Deseret Peak Invitational

Apr 11,2020--Stansbury High School

The track, long jump and high jump are all rubberized track surfaces. The javelin runway is all grass.

The focus of this meet is State Qualifying marks…there are no team trophies or medals. The meet entry fee is $125 per school**. A $100 discount is available if you will staff a field event with competent personnel—yes we very much want your help☺ Let me know at your earliest convenience which event you would like! (Cyprus has Long Jump)**

All events on the track will be seeded (fast to not as fast) timed finals only. Field events will be three trials and 9 to finals where applicable.

Field Events:

Girls’ HJ will open at 4’4” and increment by 2” until 4’8 and then by 1 inch thereafter.

Boys’ HJ will open at 5’4” and increment by 2” until 6’ and then by 1 inch thereafter.

**Minimum marks to be measured:**

Shot: Boys’ 33’ Girls’ 23’

Disc: Boys’ 90’ Girls’ 65’

Jav: Boys’ 110’ Girls’ 75’

LJ: Boys’ 17’ Girls’ 13’

Warm up throws in sector ONLY with the event judge present.

Per a rule change this year: Runway warm up is only allowed in the direction of competition. Help your athletes out by measuring their starting marks.

Per a rule change: Relay exchange zones between relay legs under 400M are 30 Meters in length.

The Weigh Master will be available from 8:30 AM until 9:25 AM under the main bleachers. Failed Implements will be impounded and returned at the conclusion of the event.

We will form a games committee if needed…please be flexible.

The infield is available for warm-ups only and coaches—no spectators please.

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**Order of Events**

9:00 Coaches’ Meeting at the finish line.

9:30 Girls’ Javelin, Boys’ High Jump, Girls’ Long Jump, Girls’ Shot, Boys’ Disc (In flights as appropriate)

(Second sessions of all field events will begin upon completion…)

Track Events: (Girls followed by Boys)

9:45 Medley Relay 1A and 2A (Sticker your anchor leg please.)

4X800 Relay (Sticker your anchor leg please.)

100/110 M Hurdles

100M

4X200 Relay (Sticker your anchor leg please. Volunteer for Exchange Judge☺)

1600M (In Alleys…Sticker your runners)

4X100M Relay (Volunteer for Exchange Judge☺)

400M

300M Hurdles

800M (In Alleys…Sticker your runners)

200M

3200M (Waterfall or Alleys…Sticker you runners)

4X400M Relay (3 turn stagger…Sticker your anchor leg)