**HHS JV 2023**

**Track and Field Meet**

**2:00 PM Start Time**

Running events will go girls first then boys

1600 Meters

100 Meters Hurdles

110 Meter Hurdles

100 Meters Dash

4 X 800 M Relay

4 X 100 M Relay

400 Meter Dash

300 Meter Hurdles

800 Meter Run

4 X 200 M Relay

3200 Meters

200 Meter Dash

4 X 400

2:00 PM Start Time

Field Events

Boys Javelin then Girls Javelin

Girls Discus then Boys Discus

Boys Shot then Girls Shot

Girls & Boys Long Jump open pit

Girls & High Jump together (Boys start at 4’10”)