

### Running Events

\*\* All events will run fastest to slowest

12:30pm	Steeple
12:45	4X100
12:55	1500
1:25	100/110 Hurdles
1:45	400
2:05	100
2:20	800
2:35	400H
2:50	200
3:15	5000
3:55	4X400

\*\*We will roll the schedule if possible

### Throwing Events

\*\*We will roll the schedule if possible

8:30		
Intramural Ring	Discus	Men
Main Ring	Shot	Women
	Javelin	Men
10:30		
Intramural Ring	Disc	Women
Main Ring	Shot	Men
	Javelin	Women
12:30		
Main Cage	Hammer	Men
2:30		
Main Cage	Hammer	Women

### Jumping Events

10:00am	(Pit 1) Long Jump	Women
	(Pit 2) Long Jump	Men
11:30	High Jump	Women
1:00	High Jump	Men
11:00	Pole Vault	Women
2:00pm	Pole Vault	Men
1:00 (Pit 1)	Triple Jump	Women
1:00 (Pit 2)	Triple Jump	Men

\*\*We will roll the schedule if possible



Utah Valley University  
UVU HAL WING Collegiate Invitational

Location: Hal Wing Track and Field  
Date: March 28, 2014  
Gender: Male and Female  
Entry Fee: \$150.00 per gender (\$300.00 for both male and female teams)  
Checks to: Utah Valley University  
Registration: Runnercard.com  
Registration Deadline: REGISTRATION WILL CLOSE. March 26, 2014 at 5:00pm MTS  
Allowed Entries: All College teams and unattached athletes

**Meet Director Contact Information:**

Name: Kirke Adamson - Assistant Coach  
Office Phone: 801-863-6783  
Cell Phone: 801-376-4475  
Email: [Kirke.adamson@uvu.edu](mailto:Kirke.adamson@uvu.edu)

**Note From Meet Director:**

Hal Wing Track and Field  
1200 W 800 S  
Orem Utah 84058

**Parking:**

Park off campus either at West Campus (can accommodate 40 buses) or the Business Resource Center west lot (can accommodate 10 buses).

**Spectator Entry fee:** There will be no Entry Fee for Spectators

**Spectator and Athlete Parking:** Our school will **not** be charging for parking during this meet. Park in the Lot to the south of the Hal Wing Track Facility.