

**Region 10 Championships - 5/9/2018 to 5/10/2018****Orem High School  
Results - Wednesday****Girls 100 Meter Dash**

Name	Year	School	Prelims	Wind	H#
<b>Preliminaries</b>					
1	3	Ballard, Amy	Lehi HS	12.49q	1.1 1
2	153	Raymond, Taye	Orem HS	12.80q	-1.7 3
3	396	Pendleton, Natalie	Spanish Fork HS	12.93q	-2.3 2
4	155	Reeves, Emma	Orem HS	13.02q	0.9 4
5	157	Riley, Megan	Orem HS	13.03q	0.9 4
5	151	Rasmussen, Cacia	Orem HS	13.03q	-1.7 3
7	323	Vaitohi, Keanna	Salem Hills HS	13.07q	-1.2 5
8	437	Johnson, Kyla	Uintah HS	13.23q	-1.2 5
9	336	Ballard, Kennedy	Spanish Fork HS	13.38	1.1 1
10	6	Clark, Charity	Lehi HS	13.44	1.1 1
11	346	Buck, Annabelle	Spanish Fork HS	13.47	-1.2 5
12	48	Warcup, Alyssa	Lehi HS	13.52	-2.3 2
12	300	Rosenberg, Lexi	Salem Hills HS	13.52	-2.3 2
14	232	Ballard, Paisley	Salem Hills HS	13.57	0.9 4
15	420	Bennion, Kacee	Uintah HS	13.62	-1.2 5
16	239	Bogges, Kapri	Salem Hills HS	13.63	-1.7 3
17	132	Mathews, Gracyn	Orem HS	13.77	-1.2 5
18	461	Siddoway, Emily	Uintah HS	13.95	0.9 4
19	199	Huff, Addie	Payson HS	13.97	-1.7 3
20	276	Lee, Jennah	Salem Hills HS	14.05	-2.3 2
21	225	Watson, McKennah	Payson HS	14.22	-2.3 2
22	290	Orton, Halley	Salem Hills HS	14.34	0.9 4
23	206	McConahay, Alyssa	Payson HS	14.38	1.1 1
24	39	Peterson, Carli	Lehi HS	14.64	-2.3 2
25	16	Foster, Kennedy	Lehi HS	14.70	0.9 4
26	14	Felt, Beatrice	Lehi HS	14.74	1.1 1
27	413	Whittaker, Jessica	Spanish Fork HS	14.82	-1.7 3
28	438	Jolley, Ragen	Uintah HS	14.87	-1.2 5
29	93	Black, Julia	Orem HS	15.08	-1.7 3
30	217	Sadler, Savanna	Payson HS	15.10	-2.3 2
31	388	Nilson, Sumerlyn	Spanish Fork HS	15.13	1.1 1
32	13	Elwood, Ashley	Lehi HS	15.57	0.9 4
33	405	Romney, Raegan	Spanish Fork HS	15.68	1.1 1
34	198	Hill, Sydney	Payson HS	15.95	-1.2 5
35	298	Riley, Bryn	Salem Hills HS	15.97	-1.2 5
36	377	Larsen, Alyssa	Spanish Fork HS	16.90	0.9 4

**Girls 200 Meter Dash**

Name	Year	School	Prelims	Wind	H#
1	296	Pruden, Maddie	Salem Hills HS	26.17q	1.6 5
2	151	Rasmussen, Cacia	Orem HS	26.44q	1.6 5
2	153	Raymond, Taye	Orem HS	26.44q	1.0 2
4	157	Riley, Megan	Orem HS	26.55q	2.2 4
5	155	Reeves, Emma	Orem HS	26.61q	0.6 3
6	3	Ballard, Amy	Lehi HS	26.63q	-0.1 1
7	323	Vaitohi, Keanna	Salem Hills HS	26.90q	2.2 4
8	417	Avila, Shaylee	Uintah HS	27.19q	1.0 2
9	300	Rosenberg, Lexi	Salem Hills HS	27.86	-0.1 1
10	457	Putnam, Sydra	Uintah HS	27.88	1.0 2
11	175	Zollinger, Kira	Orem HS	28.07	2.2 4

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12	297	Rickenbach, Leah	Salem Hills HS	28.08	-0.1	1
13	461	Siddoway, Emily	Uintah HS	28.79	1.6	5
14	48	Warcup, Alyssa	Lehi HS	28.98	-0.1	1
15	132	Mathews, Gracyn	Orem HS	29.21	0.6	3
16	225	Watson, McKennah	Payson HS	29.34	2.2	4
17	276	Lee, Jennah	Salem Hills HS	29.41	1.0	2
18	199	Huff, Addie	Payson HS	29.54	0.6	3
19	121	Johnson, Jessica	Orem HS	29.59	1.6	5
20	290	Orton, Halley	Salem Hills HS	29.66	-0.1	1
21	182	Braithwaite, Jentr	Payson HS	30.21	1.0	2
22	307	Smith, Courtney	Salem Hills HS	30.48	1.6	5
23	438	Jolley, Ragen	Uintah HS	30.63	-0.1	1
24	343	Blake, Lindsay	Spanish Fork HS	31.04	1.6	5
25	34	Miller, Sydney	Lehi HS	31.08	1.6	5
26	39	Peterson, Carli	Lehi HS	31.29	2.2	4
27	14	Felt, Beatrice	Lehi HS	31.85	-0.1	1
28	405	Romney, Raegan	Spanish Fork HS	33.44	2.2	4
29	342	Berger, Sydney	Spanish Fork HS	33.60	1.0	2
30	13	Elwood, Ashley	Lehi HS	34.25	1.6	5
31	377	Larsen, Alyssa	Spanish Fork HS	35.80	0.6	3

