q

Region 10 Championships - 5/9/2018 to 5/10/2018**Orem High School****Results****....Girls Javelin Throw**

5	433 Hatch, Mallorie	Uintah HS	95-04q
6	413 Whittaker, Jessica	Spanish Fork HS	90-05q
7	306 Slater, Amber	Salem Hills HS	90-02q
8	357 Davis, Courtney	Spanish Fork HS	89-09q
9	322 Turnbow, Alesha	Salem Hills HS	87-03q
10	430 Garcia, Sadie	Uintah HS	87-02
11	197 Hazelet, Rebecca	Payson HS	87-00
12	425 Colton, Megan	Uintah HS	85-02
13	302 Sabel, Vanessa	Salem Hills HS	82-09
14	411 Urmston, Addison	Spanish Fork HS	82-06
15	273 Kane, Madi	Salem Hills HS	79-09
16	27 Jones, Bianca	Lehi HS	79-05
17	427 Davis, Lauren	Uintah HS	78-03
18	456 Putnam, Kyra	Uintah HS	78-01
19	135 Mcintyre, Claire	Orem HS	77-00
20	318 Tasker, Aubrey	Salem Hills HS	74-01
21	184 Cannoad, Faith	Payson HS	73-03
22	385 Morgan, Aubrie	Spanish Fork HS	71-03
23	187 Dunn, Kellie	Payson HS	69-09
24	201 Johnson, Savannah	Payson HS	66-04
25	132 Mathews, Gracyn	Orem HS	65-06
26	389 Olsen, Adiah	Spanish Fork HS	56-00
27	110 Gines, Josie	Orem HS	53-05
28	172 Williams, Jessica	Orem HS	49-05
29	181 Bolton, Aly	Payson HS	47-06
30	224 Walker, Rebekah	Payson HS	42-11

Girls Javelin Throw

=====				
Name	Year	School	Finals	Points
=====				
Finals				
1	282	Michelsen, Brinley	Salem Hills HS	116-08 10
2	144	Paulson, Aubrie	Orem HS	108-05 8
3	288	Oldroyd, Hailee	Salem Hills HS	103-08 6
4	28	Larson, Chelise	Lehi HS	103-03 5
5	433	Hatch, Mallorie	Uintah HS	95-04 4
6	413	Whittaker, Jessica	Spanish Fork HS	90-05 3
7	306	Slater, Amber	Salem Hills HS	90-02 2
8	430	Garcia, Sadie	Uintah HS	89-09 1
9	357	Davis, Courtney	Spanish Fork HS	J89-09

Boys 100 Meter Dash

=====					
Name	Year	School	Prelims	Wind	H#
=====					
Preliminaries					
1	148	Radebaugh, Kam	Orem HS	11.27q	0.6 5
1	141	Nacua, Puka	Orem HS	11.27q	1.8 2
3	158	Rockey, Trevor	Orem HS	11.30q	1.0 6
4	11	Dunford, Ian	Lehi HS	11.40q	1.4 3
5	452	Pace, Payton	Uintah HS	11.47q	-1.9 1
6	386	Morley, Kimball	Spanish Fork HS	11.50q	1.1 4
7	26	James, Logan	Lehi HS	11.60q	1.1 4
7	358	Davis, Kaden	Spanish Fork HS	11.60q	1.0 6

Region 10 Championships - 5/9/2018 to 5/10/2018**Orem High School****Results****....Boys 100 Meter Dash**

9	367	Eyere, Dallas	Spanish Fork HS	11.62	0.6	5
9	100	Daley, Chris	Orem HS	11.62	1.0	6
11	468	Swann, Nathan	Uintah HS	11.64	-1.9	1
11	33	McAllister, Landon	Lehi HS	11.64	1.4	3
13	95	Carlson, Brett	Orem HS	11.65	1.0	6
14	177	Bateman, Conner	Payson HS	11.78	0.6	5
15	99	Daley, Ben	Orem HS	11.80	1.1	4
16	366	Eyere, Andre	Spanish Fork HS	11.84	1.4	3
17	280	MacArthur, Jacob	Salem Hills HS	11.87	1.4	3
18	465	Spencer, Rylan	Uintah HS	11.89	-1.9	1
19	243	Butler, Jakobi	Salem Hills HS	11.90	1.8	2
20	245	Call, Devan	Salem Hills HS	11.93	1.0	6
21	47	Terrell, Jared	Lehi HS	11.97	1.1	4
21	58	Bennett, Ethan	Mountain View HS	11.97	-1.9	1
23	379	Lundquist, Kaleb	Spanish Fork HS	12.02	-1.9	1
23	5	Burr, McKay	Lehi HS	12.02	0.6	5
25	250	Chisholm, Ty	Salem Hills HS	12.05	0.6	5
26	36	Moody, Jaxon	Lehi HS	12.07	1.8	2
26	464	Smith, Isaiah	Uintah HS	12.07	1.8	2
28	419	Barker, Rorik	Uintah HS	12.12	1.4	3
28	71	Memott, Gabriel	Mountain View HS	12.12	1.0	6
30	471	Tolbert, Landon	Uintah HS	12.21	-1.9	1
30	270	Jackson, Kaleb	Salem Hills HS	12.21	-1.9	1
32	228	Williams, Garrett	Payson HS	12.40	1.8	2
33	178	Bender, Joshua	Payson HS	12.45	1.4	3
34	202	Jones, Jarrett	Payson HS	12.50	1.8	2
35	188	Espinoza, Bryan	Payson HS	12.69	1.1	4
36	246	Caras, Collin	Salem Hills HS	12.82	0.6	5
36	204	Knapp, Tyler	Payson HS	12.82	1.0	6
38	397	Peterman, Kimball	Spanish Fork HS	12.92	0.6	5
39	334	Ashworth, Samuel	Spanish Fork HS	13.17	1.0	6
40	185	Doty, Aaron	Payson HS	13.92	1.1	4

