

2023 Cedar JV Track and Field Meet

Friday, April 28, 2022

3:30 PM Start Time

Running events will go girls first then boys

- 1600 Meter Run
- 100 Meter Hurdles
- 110 Meter Hurdles
- 100 Meter Dash
- 4 X 800 M Relay
- 4 X 100 M Relay
- 400 Meter Dash
- 300 Meter Hurdles
- 800 Meter Run
- 4 X 200 M Relay
- 3200 Meter Run
- 200 Meter Dash
- 4 X 400 M Relay

3:30 PM Start Time Field Events

- Boys Javelin then Girls Javelin
- Girls Discus then Boys Discus
- Boys Shot then Girls Shot
- Girls & Boys Long Jump open pit
- Girls & Boys High Jump together (Boys start at 4'10")