**Girls 400 Meter Dash**

Name	Year	School	Prelims	H#
1	3	Ballard, Amy	Lehi HS	1:00.88q 3
2	296	Pruden, Maddie	Salem Hills HS	1:00.91q 3
3	173	Winward, Kimmie	Orem HS	1:00.96q 2
4	87	Warner, Allison	Mountain View HS	1:01.73q 5
5	417	Avila, Shaylee	Uintah HS	1:02.24q 2
6	175	Zollinger, Kira	Orem HS	1:02.52q 4
7	307	Smith, Courtney	Salem Hills HS	1:02.61q 1
8	297	Rickenbach, Leah	Salem Hills HS	1:03.33q 5
9	239	Boggess, Kapri	Salem Hills HS	1:04.81 3
10	463	Slaugh, Rachel	Uintah HS	1:05.99 1
11	121	Johnson, Jessica	Orem HS	1:07.03 2
12	220	Teemant, Callie	Payson HS	1:07.08 5
13	154	Reeves, Daphne	Orem HS	1:07.25 4
14	133	Mauldin, Courtney	Orem HS	1:07.45 2
15	459	Sagers, Jody	Uintah HS	1:07.55 4
16	92	Bergeson, Susanna	Orem HS	1:07.73 3
17	422	Bulloch, Anekah	Uintah HS	1:07.98 5
18	182	Braithwaite, Jentr	Payson HS	1:08.68 1
19	474	Wiseman, Karly	Uintah HS	1:09.09 4
20	328	Weiss, Tiffany	Salem Hills HS	1:09.34 4
21	343	Blake, Lindsay	Spanish Fork HS	1:10.88 5
22	14	Felt, Beatrice	Lehi HS	1:11.04 4
23	210	Openshaw, Rylee	Payson HS	1:11.66 4
24	206	McConahay, Alyssa	Payson HS	1:11.76 3
25	340	Beck, Daisha	Spanish Fork HS	1:13.27 1
26	226	Webber, Rachel	Payson HS	1:13.41 2
27	277	Leifson, Kennady	Salem Hills HS	1:14.58 5
28	13	Elwood, Ashley	Lehi HS	1:21.16 2
29	190	Evans, Kobey	Payson HS	1:39.44 1

**Region 10 Championships - 5/9/2018 to 5/10/2018****Orem High School  
Results - Wednesday****Girls 1600 Meter Run**

Name	Year	School	Finals	Points
<b>Finals</b>				
1	87	Warner, Allison	Mountain View HS	5:29.99 10
2	17	Gray, Abigail	Lehi HS	5:30.24 8
3	70	Lindley, Kelsi	Mountain View HS	5:31.26 6
4	83	Smith, Makenzi	Mountain View HS	5:34.05 5
5	64	Faragher, Ashley	Mountain View HS	5:37.28 4
6	279	Lindstrom, Eliza	Salem Hills HS	5:42.98 3
7	61	Chariton, Jenna	Mountain View HS	5:50.40 2
8	428	Dutson, Rylie	Uintah HS	5:51.88 1
9	105	Ellis, Mary	Orem HS	5:53.39
10	160	Shields, Cydney	Orem HS	5:54.27
11	69	Lindley, Alysa	Mountain View HS	5:55.87
12	222	Tucker-Lund, Jocel	Payson HS	5:57.37
13	130	Legas, Mia	Orem HS	6:01.04
14	253	Conrad, Janessa	Salem Hills HS	6:01.44
15	426	Dansie, Rylee	Uintah HS	6:03.08
16	140	Monson, Emma	Orem HS	6:05.40
17	372	Heaps, Sarah	Spanish Fork HS	6:07.90
18	466	Sprouse, McKenna	Uintah HS	6:07.97
19	210	Openshaw, Rylee	Payson HS	6:08.74
20	168	Warner, Anna	Orem HS	6:10.01
21	226	Webber, Rachel	Payson HS	6:15.29
22	415	Wright, Josie	Spanish Fork HS	6:17.84
23	12	Eaton, Molli	Lehi HS	6:18.34
24	454	Peacock, Melanie	Uintah HS	6:18.75
25	122	Johnson, Kyra	Orem HS	6:20.53
26	254	Cromar, Rebecca	Salem Hills HS	6:21.85
27	441	Lassiter, Kelsey	Uintah HS	6:23.35
28	134	McDonald, Mariah	Orem HS	6:24.45
29	309	Snow, Aubrey	Salem Hills HS	6:28.02
30	320	Thomson, Alexis	Salem Hills HS	6:33.55
31	444	McCurdy, MaKayla	Uintah HS	6:36.94
32	314	Steck, MaKayla	Salem Hills HS	6:41.52
33	369	Gardner, Rainie	Spanish Fork HS	6:41.92
34	349	Burningham, Aubrey	Spanish Fork HS	6:43.99
35	350	Bush, Camilia	Spanish Fork HS	6:54.40
36	404	Romney, Addison	Spanish Fork HS	6:57.02
37	387	Morris, Emily	Spanish Fork HS	6:59.64
38	230	Ashcraft, Elizabet	Salem Hills HS	7:05.98

**Girls 100 Meter Hurdles**

Name	Year	School	Prelims	Wind	H#
<b>Preliminaries</b>					
1	355	Clements, Kimball	Spanish Fork HS	15.65q	1.5 1
2	136	Merrill, Lauren	Orem HS	15.97q	1.8 3
3	278	Lindsey, Hannah	Salem Hills HS	16.12q	1.6 2
4	381	Mangum, Jessi	Spanish Fork HS	16.14q	1.8 3
5	352	Bush, Sarah	Spanish Fork HS	16.49q	1.5 1
6	291	Parcell, Kelsey	Salem Hills HS	16.92q	1.5 1
7	119	Johnson, Adelaide	Orem HS	17.04q	1.6 2
8	302	Sabel, Vanessa	Salem Hills HS	17.34q	1.8 3

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Results - Wednesday****....Girls 100 Meter Hurdles**

