**Region Schedule 2019**

**Field events begin at 3:00**

**Track events begin at 3:30**

**Wednesday** **Thursday**

Girls 1600 m Run Final Girls 4 X 100 m Relay Final

Girls 100m Hurdles Prelims Boys 4 X 100m Relay Final

Boys 110m Hurdles Prelims Girls 3200m Run Final

Girls 100m Dash Prelims Girls 100m Hurdles Final

Boys 100m Dash Prelims Boys 110m Hurdles Final

Boys 1600m Run Final Girls 100m Dash Final

Girls 400m Dash Prelims Boys 100m Dash Final

Boys 400m Dash Prelims Boys 3200m Run Final

Girls 300m Hurdles Prelims Girls 400m Dash Final

Boys 300m Hurdles Prelims Boys 400m Dash Final

Girls 200m Dash Prelims Girls 300m Hurdles Final

Boys 200m Dash Prelims Boys 300m Hurdles Final

Girls Medley Relay Finals Girls 800m Run Final (2 heats)

Boys Medley Relay Finals Boys 800m Run Final (2 heats)

Girls 200m Dash Final

Boys 200m Dash Final

Girls 4 X 400m Relay Final

Boys 4 X 400m Relay Final

Field Events (3 attempts, top 9 to finals)

**Wednesday**

**Thursday**

Boys High Jump

Girls Long Jump

Girls Shot Put

Boys Discus

Girls Javelin

Girls High Jump

Boys Long Jump

Boys Shot Put

Girls Discus

Boys Javelin