Boys 100 Meter Dash

Name	Year	School	Finals	Wind	Points
Finals					
1	148	Radebaugh, Kam	Orem HS	11.15	2.4 10
2	452	Pace, Payton	Uintah HS	11.19	2.4 8
3	158	Rockey, Trevor	Orem HS	11.20	2.4 6
4	141	Nacua, Puka	Orem HS	11.32	2.4 5
5	11	Dunford, Ian	Lehi HS	11.39	2.4 4
6	358	Davis, Kaden	Spanish Fork HS	11.44	2.4 3
7	386	Morley, Kimball	Spanish Fork HS	11.50	2.4 2
8	26	James, Logan	Lehi HS	11.65	2.4 1

Boys 200 Meter Dash

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1	148	Radebaugh, Kam	Orem HS	22.51q	-0.4 1
2	158	Rockey, Trevor	Orem HS	22.81q	-0.8 3
3	11	Dunford, Ian	Lehi HS	23.12q	1.1 6

Region 10 Championships - 5/9/2018 to 5/10/2018

Orem High School

Results

....Boys 200 Meter Dash

4	386	Morley, Kimball	Spanish Fork HS	23.15q	1.1	6
5	299	Rogers, Tanner	Salem Hills HS	23.21q	+0.0	5
6	358	Davis, Kaden	Spanish Fork HS	23.58q	+0.0	5
7	95	Carlson, Brett	Orem HS	23.59q	-0.4	1
8	367	Eyere, Dallas	Spanish Fork HS	23.60q	-0.9	4
9	100	Daley, Chris	Orem HS	23.63	1.1	6
10	99	Daley, Ben	Orem HS	23.70	-0.8	3
11	26	James, Logan	Lehi HS	23.90	+0.0	2
11	280	MacArthur, Jacob	Salem Hills HS	23.90	-0.8	3
13	114	Harris, Hunter	Orem HS	24.00	+0.0	2
14	468	Swann, Nathan	Uintah HS	24.03	-0.9	4
15	177	Bateman, Conner	Payson HS	24.16	-0.4	1
16	67	Leavitt, Haden	Mountain View HS	24.21	+0.0	5
17	5	Burr, McKay	Lehi HS	24.39	-0.4	1
18	56	Young, Maoputasi	Lehi HS	24.45	-0.9	4
19	47	Terrell, Jared	Lehi HS	24.46	-0.8	3
19	38	Oustrich, Tyler	Lehi HS	24.46	+0.0	5
21	146	Pedersen, Jake	Orem HS	24.48	1.1	6
21	71	Memott, Gabriel	Mountain View HS	24.48	-0.9	4
23	66	Jensen, Noah	Mountain View HS	24.50	-0.8	3
24	283	Miller, Seth	Salem Hills HS	24.66	+0.0	5
25	471	Tolbert, Landon	Uintah HS	24.78	1.1	6
26	270	Jackson, Kaleb	Salem Hills HS	24.82	+0.0	2
27	366	Eyere, Andre	Spanish Fork HS	24.88	-0.9	4
28	464	Smith, Isaiah	Uintah HS	24.97	-0.4	1
29	233	Barnum, Isaac	Salem Hills HS	24.98	+0.0	5
30	246	Caras, Collin	Salem Hills HS	25.93	+0.0	2
31	188	Espinoza, Bryan	Payson HS	25.97	-0.9	4
32	261	Gardner, Logan	Salem Hills HS	26.22	1.1	6
33	178	Bender, Joshua	Payson HS	26.37	1.1	6
34	204	Knapp, Tyler	Payson HS	26.45	-0.8	3
35	376	Jepperson, Jacob	Spanish Fork HS	26.85	+0.0	5
36	393	Oviatt, Nathan	Spanish Fork HS	26.89	1.1	6
37	185	Doty, Aaron	Payson HS	27.87	-0.9	4

Boys 200 Meter Dash

=====						
Name	Year	School	Finals	Wind	Points	
=====						
Finals						
1	148	Radebaugh, Kam	Orem HS	22.35	0.2	10
2	158	Rockey, Trevor	Orem HS	22.65	0.2	8
3	11	Dunford, Ian	Lehi HS	23.17	0.2	6
4	367	Eyere, Dallas	Spanish Fork HS	23.23	0.2	5
5	299	Rogers, Tanner	Salem Hills HS	23.27	0.2	4
6	358	Davis, Kaden	Spanish Fork HS	23.58	0.2	3
7	95	Carlson, Brett	Orem HS	23.62	0.2	2
8	386	Morley, Kimball	Spanish Fork HS	24.03	0.2	1

Boys 400 Meter Dash

=====				
Name	Year	School	Prelims	H#
=====				
Preliminaries				
1	171	Williams, Brandon	Orem HS	50.87q 1

Region 10 Championships - 5/9/2018 to 5/10/2018**Orem High School****Results****....Boys 400 Meter Dash**