9	68 Lee, Jordyn	Mountain View HS	17.69	1.5	1
10	169 Warner, Brooklyn	Orem HS	17.72	1.5	1
11	189 Evans, Kari	Payson HS	17.81	1.6	2
12	235 Baxter, Macady	Salem Hills HS	17.93	1.8	3
13	448 Migliori, Erin	Uintah HS	18.51	1.6	2
14	193 Golding, Lacey	Payson HS	18.53	1.8	3
15	424 Christophersen, Ka	Uintah HS	18.67	1.6	2
16	354 Charlton, Kennady	Spanish Fork HS	18.74	1.8	3
17	147 Price, Ashlyn	Orem HS	18.77	1.5	1
18	345 Brown, Camille	Spanish Fork HS	18.89	1.8	3
19	172 Williams, Jessica	Orem HS	19.04	1.5	1
20	348 Burnham, Emma	Spanish Fork HS	19.44	1.6	2
21	142 Nixon, Faith	Orem HS	19.62	1.6	2
22	315 Stevens, Emily	Salem Hills HS	19.92	1.6	2
23	351 Bush, Elisabeth	Spanish Fork HS	20.65	1.8	3

**Girls 300 Meter Hurdles**

Name	Year	School	Prelims	H#
1	136	Merrill, Lauren	Orem HS	47.54q 2
2	355	Clements, Kimball	Spanish Fork HS	48.02q 1
3	119	Johnson, Adelaide	Orem HS	48.71q 3
4	381	Mangum, Jessi	Spanish Fork HS	48.90q 4
5	352	Bush, Sarah	Spanish Fork HS	49.18q 5
6	169	Warner, Brooklyn	Orem HS	49.35q 4
7	291	Parcell, Kelsey	Salem Hills HS	50.68q 1
8	437	Johnson, Kyla	Uintah HS	50.74q 2
9	302	Sabel, Vanessa	Salem Hills HS	50.91 2
10	189	Evans, Kari	Payson HS	51.07 5
11	315	Stevens, Emily	Salem Hills HS	51.13 3
12	6	Clark, Charity	Lehi HS	51.58 1
13	172	Williams, Jessica	Orem HS	52.77 5
14	273	Kane, Madi	Salem Hills HS	53.54 5
15	448	Migliori, Erin	Uintah HS	53.58 1
16	354	Charlton, Kennady	Spanish Fork HS	53.92 5
17	68	Lee, Jordyn	Mountain View HS	54.85 3
18	424	Christophersen, Ka	Uintah HS	55.54 4
19	348	Burnham, Emma	Spanish Fork HS	55.95 1
20	142	Nixon, Faith	Orem HS	56.43 2
21	101	Dayton, Riley	Orem HS	56.53 2
22	147	Price, Ashlyn	Orem HS	56.74 4
23	193	Golding, Lacey	Payson HS	57.09 4
24	432	Hall, Macady	Uintah HS	57.10 3
25	378	Lauritzen, Eva	Spanish Fork HS	57.39 4
26	16	Foster, Kennedy	Lehi HS	58.92 2
27	351	Bush, Elisabeth	Spanish Fork HS	1:01.82 1
28	14	Felt, Beatrice	Lehi HS	1:03.27 2

**Girls 1600 Sprint Medley**

School	Finals	Points
1 Orem HS 'A'	4:33.38	10

**Region 10 Championships - 5/9/2018 to 5/10/2018****Orem High School  
Results - Wednesday****....Girls 1600 Sprint Medley**

1) 136 Merrill, Lauren	2) 173 Winward, Kimmie		
3) 169 Warner, Brooklyn	4) 168 Warner, Anna		
2 Spanish Fork HS 'A'		4:34.26	8
1) 362 Ethington, Grace	2) 337 Bartold, Rachel		
3) 355 Clements, Kimball	4) 399 Redd, Bayleigh		
3 Lehi HS 'A'		4:34.50	6
1) 48 Warcup, Alyssa	2) 31 Martin, Anna		
4 Salem Hills HS 'A'		4:37.59	5
1) 300 Rosenberg, Lexi	2) 232 Ballard, Paisley		
3) 296 Pruden, Maddie	4) 279 Lindstrom, Eliza		
5 Uintah HS 'A'		4:38.74	4
1) 420 Bennion, Kacee	2) 457 Putnam, Sydra		
3) 463 Slauch, Rachel	4) 466 Sprouse, McKenna		
6 Mountain View HS 'A'		4:42.27	3
1) 61 Chariton, Jenna	2) 69 Lindley, Alysa		
3) 83 Smith, Makenzi	4) 75 Miyazawa, Helena		
7 Payson HS 'A'		4:49.46	2
1) 182 Braithwaite, Jentri	2) 199 Huff, Addie		
3) 220 Teemant, Callie	4) 222 Tucker-Lund, Jocelyn		

**Girls Long Jump**

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Name	Year	School	Prelims	Wind
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Preliminaries				
1	153	Raymond, Taye	Orem HS	17-06.25q 0.4
2	232	Ballard, Paisley	Salem Hills HS	17-00.00q +0.0
3	3	Ballard, Amy	Lehi HS	16-10.50q +0.0
4	381	Mangum, Jessi	Spanish Fork HS	16-01.00q +0.0
5	119	Johnson, Adelaide	Orem HS	15-11.25q 0.8
6	136	Merrill, Lauren	Orem HS	15-11.00q 1.0
7	132	Mathews, Gracyn	Orem HS	15-10.25q 1.1
8	457	Putnam, Sydra	Uintah HS	15-09.00q 1.2
9	6	Clark, Charity	Lehi HS	15-07.00q 0.5
10	420	Bennion, Kacee	Uintah HS	15-06.00 0.1
11	445	McKeachnie, Delayn	Uintah HS	15-04.00 0.6
11	172	Williams, Jessica	Orem HS	15-04.00 1.5
11	362	Ethington, Grace	Spanish Fork HS	15-04.00 1.0
14	437	Johnson, Kyla	Uintah HS	15-02.00 0.4
15	315	Stevens, Emily	Salem Hills HS	15-00.25 1.3
16	189	Evans, Kari	Payson HS	14-11.50 1.5
17	193	Golding, Lacey	Payson HS	14-11.25 2.2
18	318	Tasker, Aubrey	Salem Hills HS	14-10.25 0.6
19	312	Spencer, Michelle	Salem Hills HS	14-03.75 1.3
20	337	Bartold, Rachel	Spanish Fork HS	14-03.00 0.8
21	461	Siddoway, Emily	Uintah HS	13-11.75 1.7
22	277	Leifson, Kennady	Salem Hills HS	13-10.75 1.3
23	345	Brown, Camille	Spanish Fork HS	13-07.25 +0.0
24	267	Howard, Ellie	Salem Hills HS	13-07.00 1.2
25	262	George, Myley	Salem Hills HS	13-03.50 1.3
26	354	Charlton, Kennady	Spanish Fork HS	13-02.00 1.7
27	388	Nilson, Sumerlyn	Spanish Fork HS	13-00.00 0.5
28	16	Foster, Kennedy	Lehi HS	12-09.50 1.9
29	219	Smith, Stephanie	Payson HS	12-01.50 1.6
30	137	Meservy, Abby	Orem HS	11-03.00 +0.0

