**Red Rocks Invitational**

**Grand County High School**

**Saturday, March 10th**

**Running Events Field Events**

9:00am 9:00 am

Finals Girls Discus

3200M Girls/Boys Boys shot

100M Hurdles Girls Boys Javelin

110M Hurdles Boys Girls Long Jump

100M Girls/Boys Boy’s High Jump

400M Girls/Boys

4X100M Relay

Lunch Break

**Running Events Field Events**

1:00pm 1:00 pm

Finals Boys Discus

1600M Girls/Boys Girls Shot

300M Hurdles Girls/Boys Girl’s Javelin

800M Girls/Boys Boys Long Jump

Medley Relay Girls/Boys Girls High Jump

200M Girls/Boys

4X400 Relay-Girls/Boys

(unlimited participants per event-4 events per individual, counting relays)

Coaches meeting will be at 8:30.

Teams need to register their athletes on runnercard.com before Friday March 9th 9pm.

All events will be timed finals.

Field events will be four tries no finals.

Medals to the top four placers and the top relay team.

Trophies to the top two teams.

Cost: $75 each team; $150 for both teams. $5 per athlete for teams under 10 participants.

There will be concessions and a coach’s hospitality room at lunch.