2	299 Rogers, Tanner	Salem Hills HS	51.30q	2
3	115 Hill, Remi	Orem HS	52.17q	5
4	114 Harris, Hunter	Orem HS	52.87q	2
5	250 Chisholm, Ty	Salem Hills HS	52.90q	4
6	66 Jensen, Noah	Mountain View HS	52.95q	5
7	450 Mortenson, Talon	Uintah HS	53.13q	4
8	47 Terrell, Jared	Lehi HS	53.18q	1
9	200 Johnson, Kasen	Payson HS	53.26	1
10	26 James, Logan	Lehi HS	53.29	3
11	390 Olsen, Tanner	Spanish Fork HS	53.89	1
12	38 Oustrich, Tyler	Lehi HS	54.19	4
13	50 White, Walker	Lehi HS	54.20	4
14	95 Carlson, Brett	Orem HS	54.39	2
15	36 Moody, Jaxon	Lehi HS	54.79	2
16	71 Memott, Gabriel	Mountain View HS	54.92	5
17	98 Dabb, Jacob	Orem HS	55.21	3
18	104 Eggett, Brigham	Orem HS	55.52	5
19	281 McEwan, Dylan	Salem Hills HS	55.77	5
20	228 Williams, Garrett	Payson HS	55.93	1
21	241 Brown, Larson	Salem Hills HS	55.94	2
21	383 Marsigli, Josh	Spanish Fork HS	55.94	3
23	447 Merrell, Liam	Uintah HS	56.06	2
24	421 Briggs, Trey	Uintah HS	56.10	1
25	464 Smith, Isaiah	Uintah HS	56.26	3
26	259 Flinders, Jeff	Salem Hills HS	57.04	4
27	81 Smith, Elijah	Mountain View HS	57.12	4
28	458 Richards, Brett	Uintah HS	57.66	5
29	221 Tingen, Chase	Payson HS	57.79	4
30	77 Parkhurst, Baylor	Mountain View HS	57.93	1
31	118 Jarvis, Brady	Orem HS	58.03	3
32	202 Jones, Jarrett	Payson HS	58.97	1
33	319 Taylor, Addison	Salem Hills HS	59.75	4
34	72 Merchant, Branson	Mountain View HS	1:00.03	2
35	30 Loveless, Kiyon	Lehi HS	1:00.64	3

Boys 400 Meter Dash

Name	Year	School	Finals	Points
Finals				
1	171	Williams, Brandon	Orem HS	48.98 10
2	299	Rogers, Tanner	Salem Hills HS	51.62 8
3	115	Hill, Remi	Orem HS	52.07 6
4	47	Terrell, Jared	Lehi HS	52.64 5
5	450	Mortenson, Talon	Uintah HS	52.89 4
6	66	Jensen, Noah	Mountain View HS	53.05 3
7	114	Harris, Hunter	Orem HS	53.25 2
8	250	Chisholm, Ty	Salem Hills HS	53.51 1

Boys 800 Meter Run

Name	Year	School	Finals	Points
1	171	Williams, Brandon	Orem HS	1:59.34 10
2	285	Morgan, Brandon	Salem Hills HS	2:01.06 8

Region 10 Championships - 5/9/2018 to 5/10/2018**Orem High School****Results****....Boys 800 Meter Run**

3	324 VanAusdal, Spencer	Salem Hills HS	2:01.51	6
4	390 Olsen, Tanner	Spanish Fork HS	2:01.86	5
5	113 Harmon, Kayden	Orem HS	2:02.43	4
6	150 Ramirez, Giovanni	Orem HS	2:03.77	3
7	249 Chesnut, Daniel	Salem Hills HS	2:04.03	2
8	361 Dedrickson, Garret	Spanish Fork HS	2:04.77	1
9	162 Suruky, Jared	Orem HS	2:05.01	
10	446 Merrell, Dayton	Uintah HS	2:05.19	
11	84 Standing, Spencer	Mountain View HS	2:05.43	
12	57 Bell, Asa	Mountain View HS	2:05.56	
13	74 Millard, Robert	Mountain View HS	2:06.86	
14	123 Jones, Ben	Orem HS	2:07.91	
15	82 Smith, Isaiah	Mountain View HS	2:07.93	
16	263 Griggs, Alexander	Salem Hills HS	2:08.11	
17	450 Mortenson, Talon	Uintah HS	2:08.48	
18	124 Jordan, Ian	Orem HS	2:08.53	
19	19 Hassell, Alex	Lehi HS	2:10.08	
20	392 Olson, Mason	Spanish Fork HS	2:11.03	
21	347 Buckley, Daniel	Spanish Fork HS	2:12.52	
22	447 Merrell, Liam	Uintah HS	2:13.93	
23	49 Watts, Cameron	Lehi HS	2:14.28	
24	128 Koster, Skyler	Orem HS	2:14.58	
25	62 Chipman, Trent	Mountain View HS	2:14.98	
26	72 Merchant, Branson	Mountain View HS	2:17.76	
27	449 Mixon, Luke	Uintah HS	2:19.07	
28	18 Guercio, Noah	Lehi HS	2:21.39	
29	25 Hunt, Parker	Lehi HS	2:21.81	
30	194 Graymountain, Mile	Payson HS	2:26.33	
31	22 Holmes, Mason	Lehi HS	2:27.80	
32	227 Whitney, Dylan	Payson HS	2:28.37	
33	236 Beckstrand, Tyler	Salem Hills HS	2:34.24	
34	214 Pray, Adam	Payson HS	2:39.73	
35	257 Fillmore, Adam	Salem Hills HS	2:43.31	
36	212 Peterson, Tyler	Payson HS	2:49.55	

Boys 1600 Meter Run

=====				
Name	Year	School	Finals	Points
=====				
1	161	Spencer, Nathan	Orem HS	4:32.26 10
2	162	Suruky, Jared	Orem HS	4:32.84 8
3	407	Scott, Jordon	Spanish Fork HS	4:34.48 6
4	285	Morgan, Brandon	Salem Hills HS	4:37.74 5
5	84	Standing, Spencer	Mountain View HS	4:40.89 4
6	365	Evans, Wyatt	Spanish Fork HS	4:41.09 3
7	324	VanAusdal, Spencer	Salem Hills HS	4:41.44 2
8	113	Harmon, Kayden	Orem HS	4:42.41 1
9	361	Dedrickson, Garret	Spanish Fork HS	4:44.28
10	249	Chesnut, Daniel	Salem Hills HS	4:45.36
11	127	Knight, Taylor	Orem HS	4:45.80
12	73	Meyers, Braden	Mountain View HS	4:45.98
13	150	Ramirez, Giovanni	Orem HS	4:47.00
14	62	Chipman, Trent	Mountain View HS	4:47.07
15	123	Jones, Ben	Orem HS	4:47.35
16	339	Beck, Ammon	Spanish Fork HS	4:49.69