**Region 10 Championships - 5/9/2018 to 5/10/2018****Orem High School  
Results - Wednesday****Girls Long Jump**

Name	Year	School	Finals	Wind	Points
<b>Finals</b>					
1	153	Raymond, Taye	Orem HS	18-03.00	+0.0 10
2	232	Ballard, Paisley	Salem Hills HS	17-06.50	0.3 8
3	3	Ballard, Amy	Lehi HS	17-00.00	0.8 6
4	132	Mathews, Gracyn	Orem HS	16-06.50	0.1 5
5	136	Merrill, Lauren	Orem HS	J16-06.50	0.6 4
6	381	Mangum, Jessi	Spanish Fork HS	16-01.00	+0.0 3
7	119	Johnson, Adelaide	Orem HS	16-00.25	0.7 2
8	6	Clark, Charity	Lehi HS	15-11.50	+0.0 1
9	457	Putnam, Sydra	Uintah HS	15-09.00	1.2

**Girls Discus Throw**

Name	Year	School	Prelims	
<b>Preliminaries</b>				
1	266	Houghton, Miley	Salem Hills HS	115-10q
2	197	Hazelet, Rebecca	Payson HS	104-03q
3	374	Iketau, Nia	Spanish Fork HS	97-05q
4	425	Colton, Megan	Uintah HS	85-02q
5	308	Smith, Kaity	Salem Hills HS	85-00q
6	394	Park, Willow	Spanish Fork HS	82-09q
7	60	Burningham, Sophie	Mountain View HS	82-04q
8	240	Bradley, Hailey	Salem Hills HS	81-03q
9	357	Davis, Courtney	Spanish Fork HS	76-00q
10	472	Walk, Whitney	Uintah HS	74-08
11	135	Mcintyre, Claire	Orem HS	72-11
12	433	Hatch, Mallorie	Uintah HS	68-07
13	436	Hill, Alyssa	Uintah HS	67-10
14	301	Roundy, Kosha	Salem Hills HS	67-00
15	341	Beckstead, Katelyn	Spanish Fork HS	64-08
16	166	Vakaafi, Maia	Orem HS	63-08
17	201	Johnson, Savannah	Payson HS	63-07
18	28	Larson, Chelise	Lehi HS	62-03
19	181	Bolton, Aly	Payson HS	60-10
20	418	Bake, Aly	Uintah HS	59-02
21	117	James, Naomi	Orem HS	58-00
22	268	Howell, Emily	Salem Hills HS	57-03
23	274	Lamb, Lexi	Salem Hills HS	56-00
24	110	Gines, Josie	Orem HS	55-05
25	385	Morgan, Aubrie	Spanish Fork HS	53-07
26	275	Lau, Kaelie	Salem Hills HS	53-05
27	389	Olsen, Adiah	Spanish Fork HS	53-02
28	152	Rawlings, Rilee	Orem HS	52-04
29	184	Cannoade, Faith	Payson HS	51-09
30	196	Haymore, Jade	Payson HS	50-04
31	190	Evans, Kobey	Payson HS	38-00

## Region 10 Championships - 5/9/2018 to 5/10/2018

## Orem High School

## Results - Wednesday

## Girls Discus Throw

Name	Year	School	Finals	Points
Finals				
1	266	Houghton, Miley	Salem Hills HS	115-10 10
2	197	Hazelet, Rebecca	Payson HS	104-03 8
3	374	Iketau, Nia	Spanish Fork HS	98-00 6
4	425	Colton, Megan	Uintah HS	85-02 5
5	308	Smith, Kaity	Salem Hills HS	85-00 4
6	394	Park, Willow	Spanish Fork HS	84-10 3
7	357	Davis, Courtney	Spanish Fork HS	84-03 2
8	240	Bradley, Hailey	Salem Hills HS	82-09 1
9	60	Burningham, Sophie	Mountain View HS	82-04

## Boys 100 Meter Dash

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1	148	Radebaugh, Kam	Orem HS	11.27q	0.6 5
1	141	Nacua, Puka	Orem HS	11.27q	1.8 2
3	158	Rockey, Trevor	Orem HS	11.30q	1.0 6
4	11	Dunford, Ian	Lehi HS	11.40q	1.4 3
5	452	Pace, Payton	Uintah HS	11.47q	-1.9 1
6	386	Morley, Kimball	Spanish Fork HS	11.50q	1.1 4
7	26	James, Logan	Lehi HS	11.60q	1.1 4
7	358	Davis, Kaden	Spanish Fork HS	11.60q	1.0 6
9	367	Eyere, Dallas	Spanish Fork HS	11.62	0.6 5
9	100	Daley, Chris	Orem HS	11.62	1.0 6
11	468	Swann, Nathan	Uintah HS	11.64	-1.9 1
11	33	McAllister, Landon	Lehi HS	11.64	1.4 3
13	95	Carlson, Brett	Orem HS	11.65	1.0 6
14	177	Bateman, Conner	Payson HS	11.78	0.6 5
15	99	Daley, Ben	Orem HS	11.80	1.1 4
16	366	Eyere, Andre	Spanish Fork HS	11.84	1.4 3
17	280	MacArthur, Jacob	Salem Hills HS	11.87	1.4 3
18	465	Spencer, Rylan	Uintah HS	11.89	-1.9 1
19	243	Butler, Jakobi	Salem Hills HS	11.90	1.8 2
20	245	Call, Devan	Salem Hills HS	11.93	1.0 6
21	47	Terrell, Jared	Lehi HS	11.97	1.1 4
21	58	Bennett, Ethan	Mountain View HS	11.97	-1.9 1
23	379	Lundquist, Kaleb	Spanish Fork HS	12.02	-1.9 1
23	5	Burr, McKay	Lehi HS	12.02	0.6 5
25	250	Chisholm, Ty	Salem Hills HS	12.05	0.6 5
26	36	Moody, Jaxon	Lehi HS	12.07	1.8 2
26	464	Smith, Isaiah	Uintah HS	12.07	1.8 2
28	419	Barker, Rorik	Uintah HS	12.12	1.4 3
28	71	Memott, Gabriel	Mountain View HS	12.12	1.0 6
30	471	Tolbert, Landon	Uintah HS	12.21	-1.9 1
30	270	Jackson, Kaleb	Salem Hills HS	12.21	-1.9 1
32	228	Williams, Garrett	Payson HS	12.40	1.8 2
33	178	Bender, Joshua	Payson HS	12.45	1.4 3
34	202	Jones, Jarrett	Payson HS	12.50	1.8 2
35	188	Espinoza, Bryan	Payson HS	12.69	1.1 4
36	246	Caras, Collin	Salem Hills HS	12.82	0.6 5
36	204	Knapp, Tyler	Payson HS	12.82	1.0 6

