Start Time 3:00 pm for Field and Running Events. Open Pit for 60 minutes. Each contestant will be given 3 trials no finals. Starting heights for high jump will be determine at the scratch meet.

\*Athletes are responsible to get in all jumps within the allotted time frame.

 **Field Event Order**

3:00 pm to 4:30

All events 7th then 8th grade will follow each event.

Girls Long Jump

Girls Discus

Boy Shot Put:

3:00 pm

8th Grade Boys High Jump

7th Grade Girls High Jump

4:30-6:00 pm

All events 7th then 8th grade will follow each event.

Girls Shot Put

Boys Long Jump

Boys Discus

4:30

8th Grade Girls High Jump

7th Grade Boys High Jump

**Running Event Order**

All Running events 7th then 8th grade, Girls then Boys order

Mile Run

100m Low Hurdles

100m Dash

400m Run

400m Relay

800m Relay

200m Dash

800m Medley Relay

1600m Medley Relay