Region 10 Championships - 5/9/2018 to 5/10/2018**Orem High School****Results****....Boys 1600 Meter Run**

17	24	Howell, Luke	Lehi HS	4:49.93
18	335	Bailey, Spencer	Spanish Fork HS	4:50.74
19	330	Wilkey, Carter	Salem Hills HS	4:51.03
20	272	Johnson, Tyler	Salem Hills HS	4:51.21
21	263	Griggs, Alexander	Salem Hills HS	4:52.10
22	453	Palmer, Kedric	Uintah HS	4:52.58
23	455	Powell, Davy	Uintah HS	4:52.91
24	19	Hassell, Alex	Lehi HS	4:53.06
25	82	Smith, Isaiah	Mountain View HS	4:55.41
26	59	Bradley, Ethan	Mountain View HS	4:55.82
27	76	Nielsen, Jarron	Mountain View HS	4:57.65
28	179	Bennett, Spencer	Payson HS	4:58.19
29	347	Buckley, Daniel	Spanish Fork HS	4:58.29
30	238	Black, Caden	Salem Hills HS	4:58.74
31	128	Koster, Skyler	Orem HS	4:59.24
32	449	Mixon, Luke	Uintah HS	5:00.10
33	72	Merchant, Branson	Mountain View HS	5:01.25
34	53	Wiltbank, Brecken	Lehi HS	5:02.17
35	392	Olson, Mason	Spanish Fork HS	5:03.48
36	227	Whitney, Dylan	Payson HS	5:10.71
37	18	Guercio, Noah	Lehi HS	5:13.58
38	194	Graymountain, Mile	Payson HS	5:14.83
39	20	Hill, Jackson	Lehi HS	5:21.10
40	25	Hunt, Parker	Lehi HS	5:30.23
41	22	Holmes, Mason	Lehi HS	5:39.64
42	191	Fitzwater, Jackson	Payson HS	5:43.29
43	183	Campbell, Trevor	Payson HS	5:44.19
44	211	Page, Tyler	Payson HS	6:10.02
45	212	Peterson, Tyler	Payson HS	6:10.75

Boys 3200 Meter Run

Name	Year	School	Finals	Points	
1	161	Spencer, Nathan	Orem HS	9:59.67	10
2	162	Surukey, Jared	Orem HS	10:07.83	8
3	73	Meyers, Braden	Mountain View HS	10:13.72	6
4	407	Scott, Jordon	Spanish Fork HS	10:14.20	5
5	128	Koster, Skyler	Orem HS	10:19.43	4
6	62	Chipman, Trent	Mountain View HS	10:19.71	3
7	453	Palmer, Kedric	Uintah HS	10:22.74	2
8	455	Powell, Davy	Uintah HS	10:29.17	1
9	53	Wiltbank, Brecken	Lehi HS	10:35.22	
10	24	Howell, Luke	Lehi HS	10:35.55	
11	272	Johnson, Tyler	Salem Hills HS	10:36.66	
12	97	Crandell, Ethan	Orem HS	10:38.83	
13	353	Cable, Matthew	Spanish Fork HS	10:39.58	
14	238	Black, Caden	Salem Hills HS	10:39.78	
15	330	Wilkey, Carter	Salem Hills HS	10:39.87	
16	120	Johnson, Garrett	Orem HS	10:43.98	
17	400	Reese, Tyler	Spanish Fork HS	10:44.13	
18	107	Fish, Devin	Orem HS	10:52.46	
19	159	Ruiz, Moses	Orem HS	10:52.91	
20	214	Pray, Adam	Payson HS	11:05.12	
21	227	Whitney, Dylan	Payson HS	11:26.90	

Region 10 Championships - 5/9/2018 to 5/10/2018**Orem High School****Results****....Boys 3200 Meter Run**

22	54	Wiltbank, Gavin	Lehi HS	11:30.26
23	20	Hill, Jackson	Lehi HS	11:32.99
24	289	Olson, Grandin	Salem Hills HS	11:35.68
25	237	Black, Bryce	Salem Hills HS	11:39.68
26	305	Scott, Stratton	Salem Hills HS	11:43.32
27	21	Hollis, Damian	Lehi HS	11:56.68
28	183	Campbell, Trevor	Payson HS	12:13.42
29	43	Robertson, Bryant	Lehi HS	12:28.05
30	264	Haskell, Stockton	Salem Hills HS	12:38.59

Boys 110 Meter Hurdles

=====						
Name	Year	School	Prelims	Wind	H#	
=====						
Preliminaries						
1	243	Butler, Jakobi	Salem Hills HS	16.15q	+0.0	3
2	96	Correa, Matt	Orem HS	16.21q	0.7	2
3	313	Stastny, Curtis	Salem Hills HS	16.40q	2.4	1
4	384	Moore, Jacob	Spanish Fork HS	16.87q	+0.0	3
5	52	Wilford, Justin	Lehi HS	16.89q	0.7	2
6	344	Bradford, Matthew	Spanish Fork HS	16.97q	2.4	1
7	435	Henderson, Kyle	Uintah HS	17.17q	2.4	1
8	209	Nelson, Spencer	Payson HS	17.73q	+0.0	3
9	332	Zobell, Zane	Salem Hills HS	18.27	0.7	2
10	419	Barker, Rorik	Uintah HS	18.40	+0.0	3
11	98	Dabb, Jacob	Orem HS	18.77	2.4	1
12	195	Hartland, MarkAnth	Payson HS	18.80	2.4	1
13	359	Davis, McCade	Spanish Fork HS	19.23	0.7	2
14	247	Chandler, Benjamin	Salem Hills HS	19.29	0.7	2
15	79	Schaalje, Mckay	Mountain View HS	19.64	+0.0	3
16	91	Anderson, Jayson	Orem HS	19.72	+0.0	3
17	403	Roberts, Nate	Spanish Fork HS	19.82	2.4	1
18	174	Zollinger, Brock	Orem HS	19.96	0.7	2
19	252	Compton, Sean	Salem Hills HS	20.32	+0.0	3
20	331	Williams, Dallas	Salem Hills HS	20.52	2.4	1
21	311	Spencer, Brandon	Salem Hills HS	21.19	+0.0	3
22	202	Jones, Jarrett	Payson HS	22.96	2.4	1