**Region 10 Championships - 5/9/2018 to 5/10/2018****Orem High School****Results - Wednesday****....Boys 100 Meter Dash**

38	397	Peterman, Kimball	Spanish Fork HS	12.92	0.6	5
39	334	Ashworth, Samuel	Spanish Fork HS	13.17	1.0	6
40	185	Doty, Aaron	Payson HS	13.92	1.1	4

**Boys 200 Meter Dash**

Name	Year	School	Prelims	Wind	H#	
1	148	Radebaugh, Kam	Orem HS	22.51q	-0.4	1
2	158	Rockey, Trevor	Orem HS	22.81q	-0.8	3
3	11	Dunford, Ian	Lehi HS	23.12q	1.1	6
4	386	Morley, Kimball	Spanish Fork HS	23.15q	1.1	6
5	299	Rogers, Tanner	Salem Hills HS	23.21q	+0.0	5
6	358	Davis, Kaden	Spanish Fork HS	23.58q	+0.0	5
7	95	Carlson, Brett	Orem HS	23.59q	-0.4	1
8	367	Eyere, Dallas	Spanish Fork HS	23.60q	-0.9	4
9	100	Daley, Chris	Orem HS	23.63	1.1	6
10	99	Daley, Ben	Orem HS	23.70	-0.8	3
11	26	James, Logan	Lehi HS	23.90	+0.0	2
11	280	MacArthur, Jacob	Salem Hills HS	23.90	-0.8	3
13	114	Harris, Hunter	Orem HS	24.00	+0.0	2
14	468	Swann, Nathan	Uintah HS	24.03	-0.9	4
15	177	Bateman, Conner	Payson HS	24.16	-0.4	1
16	67	Leavitt, Haden	Mountain View HS	24.21	+0.0	5
17	5	Burr, McKay	Lehi HS	24.39	-0.4	1
18	56	Young, Maoputasi	Lehi HS	24.45	-0.9	4
19	47	Terrell, Jared	Lehi HS	24.46	-0.8	3
19	38	Oustrich, Tyler	Lehi HS	24.46	+0.0	5
21	146	Pedersen, Jake	Orem HS	24.48	1.1	6
21	71	Memott, Gabriel	Mountain View HS	24.48	-0.9	4
23	66	Jensen, Noah	Mountain View HS	24.50	-0.8	3
24	283	Miller, Seth	Salem Hills HS	24.66	+0.0	5
25	471	Tolbert, Landon	Uintah HS	24.78	1.1	6
26	270	Jackson, Kaleb	Salem Hills HS	24.82	+0.0	2
27	366	Eyere, Andre	Spanish Fork HS	24.88	-0.9	4
28	464	Smith, Isaiah	Uintah HS	24.97	-0.4	1
29	233	Barnum, Isaac	Salem Hills HS	24.98	+0.0	5
30	246	Caras, Collin	Salem Hills HS	25.93	+0.0	2
31	188	Espinoza, Bryan	Payson HS	25.97	-0.9	4
32	261	Gardner, Logan	Salem Hills HS	26.22	1.1	6
33	178	Bender, Joshua	Payson HS	26.37	1.1	6
34	204	Knapp, Tyler	Payson HS	26.45	-0.8	3
35	376	Jepperson, Jacob	Spanish Fork HS	26.85	+0.0	5
36	393	Oviatt, Nathan	Spanish Fork HS	26.89	1.1	6
37	185	Doty, Aaron	Payson HS	27.87	-0.9	4

**Boys 400 Meter Dash**

Name	Year	School	Prelims	H#	
1	171	Williams, Brandon	Orem HS	50.87q	1
2	299	Rogers, Tanner	Salem Hills HS	51.30q	2
3	115	Hill, Remi	Orem HS	52.17q	5
4	114	Harris, Hunter	Orem HS	52.87q	2
5	250	Chisholm, Ty	Salem Hills HS	52.90q	4



**Region 10 Championships - 5/9/2018 to 5/10/2018****Orem High School****Results - Wednesday****....Boys 400 Meter Dash**

