

2021 Region 5 Region Championship Race

Place: Layton Commons Park

Date: October 6th

Officials: Gary Hooper

Coaches Meeting: 2:30 pm

Time Schedule: 3:00 Girls JV
3:40 Boys JV
4:20 Girl Varsity
4:50 Boys Varsity
5:30 Awards Ceremony in Amphitheater

Course Length: 3 – 3.1 Miles
(The same as pre-region or pretty close.)

Entries: Please enter your athletes on runnercard.com by Noon on Tuesday, October 5th.

Coaches may run 9 runners in the “Varsity” Region Championship race if desired, but the scoring 7 must be clearly designated on the tag prior to the beginning of the race. **Failure to do so disqualifies athletes from the top finisher of that school down, one for one over the limit of 7. These non-scoring individuals are NOT eligible for individual awards (top 10 medals) or for state qualification as an individual.** It is understood the reason for the option to race an extra individual (or more) is to determine positions for the state meet only on the school team. Please write non-scoring on the tear tag and this will also need to be reported to runnercard before the race begins on Friday or entered before it closes on Thursday.

Specific Instructions for Extra Runners: If you plan on running more than seven in a varsity race please do the following. Create a team for the non-scoring runners. You do not need to put athletes in the team, only create it. On Wednesday, runnercard will move the runners you need to be non-scoring over to the non-scoring team. However, if you do know who is going to be non-scoring before runnercard closes on Tuesday at 1 pm enter them using the non-scoring team. Add them as an athlete in the non-scoring team and sign them up there instead to speed up the process for runnercard on Wednesday.

The screenshot shows the RunnerCard website interface for team registration. At the top, it says "High School-Jr High Web Registration" and "RUNNERCARD.com SERVING CROSS COUNTRY AND TRACK". A navigation bar includes "HOME", "ABOUT", and "CONTACT". A message states "Update to database was successful." The main content area is titled "Teams" and shows "You have 3 teams:" with a list of teams: "Box Elder High School Track", "Box Elder HS Boys", "Cross Country", "Non-Scoring Box Elder HS Boys", and "Cross Country". The "Non-Scoring Box Elder HS Boys" and "Cross Country" entries are circled in red. To the right, there is a "Progress" bar at 100% and a "Your Teams" section listing various teams, with "Non-Scoring Box Elder HS Boys Cross Country" also circled in red. Below that is a "Your Meets" section listing various races. The bottom of the page shows a Windows taskbar with the date and time as 2:29 PM on 9/29/2017.

Timing and Results: Runnercard will be timing the race. Each runner will have a number with a tear tag and a printed label. Runners will pin the numbers to the front of the jersey. Please make sure all labels match numbers before you hand them out.

Qualification for State (From the UHSAA website): 12 teams and the top-6 individuals from non-qualifying teams from each divisional section will advance to the State meet. Regions 5 and 7 will send their odd number finishing teams to section B and their even-numbered finishing teams to section A. Region 6 and 8 would send odd number teams to section A and even-number teams to section B. Region 9 will send odd teams to section A and even number teams to section B. The region splits will alternate each year. (At least the last time I checked.)

<https://www.uhsaa.org/Publications/Handbook/SportSections/CrossCountry.pdf>

Awards: Medals will be awarded to the top 10 finishers in the varsity and JV races. The winner of the region trophy will be determined by the team scores in the varsity race. The awards ceremony will take place at the amphitheater.

Course Assignments:

Adults should be stationed at the following places. These places are the same ones you had at pre-region. We will also have BEHS cheerleaders there to assist in making sure no one is

- **South gate - Viewmont**
- **North gate - Woods Cross**
- **Road Crossing - Bountiful**
- **Corner - Bonneville**
- **Parking lot entrance - Box Elder**
- **Parking lot entrance - Northridge**

Helpers: Each School needs to provide 2 helpers for the meet. Responsibilities of the helpers are to be stationed where they were at the Preregion meet. We will also need one adult at the finish line from each school as well to help with kids who are falling over at the finish line. We have BEHS cheerleaders to help pull tags for results. Coaches will be responsible for instructing helpers of what their responsibility is.

Water: Please bring your own water and cups.

Parking: Use Layton High School Parking Lots for spectator and bus parking. The parking lots by the surf and swim and city buildings need to be for patrons and employees visiting those areas. Please pass this onto your parents and bus drivers.

Clean-Up and Garbage: Please pick up all garbage where your team camp was. I will try to remember to bring garbage bags for everyone but please bring one yourself.

Course Markings: We will try to run the course like we did at Pre-Region. Region 1 will be using the course the day before and have said they will leave up their flags for us to use. If help is needed to mark the course we will ask you to help mark the same part you did before.

If you have any questions. Feel free to contact us at jeffrey.rawlins@besd.net