Boys 110 Meter Hurdles

=====						
Name	Year	School	Finals	Wind	Points	
=====						
Finals						
1	96	Correa, Matt	Orem HS	16.01	2.7	10
2	313	Stastny, Curtis	Salem Hills HS	16.02	2.7	7
2	243	Butler, Jakobi	Salem Hills HS	16.02	2.7	7
4	52	Wilford, Justin	Lehi HS	16.36	2.7	5
5	435	Henderson, Kyle	Uintah HS	16.41	2.7	4
6	384	Moore, Jacob	Spanish Fork HS	16.76	2.7	3
7	344	Bradford, Matthew	Spanish Fork HS	17.04	2.7	2
8	209	Nelson, Spencer	Payson HS	17.36	2.7	1

Region 10 Championships - 5/9/2018 to 5/10/2018**Orem High School****Results****Boys 300 Meter Hurdles**

Name	Year	School	Prelims	H#
Preliminaries				
1	419	Barker, Rorik	Uintah HS	41.60q 3
2	96	Correa, Matt	Orem HS	41.80q 2
3	384	Moore, Jacob	Spanish Fork HS	42.02q 4
4	313	Stastny, Curtis	Salem Hills HS	43.14q 3
5	442	Lawson, Kyler	Uintah HS	43.64q 4
6	52	Wilford, Justin	Lehi HS	43.75q 2
7	242	Burch, Kaleb	Salem Hills HS	44.68q 1
8	67	Leavitt, Haden	Mountain View HS	44.93q 1
9	174	Zollinger, Brock	Orem HS	46.07 2
10	331	Williams, Dallas	Salem Hills HS	46.41 4
11	243	Butler, Jakobi	Salem Hills HS	48.11 4
12	46	Southard, Jaxson	Lehi HS	48.15 2
13	247	Chandler, Benjamin	Salem Hills HS	48.31 4
14	195	Hartland, MarkAnth	Payson HS	48.89 2
15	403	Roberts, Nate	Spanish Fork HS	49.38 1
16	344	Bradford, Matthew	Spanish Fork HS	49.45 2
17	332	Zobell, Zane	Salem Hills HS	49.56 3
18	44	Rowe, Jordan	Lehi HS	49.67 2
19	116	Jacobs, Cameron	Orem HS	49.77 2
20	10	Cockrell, Hunter	Lehi HS	49.96 3
21	209	Nelson, Spencer	Payson HS	50.49 3
22	94	Candland, Levi	Orem HS	52.22 1
23	311	Spencer, Brandon	Salem Hills HS	52.83 4
24	9	Cockrell, Dallin	Lehi HS	1:03.44 4
--	170	Wayman, Zach	Orem HS	DQ 4 ran around hurdles

Boys 300 Meter Hurdles

Name	Year	School	Finals	Points
Finals				
1	96	Correa, Matt	Orem HS	40.57 10
2	419	Barker, Rorik	Uintah HS	40.68 8
3	384	Moore, Jacob	Spanish Fork HS	41.67 6
4	313	Stastny, Curtis	Salem Hills HS	42.12 5
5	442	Lawson, Kyler	Uintah HS	42.62 4
6	52	Wilford, Justin	Lehi HS	43.00 3
7	67	Leavitt, Haden	Mountain View HS	45.34 2
8	242	Burch, Kaleb	Salem Hills HS	46.52 1

Boys 4x100 Meter Relay

School	Finals	Points
1 Orem HS 'A'	43.60	10
1) 158 Rockey, Trevor		
2) 100 Daley, Chris		
3) 99 Daley, Ben		
4) 148 Radebaugh, Kam		
2 Uintah HS 'A'	44.38	8
1) 442 Lawson, Kyler		
2) 435 Henderson, Kyle		
3) 462 Slaugh, Brandon		
4) 452 Pace, Payton		
3 Lehi HS 'A'	44.60	6
4 Spanish Fork HS 'A'	44.88	5

Region 10 Championships - 5/9/2018 to 5/10/2018**Orem High School****Results****....Boys 4x100 Meter Relay**

1) 366 Eyere, Andre	2) 384 Moore, Jacob		
3) 367 Eyere, Dallas	4) 386 Morley, Kimball		
5 Salem Hills HS 'A'		45.78	4
1) 299 Rogers, Tanner	2) 243 Butler, Jakobi		
3) 250 Chisholm, Ty	4) 280 MacArthur, Jacob		
-- Mountain View HS 'A'		DNF	
1) 58 Bennett, Ethan	2) 80 Sinema, Riley		
3) 66 Jensen, Noah	4) 71 Memott, Gabriel		