6	66	Jensen, Noah	Mountain View HS	52.95q	5
7	450	Mortenson, Talon	Uintah HS	53.13q	4
8	47	Terrell, Jared	Lehi HS	53.18q	1
9	200	Johnson, Kasen	Payson HS	53.26	1
10	26	James, Logan	Lehi HS	53.29	3
11	390	Olsen, Tanner	Spanish Fork HS	53.89	1
12	38	Oustrich, Tyler	Lehi HS	54.19	4
13	50	White, Walker	Lehi HS	54.20	4
14	95	Carlson, Brett	Orem HS	54.39	2
15	36	Moody, Jaxon	Lehi HS	54.79	2
16	71	Memott, Gabriel	Mountain View HS	54.92	5
17	98	Dabb, Jacob	Orem HS	55.21	3
18	104	Eggett, Brigham	Orem HS	55.52	5
19	281	McEwan, Dylan	Salem Hills HS	55.77	5
20	228	Williams, Garrett	Payson HS	55.93	1
21	241	Brown, Larson	Salem Hills HS	55.94	2
21	383	Marsigli, Josh	Spanish Fork HS	55.94	3
23	447	Merrell, Liam	Uintah HS	56.06	2
24	421	Briggs, Trey	Uintah HS	56.10	1
25	464	Smith, Isaiah	Uintah HS	56.26	3
26	259	Flinders, Jeff	Salem Hills HS	57.04	4
27	81	Smith, Elijah	Mountain View HS	57.12	4
28	458	Richards, Brett	Uintah HS	57.66	5
29	221	Tingen, Chase	Payson HS	57.79	4
30	77	Parkhurst, Baylor	Mountain View HS	57.93	1
31	118	Jarvis, Brady	Orem HS	58.03	3
32	202	Jones, Jarrett	Payson HS	58.97	1
33	319	Taylor, Addison	Salem Hills HS	59.75	4
34	72	Merchant, Branson	Mountain View HS	1:00.03	2
35	30	Loveless, Kiyana	Lehi HS	1:00.64	3

**Boys 1600 Meter Run**

=====					
	Name	Year	School	Finals	Points
=====					
Finals					
1	161	Spencer, Nathan	Orem HS	4:32.26	10
2	162	Surukey, Jared	Orem HS	4:32.84	8
3	407	Scott, Jordon	Spanish Fork HS	4:34.48	6
4	285	Morgan, Brandon	Salem Hills HS	4:37.74	5
5	84	Standing, Spencer	Mountain View HS	4:40.89	4
6	365	Evans, Wyatt	Spanish Fork HS	4:41.09	3
7	324	VanAusdal, Spencer	Salem Hills HS	4:41.44	2
8	113	Harmon, Kayden	Orem HS	4:42.41	1
9	361	Dedrickson, Garret	Spanish Fork HS	4:44.28	
10	249	Chesnut, Daniel	Salem Hills HS	4:45.36	
11	127	Knight, Taylor	Orem HS	4:45.80	
12	73	Meyers, Braden	Mountain View HS	4:45.98	
13	150	Ramirez, Giovanni	Orem HS	4:47.00	
14	62	Chipman, Trent	Mountain View HS	4:47.07	
15	123	Jones, Ben	Orem HS	4:47.35	
16	339	Beck, Ammon	Spanish Fork HS	4:49.69	
17	24	Howell, Luke	Lehi HS	4:49.93	
18	335	Bailey, Spencer	Spanish Fork HS	4:50.74	
19	330	Wilkey, Carter	Salem Hills HS	4:51.03	

**Region 10 Championships - 5/9/2018 to 5/10/2018****Orem High School  
Results - Wednesday****....Boys 1600 Meter Run**

20	272	Johnson, Tyler	Salem Hills HS	4:51.21
21	263	Griggs, Alexander	Salem Hills HS	4:52.10
22	453	Palmer, Kedric	Uintah HS	4:52.58
23	455	Powell, Davy	Uintah HS	4:52.91
24	19	Hassell, Alex	Lehi HS	4:53.06
25	82	Smith, Isaiah	Mountain View HS	4:55.41
26	59	Bradley, Ethan	Mountain View HS	4:55.82
27	76	Nielsen, Jarron	Mountain View HS	4:57.65
28	179	Bennett, Spencer	Payson HS	4:58.19
29	347	Buckley, Daniel	Spanish Fork HS	4:58.29
30	238	Black, Caden	Salem Hills HS	4:58.74
31	128	Koster, Skyler	Orem HS	4:59.24
32	449	Mixon, Luke	Uintah HS	5:00.10
33	72	Merchant, Branson	Mountain View HS	5:01.25
34	53	Wiltbank, Brecken	Lehi HS	5:02.17
35	392	Olson, Mason	Spanish Fork HS	5:03.48
36	227	Whitney, Dylan	Payson HS	5:10.71
37	18	Guercio, Noah	Lehi HS	5:13.58
38	194	Graymountain, Mile	Payson HS	5:14.83
39	20	Hill, Jackson	Lehi HS	5:21.10
40	25	Hunt, Parker	Lehi HS	5:30.23
41	22	Holmes, Mason	Lehi HS	5:39.64
42	191	Fitzwater, Jackson	Payson HS	5:43.29
43	183	Campbell, Trevor	Payson HS	5:44.19
44	211	Page, Tyler	Payson HS	6:10.02
45	212	Peterson, Tyler	Payson HS	6:10.75

**Boys 110 Meter Hurdles**

=====					
	Name	Year	School	Prelims	Wind H#
=====					
Preliminaries					
1	243		Butler, Jakobi	Salem Hills HS	16.15q +0.0 3
2	96		Correa, Matt	Orem HS	16.21q 0.7 2
3	313		Stastny, Curtis	Salem Hills HS	16.40q 2.4 1
4	384		Moore, Jacob	Spanish Fork HS	16.87q +0.0 3
5	52		Wilford, Justin	Lehi HS	16.89q 0.7 2
6	344		Bradford, Matthew	Spanish Fork HS	16.97q 2.4 1
7	435		Henderson, Kyle	Uintah HS	17.17q 2.4 1
8	209		Nelson, Spencer	Payson HS	17.73q +0.0 3
9	332		Zobell, Zane	Salem Hills HS	18.27 0.7 2
10	419		Barker, Rorik	Uintah HS	18.40 +0.0 3
11	98		Dabb, Jacob	Orem HS	18.77 2.4 1
12	195		Hartland, MarkAnth	Payson HS	18.80 2.4 1
13	359		Davis, McCade	Spanish Fork HS	19.23 0.7 2
14	247		Chandler, Benjamin	Salem Hills HS	19.29 0.7 2
15	79		Schaalje, Mckay	Mountain View HS	19.64 +0.0 3
16	91		Anderson, Jayson	Orem HS	19.72 +0.0 3
17	403		Roberts, Nate	Spanish Fork HS	19.82 2.4 1
18	174		Zollinger, Brock	Orem HS	19.96 0.7 2
19	252		Compton, Sean	Salem Hills HS	20.32 +0.0 3
20	331		Williams, Dallas	Salem Hills HS	20.52 2.4 1
21	311		Spencer, Brandon	Salem Hills HS	21.19 +0.0 3
22	202		Jones, Jarrett	Payson HS	22.96 2.4 1

