**UTAH COUNTY**

**TRACK & FIELD**

**2012 INVITATIONAL**

Mountain View High School will host this state qualifying meet on Friday April 20th and Saturday April 21st. This past summer, Atlas Track Co. put in a new polyurethane upgraded surface. Only ¼” spikes, or shorter will be allowed on all track surfaces. Registration will be completed by Wednesday April 18th at 11:59pm on runncard.com. Registration fees are $75 per team (girls or boys), $150 per school, or $10 per athlete, and $16 per relay. Athletes will be allowed to compete in 4 events including relays. Only register 1 relay team per school, and 5 entries per event. Top 3 athletes receive a medal, along with each member of the top relay team, (top 6 places receive a T-shirt). Trophies will be awarded to the top 2 girls and boys teams. Scoring will be the top 8 finishers in all events. In all lane races (400m down) we will have preliminary heats with the top 8 finishers, regardless of heat advancing to the finals. The distance races will be a seeded final. The top 9 athletes in the field events will advance to the finals (3 preliminary trials and 3 additional attempts in finals). Please enter fully automated times and marks into registration for seeding purposes.

**\*The pole vault will not be contested**.\*

All spectators 12 and up will be charged $1 admission. Coaches’ passes will be honored.

Along with the track, all long jump runways and the high jump surface are new. Javelin will be a grass approach, shot put and discus rings are cement. The following are minimum marks-

Long Jump (G)- 12’, (B)- 17’

Shot Put (G)- 28’, (B)- 35’

Discus (G)- 75’, (B)- 110’

Javelin (G)- 60’, (B)- 115’

High Jump starting height (G)- 4’7, (B)- 5-6’ and will be raise 2” each time depending on remaining athletes and/or 1” depending on each classification’s state qualifying standard.

Please let me know if you are planning on competing and would like to help out in any way.

Thanks,

Coach Mike Hunter

[mhunter@alpinedistrict.org](mailto:mhunter@alpinedistrict.org)

School- 801-227-2400 ext 153

Cell-801-602-8624

**Schedule:**

All running events will start with girls followed by the boys.

Friday April 20th- Start time 3:30pm

1600m (Finals)

100/110m Hurdles

100m

400m

300m Hurdles

200m

Field Events-

Long Jump- Girls, High Jump- Boys, Shot Put- Girls, Discus- Boys, Javelin- Girls

Saturday April 21st- Start time 9am

3200m (Finals)

100/110m Hurdles

100m

400m

4x100m Relay

300m Hurdles

800m (Finals)

Medley Relay

200m

4x400m Relay

Field Events-

Long Jump- Boys, High Jump- Girls, Shot Put- Boys, Discus- Girls, Javelin- Boys