Boys 4x400 Meter Relay

School		Finals	Points
1 Orem HS 'A'		3:28.98	10
1) 98 Dabb, Jacob	2) 115 Hill, Remi		
3) 114 Harris, Hunter	4) 171 Williams, Brandon		
2 Salem Hills HS 'A'		3:31.30	8
1) 250 Chisholm, Ty	2) 324 VanAusdal, Spencer		
3) 281 McEwan, Dylan	4) 299 Rogers, Tanner		
3 Spanish Fork HS 'A'		3:33.05	6
1) 384 Moore, Jacob	2) 365 Evans, Wyatt		
3) 380 MacKay, Ethan	4) 390 Olsen, Tanner		
4 Lehi HS 'A'		3:36.69	5
1) 26 James, Logan	2) 38 Oustrich, Tyler		
3) 47 Terrell, Jared	4)		
5 Mountain View HS 'A'		3:36.72	4
1) 66 Jensen, Noah	2) 85 Storey, Rhett		
3) 81 Smith, Elijah	4) 77 Parkhurst, Baylor		
6 Uintah HS 'A'		3:44.53	3
1) 450 Mortenson, Talon	2) 446 Merrell, Dayton		
3) 447 Merrell, Liam	4) 464 Smith, Isaiah		
7 Payson HS 'A'		3:48.96	2
1) 178 Bender, Joshua	2) 200 Johnson, Kasen		
3) 202 Jones, Jarrett	4) 221 Tingen, Chase		

Boys 1600 Sprint Medley

School		Finals	Points
1 Orem HS 'A'		3:30.13	10
1) 158 Rockey, Trevor	2) 115 Hill, Remi		
3) 148 Radebaugh, Kam	4) 171 Williams, Brandon		
2 Spanish Fork HS 'A'		3:40.37	8
1) 386 Morley, Kimball	2) 358 Davis, Kaden		
3) 390 Olsen, Tanner	4) 365 Evans, Wyatt		
3 Uintah HS 'A'		3:46.93	6
1) 442 Lawson, Kyler	2) 465 Spencer, Rylan		
3) 450 Mortenson, Talon	4) 446 Merrell, Dayton		
4 Salem Hills HS 'A'		3:48.93	5
1) 294 Peterson, Carson	2) 283 Miller, Seth		
3) 280 MacArthur, Jacob	4) 249 Chesnut, Daniel		
5 Lehi HS 'A'		3:54.35	4
1) 56 Young, Maoputasi	2) 5 Burr, McKay		
3) 50 White, Walker	4) 40 Raff, Ryan		
6 Payson HS 'A'		4:06.77	3

Region 10 Championships - 5/9/2018 to 5/10/2018**Orem High School****Results****....Boys 1600 Sprint Medley**

- | | |
|-------------------------|------------------------|
| 1) 179 Bennett, Spencer | 2) 177 Bateman, Conner |
| 3) 200 Johnson, Kasen | 4) 203 Judd, Harrison |

Boys High Jump

Name	Year School	Finals	Points
1 327 Wallentine, Max	Salem Hills HS	6-00.00	10
2 310 Southwick, Dallin	Salem Hills HS	J6-00.00	8
3 435 Henderson, Kyle	Uintah HS	J6-00.00	6
4 176 Argyle, Gideon	Payson HS	J6-00.00	5
5 294 Peterson, Carson	Salem Hills HS	5-11.00	4
6 452 Pace, Payton	Uintah HS	5-09.00	3
7 255 DeHart, Tanner	Salem Hills HS	J5-09.00	2
8 177 Bateman, Conner	Payson HS	J5-09.00	0.50
8 67 Leavitt, Haden	Mountain View HS	J5-09.00	0.50
10 470 Timothy, Logan	Uintah HS	J5-09.00	
11 91 Anderson, Jayson	Orem HS	5-07.00	
-- 406 Scott, Hunter	Spanish Fork HS	NH	
-- 156 Riggs, Bentley	Orem HS	NH	
-- 395 Parry, Koby	Spanish Fork HS	NH	
-- 471 Tolbert, Landon	Uintah HS	NH	
-- 223 Walker, Calvin	Payson HS	NH	
-- 86 Suyama, Nephi	Mountain View HS	NH	
-- 316 Tanner, McCoy	Salem Hills HS	NH	
-- 109 Frame, Josh	Orem HS	NH	
-- 15 Fonnesbeck, Zachar	Lehi HS	NH	
-- 370 Graham, Joseph	Spanish Fork HS	NH	
-- 90 Alohan, Israel	Orem HS	NH	
-- 247 Chandler, Benjamin	Salem Hills HS	NH	
-- 209 Nelson, Spencer	Payson HS	NH	
-- 287 Nelson, Jacob	Salem Hills HS	NH	
-- 393 Oviatt, Nathan	Spanish Fork HS	NH	
-- 125 Karr, Ethan	Orem HS	NH	
-- 139 Monson, Brody	Orem HS	NH	

Boys Long Jump

Name	Year School	Prelims	Wind
Preliminaries			
1 141 Nacua, Puka	Orem HS	22-05.25q	0.1
2 176 Argyle, Gideon	Payson HS	21-01.50q	-1.9
3 435 Henderson, Kyle	Uintah HS	20-10.50q	-0.9
4 129 Legas, Cooper	Orem HS	20-02.00q	-0.4
5 367 Eyere, Dallas	Spanish Fork HS	20-00.25q	-0.7
6 294 Peterson, Carson	Salem Hills HS	19-06.75q	-1.9
7 52 Wilford, Justin	Lehi HS	19-03.75q	-0.2
8 146 Pedersen, Jake	Orem HS	19-02.50q	-0.8
9 452 Pace, Payton	Uintah HS	19-01.00q	-0.8
10 11 Dunford, Ian	Lehi HS	19-00.50	-0.4
11 114 Harris, Hunter	Orem HS	18-08.50	-0.7
12 465 Spencer, Rylan	Uintah HS	18-08.00	NWI
13 270 Jackson, Kaleb	Salem Hills HS	18-07.25	+0.0
14 287 Nelson, Jacob	Salem Hills HS	18-00.75	+0.0