## Region 10 Championships - 5/9/2018 to 5/10/2018

Orem High School  
Results - Wednesday

## Boys 300 Meter Hurdles

Name	Year	School	Prelims	H#
1	419	Barker, Rorik	Uintah HS	41.60q 3
2	96	Correa, Matt	Orem HS	41.80q 2
3	384	Moore, Jacob	Spanish Fork HS	42.02q 4
4	313	Stastny, Curtis	Salem Hills HS	43.14q 3
5	442	Lawson, Kyler	Uintah HS	43.64q 4
6	52	Wilford, Justin	Lehi HS	43.75q 2
7	242	Burch, Kaleb	Salem Hills HS	44.68q 1
8	67	Leavitt, Haden	Mountain View HS	44.93q 1
9	174	Zollinger, Brock	Orem HS	46.07 2
10	331	Williams, Dallas	Salem Hills HS	46.41 4
11	243	Butler, Jakobi	Salem Hills HS	48.11 4
12	46	Southard, Jaxson	Lehi HS	48.15 2
13	247	Chandler, Benjamin	Salem Hills HS	48.31 4
14	195	Hartland, MarkAnth	Payson HS	48.89 2
15	403	Roberts, Nate	Spanish Fork HS	49.38 1
16	344	Bradford, Matthew	Spanish Fork HS	49.45 2
17	332	Zobell, Zane	Salem Hills HS	49.56 3
18	44	Rowe, Jordan	Lehi HS	49.67 2
19	116	Jacobs, Cameron	Orem HS	49.77 2
20	10	Cockrell, Hunter	Lehi HS	49.96 3
21	209	Nelson, Spencer	Payson HS	50.49 3
22	94	Candland, Levi	Orem HS	52.22 1
23	311	Spencer, Brandon	Salem Hills HS	52.83 4
24	9	Cockrell, Dallin	Lehi HS	1:03.44 4
--	170	Wayman, Zach	Orem HS	DQ 4 ran around hurdles

## Boys 1600 Sprint Medley

School	Finals	Points
Finals		
1 Orem HS 'A'	3:30.13	10
1) 158 Rockey, Trevor	2) 115 Hill, Remi	
3) 148 Radebaugh, Kam	4) 171 Williams, Brandon	
2 Spanish Fork HS 'A'	3:40.37	8
1) 386 Morley, Kimball	2) 358 Davis, Kaden	
3) 390 Olsen, Tanner	4) 365 Evans, Wyatt	
3 Uintah HS 'A'	3:46.93	6
1) 442 Lawson, Kyler	2) 465 Spencer, Rylan	
3) 450 Mortenson, Talon	4) 446 Merrell, Dayton	
4 Salem Hills HS 'A'	3:48.93	5
1) 294 Peterson, Carson	2) 283 Miller, Seth	
3) 280 MacArthur, Jacob	4) 249 Chesnut, Daniel	
5 Lehi HS 'A'	3:54.35	4
1) 56 Young, Maoputasi	2) 5 Burr, McKay	
3) 50 White, Walker	4) 40 Raff, Ryan	
6 Payson HS 'A'	4:06.77	3
1) 179 Bennett, Spencer	2) 177 Bateman, Conner	
3) 200 Johnson, Kasen	4) 203 Judd, Harrison	

**Region 10 Championships - 5/9/2018 to 5/10/2018****Orem High School  
Results - Wednesday****Boys High Jump**

Name	Year	School	Finals	Points	
1	310	Southwick, Dallin	Salem Hills HS	6-00.00	10
2	327	Wallentine, Max	Salem Hills HS	J6-00.00	8
3	435	Henderson, Kyle	Uintah HS	J6-00.00	6
4	176	Argyle, Gideon	Payson HS	J6-00.00	5
5	294	Peterson, Carson	Salem Hills HS	5-11.00	4
6	452	Pace, Payton	Uintah HS	5-09.00	3
7	255	DeHart, Tanner	Salem Hills HS	J5-09.00	2
8	177	Bateman, Conner	Payson HS	J5-09.00	0.50
8	67	Leavitt, Haden	Mountain View HS	J5-09.00	0.50
10	470	Timothy, Logan	Uintah HS	J5-09.00	
11	91	Anderson, Jayson	Orem HS	5-07.00	
--	406	Scott, Hunter	Spanish Fork HS	NH	
--	156	Riggs, Bentley	Orem HS	NH	
--	395	Parry, Koby	Spanish Fork HS	NH	
--	471	Tolbert, Landon	Uintah HS	NH	
--	223	Walker, Calvin	Payson HS	NH	
--	86	Suyama, Nephi	Mountain View HS	NH	
--	316	Tanner, McCoy	Salem Hills HS	NH	
--	109	Frame, Josh	Orem HS	NH	
--	15	Fonnesbeck, Zachar	Lehi HS	NH	
--	370	Graham, Joseph	Spanish Fork HS	NH	
--	90	Alohan, Israel	Orem HS	NH	
--	247	Chandler, Benjamin	Salem Hills HS	NH	
--	209	Nelson, Spencer	Payson HS	NH	
--	287	Nelson, Jacob	Salem Hills HS	NH	
--	393	Oviatt, Nathan	Spanish Fork HS	NH	
--	125	Karr, Ethan	Orem HS	NH	
--	139	Monson, Brody	Orem HS	NH	