Region 10 Championships - 5/9/2018 to 5/10/2018

Orem High School

Results

....Boys Long Jump

15	248	Chapman, Hunter	Salem Hills HS	18-00.00	-1.7
16	247	Chandler, Benjamin	Salem Hills HS	17-11.25	+0.0
17	366	Eyere, Andre	Spanish Fork HS	17-11.00	+0.0
18	470	Timothy, Logan	Uintah HS	17-10.00	0.3
19	379	Lundquist, Kaleb	Spanish Fork HS	17-09.50	0.1
19	103	Dousette, Ford	Orem HS	17-09.50	0.8
21	209	Nelson, Spencer	Payson HS	17-09.00	0.1
22	421	Briggs, Trey	Uintah HS	17-08.50	0.7
23	261	Gardner, Logan	Salem Hills HS	16-11.50	1.6
24	458	Richards, Brett	Uintah HS	16-10.75	+0.0
25	233	Barnum, Isaac	Salem Hills HS	16-09.00	+0.0
26	363	Evans, Brigham	Spanish Fork HS	16-07.50	1.1
27	116	Jacobs, Cameron	Orem HS	16-06.50	0.9
28	131	Losee, Sebastian	Orem HS	16-04.00	0.1
28	44	Rowe, Jordan	Lehi HS	16-04.00	0.2
30	204	Knapp, Tyler	Payson HS	16-03.00	0.1
31	223	Walker, Calvin	Payson HS	16-02.75	0.8
32	442	Lawson, Kyler	Uintah HS	16-02.50	-1.1
33	195	Hartland, MarkAnth	Payson HS	16-02.00	0.2
34	398	Ramirez, Kanon	Spanish Fork HS	16-01.50	0.9
35	397	Peterman, Kimball	Spanish Fork HS	16-00.00	2.2
36	35	Mills, Canyon	Lehi HS	15-11.00	0.6
37	30	Loveless, Kiyen	Lehi HS	15-03.00	0.7
38	7	Clifton, Ethan	Lehi HS	14-11.50	2.4
39	391	Olson, Greg	Spanish Fork HS	14-08.50	0.1

Boys Long Jump

Name	Year	School	Finals	Wind	Points
Finals					
1	141	Nacua, Puka	Orem HS	23-00.50	-0.5 10
2	176	Argyle, Gideon	Payson HS	21-01.50	-1.6 8
3	435	Henderson, Kyle	Uintah HS	20-10.50	-1.5 6
4	367	Eyere, Dallas	Spanish Fork HS	20-08.75	-1.2 5
5	129	Legas, Cooper	Orem HS	20-05.25	-0.6 4
6	294	Peterson, Carson	Salem Hills HS	19-11.00	-1.1 3
7	52	Wilford, Justin	Lehi HS	19-07.25	+0.0 2
8	146	Pedersen, Jake	Orem HS	19-02.50	-0.6 1
9	452	Pace, Payton	Uintah HS	19-01.00	NWI

Boys Shot Put

Name	Year	School	Prelims
Preliminaries			
1	2	Andersen, Trey	Lehi HS 49-04.50q
2	373	Iketau, Junior	Spanish Fork HS 48-08.50q
3	423	Christensen, Brett	Uintah HS 46-06.00q
4	108	Fiso, Enoch	Orem HS 44-10.50q
5	329	Wilding, Ryan	Salem Hills HS 44-03.50q
6	234	Barnum, Jayden	Salem Hills HS 43-10.00q
7	360	Dawe, Sam	Spanish Fork HS 43-06.00q
8	51	Wilcox, Miles	Lehi HS 43-03.25q
9	126	Kirkby, Austin	Orem HS 42-10.75q

Region 10 Championships - 5/9/2018 to 5/10/2018**Orem High School****Results****....Boys Shot Put**

10	231 Ashton, Jex	Salem Hills HS	40-09.50
11	145 Paulson, Brinton	Orem HS	40-09.00
12	244 Caldwell, Tyler	Salem Hills HS	40-04.50
13	42 Rhoades, Bridger	Lehi HS	39-11.25
14	439 Kennicker, Chance	Uintah HS	39-04.50
15	164 Toa, Ryan	Orem HS	37-05.25
16	286 Moser, Ethan	Salem Hills HS	37-01.00
17	23 Hope, Mason	Lehi HS	35-10.00
18	443 Liesik, Carson	Uintah HS	35-09.50
19	410 Trafny, Josh	Spanish Fork HS	35-08.00
20	271 Johansen, Levi	Salem Hills HS	35-07.00
21	180 Blazzard, John	Payson HS	34-08.75
22	207 Meek, Rhett	Payson HS	34-08.50
23	165 Tuimaseva, Peniami	Orem HS	34-06.75
24	440 Kennicker, Chase	Uintah HS	34-02.00
25	370 Graham, Joseph	Spanish Fork HS	32-07.00
26	138 Midzinski, Noah	Orem HS	31-02.00
27	223 Walker, Calvin	Payson HS	31-00.00
28	8 Cobane, Nathan	Lehi HS	29-10.50
29	434 Henderson, Conner	Uintah HS	27-05.50
30	364 Evans, Spencer	Spanish Fork HS	27-04.50
31	473 Wallenda, Dallin	Uintah HS	26-10.75
32	469 Tenney, Derek	Uintah HS	26-09.75

Boys Shot Put

Name	Year	School	Finals	Points
Finals				
1	2	Andersen, Trey	Lehi HS	49-09.00 10
2	373	Iketau, Junior	Spanish Fork HS	49-08.00 8
3	423	Christensen, Brett	Uintah HS	46-06.00 6
4	51	Wilcox, Miles	Lehi HS	45-05.50 5
5	108	Fiso, Enoch	Orem HS	44-10.50 4
6	329	Wilding, Ryan	Salem Hills HS	44-03.50 3
7	234	Barnum, Jayden	Salem Hills HS	43-10.00 2
8	360	Dawe, Sam	Spanish Fork HS	43-06.00 1
9	126	Kirkby, Austin	Orem HS	42-10.75

Boys Discus Throw

Name	Year	School	Prelims
Preliminaries			
1	126	Kirkby, Austin	Orem HS 142-07q
2	2	Andersen, Trey	Lehi HS 137-05q
3	373	Iketau, Junior	Spanish Fork HS 134-10q
4	108	Fiso, Enoch	Orem HS 127-03q
5	234	Barnum, Jayden	Salem Hills HS 123-05q
6	231	Ashton, Jex	Salem Hills HS 122-05q
7	145	Paulson, Brinton	Orem HS 120-07q
8	439	Kennicker, Chance	Uintah HS 117-04q
9	129	Legas, Cooper	Orem HS 113-08.50q
10	329	Wilding, Ryan	Salem Hills HS 111-07
11	207	Meek, Rhett	Payson HS 105-07

Region 10 Championships - 5/9/2018 to 5/10/2018**Orem High School****Results****....Boys Discus Throw**

11	112	Hammer, Kadin	Orem HS	105-07
13	431	Gardiner, Jackson	Uintah HS	102-06
14	180	Blazzard, John	Payson HS	98-05
15	360	Dawe, Sam	Spanish Fork HS	96-09.50
16	295	Pingel, Jackson	Salem Hills HS	91-05
17	244	Caldwell, Tyler	Salem Hills HS	88-03
18	23	Hope, Mason	Lehi HS	87-03
19	440	Kennicker, Chase	Uintah HS	87-00
20	8	Cobane, Nathan	Lehi HS	86-10
21	164	Toa, Ryan	Orem HS	85-07.50
22	473	Wallenda, Dallin	Uintah HS	80-07
23	42	Rhoades, Bridger	Lehi HS	75-06.50
24	223	Walker, Calvin	Payson HS	74-10
25	401	Ricks, Colton	Spanish Fork HS	74-06
26	364	Evans, Spencer	Spanish Fork HS	71-02
27	286	Moser, Ethan	Salem Hills HS	65-11

Boys Discus Throw

Name	Year	School	Finals	Points
=====				
Finals				
1	373	Iketau, Junior	Spanish Fork HS	147-02 10
2	126	Kirkby, Austin	Orem HS	142-07 8
3	2	Andersen, Trey	Lehi HS	137-05 6
4	234	Barnum, Jayden	Salem Hills HS	127-10 5
5	108	Fiso, Enoch	Orem HS	127-03 4
6	231	Ashton, Jex	Salem Hills HS	127-00 3
7	129	Legas, Cooper	Orem HS	121-02 2
8	145	Paulson, Brinton	Orem HS	120-07 1
9	439	Kennicker, Chance	Uintah HS	117-04

Boys Javelin Throw

Name	Year	School	Prelims
=====			
Preliminaries			
1	321	Tribett, Isaac	Salem Hills HS 175-04q
2	129	Legas, Cooper	Orem HS 174-09q
3	145	Paulson, Brinton	Orem HS 153-11q
4	410	Trafny, Josh	Spanish Fork HS 152-06q
5	115	Hill, Remi	Orem HS 151-10q
6	331	Williams, Dallas	Salem Hills HS 145-10q
7	269	Iverson, Mason	Salem Hills HS 144-01q
8	395	Parry, Koby	Spanish Fork HS 141-01q
9	460	Shope, Gavin	Uintah HS 137-02q
10	416	Allen, Corbin	Uintah HS 136-10
11	317	Tarter, Nathan	Salem Hills HS 134-05
12	294	Peterson, Carson	Salem Hills HS 133-05
13	33	McAllister, Landon	Lehi HS 129-04
14	108	Fiso, Enoch	Orem HS 127-08
15	245	Call, Devan	Salem Hills HS 121-11
16	139	Monson, Brody	Orem HS 121-10
17	207	Meek, Rhett	Payson HS 112-00
18	434	Henderson, Conner	Uintah HS 111-10

Region 10 Championships - 5/9/2018 to 5/10/2018**Orem High School****Results****....Boys Javelin Throw**

19	431 Gardiner, Jackson	Uintah HS	109-09
20	180 Blazzard, John	Payson HS	106-00
20	370 Graham, Joseph	Spanish Fork HS	106-00
22	112 Hammer, Kadin	Orem HS	102-04
23	363 Evans, Brigham	Spanish Fork HS	93-06
24	8 Cobane, Nathan	Lehi HS	88-10
25	473 Wallenda, Dallin	Uintah HS	88-02
26	406 Scott, Hunter	Spanish Fork HS	81-05
27	338 Baum, Kaleb	Spanish Fork HS	53-04

Boys Javelin Throw

Name	Year	School	Finals	Points
Finals				
1	129	Legas, Cooper	Orem HS	198-09 10
2	321	Tribett, Isaac	Salem Hills HS	175-04 8
3	115	Hill, Remi	Orem HS	166-00 6
4	410	Trafny, Josh	Spanish Fork HS	162-08 5
5	395	Parry, Koby	Spanish Fork HS	161-02 4
6	331	Williams, Dallas	Salem Hills HS	160-08 3
7	145	Paulson, Brinton	Orem HS	153-11 2
8	269	Iverson, Mason	Salem Hills HS	146-00 1
9	460	Shope, Gavin	Uintah HS	137-02

Women - Team Rankings - 16 Events Scored

1) Salem Hills HS	158	2) Orem HS	147
3) Spanish Fork HS	89	4) Lehi HS	81
5) Mountain View HS	73	6) Uintah HS	45
7) Payson HS	20		

Men - Team Rankings - 16 Events Scored

1) Orem HS	219	2) Salem Hills HS	125
3) Spanish Fork HS	97	4) Uintah HS	69
5) Lehi HS	62	6) Mountain View HS	22.50
7) Payson HS	19.50		