**Boys Shot Put**

Name	Year	School	Prelims	
Preliminaries				
1	2	Andersen, Trey	Lehi HS	49-04.50q
2	373	Iketau, Junior	Spanish Fork HS	48-08.50q
3	423	Christensen, Brett	Uintah HS	46-06.00q
4	108	Fiso, Enoch	Orem HS	44-10.50q
5	329	Wilding, Ryan	Salem Hills HS	44-03.50q
6	234	Barnum, Jayden	Salem Hills HS	43-10.00q
7	360	Dawe, Sam	Spanish Fork HS	43-06.00q
8	51	Wilcox, Miles	Lehi HS	43-03.25q
9	126	Kirkby, Austin	Orem HS	42-10.75q
10	231	Ashton, Jex	Salem Hills HS	40-09.50
11	145	Paulson, Brinton	Orem HS	40-09.00
12	244	Caldwell, Tyler	Salem Hills HS	40-04.50
13	42	Rhoades, Bridger	Lehi HS	39-11.25
14	439	Kennicker, Chance	Uintah HS	39-04.50
15	164	Toa, Ryan	Orem HS	37-05.25
16	286	Moser, Ethan	Salem Hills HS	37-01.00
17	23	Hope, Mason	Lehi HS	35-10.00
18	443	Liesik, Carson	Uintah HS	35-09.50
19	410	Trafny, Josh	Spanish Fork HS	35-08.00

**Region 10 Championships - 5/9/2018 to 5/10/2018****Orem High School  
Results - Wednesday****....Boys Shot Put**

20	271	Johansen, Levi	Salem Hills HS	35-07.00
21	180	Blazzard, John	Payson HS	34-08.75
22	207	Meek, Rhett	Payson HS	34-08.50
23	165	Tuimaseva, Peniami	Orem HS	34-06.75
24	440	Kennicker, Chase	Uintah HS	34-02.00
25	370	Graham, Joseph	Spanish Fork HS	32-07.00
26	138	Midzinski, Noah	Orem HS	31-02.00
27	223	Walker, Calvin	Payson HS	31-00.00
28	8	Cobane, Nathan	Lehi HS	29-10.50
29	434	Henderson, Conner	Uintah HS	27-05.50
30	364	Evans, Spencer	Spanish Fork HS	27-04.50
31	469	Tenney, Derek	Uintah HS	26-09.75
32	473	Wallenda, Dallin	Uintah HS	16-10.75

**Boys Shot Put**

=====				
Name	Year	School	Finals	Points
=====				
Finals				
1	2	Andersen, Trey	Lehi HS	49-09.00 10
2	373	Iketau, Junior	Spanish Fork HS	49-08.00 8
3	423	Christensen, Brett	Uintah HS	46-06.00 6
4	51	Wilcox, Miles	Lehi HS	45-05.50 5
5	108	Fiso, Enoch	Orem HS	44-10.50 4
6	329	Wilding, Ryan	Salem Hills HS	44-03.50 3
7	234	Barnum, Jayden	Salem Hills HS	43-10.00 2
8	360	Dawe, Sam	Spanish Fork HS	43-06.00 1
9	126	Kirkby, Austin	Orem HS	42-10.75

**Boys Javelin Throw**

=====			
Name	Year	School	Prelims
=====			
Preliminaries			
1	321	Tribett, Isaac	Salem Hills HS 175-04q
2	129	Legas, Cooper	Orem HS 174-09q
3	145	Paulson, Brinton	Orem HS 153-11q
4	410	Trafny, Josh	Spanish Fork HS 152-06q
5	115	Hill, Remi	Orem HS 151-10q
6	331	Williams, Dallas	Salem Hills HS 145-10q
7	269	Iverson, Mason	Salem Hills HS 144-01q
8	395	Parry, Koby	Spanish Fork HS 141-01q
9	460	Shope, Gavin	Uintah HS 137-02q
10	416	Allen, Corbin	Uintah HS 136-10
11	317	Tarter, Nathan	Salem Hills HS 134-05
12	294	Peterson, Carson	Salem Hills HS 133-05
13	33	McAllister, Landon	Lehi HS 129-04
14	108	Fiso, Enoch	Orem HS 127-08
15	245	Call, Devan	Salem Hills HS 121-11
16	139	Monson, Brody	Orem HS 121-10
17	207	Meek, Rhett	Payson HS 112-00
18	434	Henderson, Conner	Uintah HS 111-10
19	431	Gardiner, Jackson	Uintah HS 109-09
20	180	Blazzard, John	Payson HS 106-00
20	370	Graham, Joseph	Spanish Fork HS 106-00

**Region 10 Championships - 5/9/2018 to 5/10/2018****Orem High School****Results - Wednesday****....Boys Javelin Throw**

22	112	Hammer, Kadin	Orem HS	102-04
23	363	Evans, Brigham	Spanish Fork HS	93-06
24	8	Cobane, Nathan	Lehi HS	88-10
25	473	Wallenda, Dallin	Uintah HS	88-02
26	406	Scott, Hunter	Spanish Fork HS	81-05
27	338	Baum, Kaleb	Spanish Fork HS	53-04

**Boys Javelin Throw**

Name	Year	School	Finals	Points
Finals				
1	129	Legas, Cooper	Orem HS	198-09 10
2	321	Tribett, Isaac	Salem Hills HS	175-04 8
3	115	Hill, Remi	Orem HS	166-00 6
4	410	Trafny, Josh	Spanish Fork HS	162-08 5
5	395	Parry, Koby	Spanish Fork HS	161-02 4
6	331	Williams, Dallas	Salem Hills HS	160-08 3
7	145	Paulson, Brinton	Orem HS	153-11 2
8	269	Iverson, Mason	Salem Hills HS	146-00 1
9	460	Shope, Gavin	Uintah HS	137-02

**Women - Team Rankings - 4 Events Scored**

1) Salem Hills HS	31	1) Orem HS	31
3) Mountain View HS	30	4) Spanish Fork HS	22
5) Lehi HS	21	6) Uintah HS	10
6) Payson HS	10		

**Men - Team Rankings - 5 Events Scored**

1) Salem Hills HS	53	2) Orem HS	51
3) Spanish Fork HS	35	4) Uintah HS	21
5) Lehi HS	19	6) Payson HS	8.50
7) Mountain View HS	4.50		