

MORGAN INVITATIONAL
STATE QUALIFYING TRACK and FIELD MEET
April 27, 2019

PLACE: Morgan High School Track Stadium: Morgan High School, 240 East Young Street, Morgan Utah 84050

AWARDS: Individual medals for places 1-2-3-4-5-6. Trophy for Top Boys & Girls teams

Entry Fee: \$5 per athlete per event and \$20 for each relay. (\$75 maximum per team or \$150 per school.)

SURFACE: Rubberized track, please use only ¼” (or shorter) pyramid spikes. Shot Put and Discus rings are concrete. Javelin runway is grass. High Jump and Long Jump runways are rubberized surface.

REGISTRATION & RESULTS: www.runnercard.com

General Meet Information:

1. **E-mail us at bfuller@morgansd.org if you are interested in attending the meet.** Enter all entries on runnercard.com by **Thur April 25th @ 6 pm**. Athletes must check in prior to all events and receive heat and lane assignment in the bullpen. Field event athletes must check in with the event judge.
2. All throwing implements will be weighed and certified according to the NFSHA rules. Javelins must be the IAAF Javelin.
3. Automatic timing system will be used for all races (timed finals).
4. Individual entries are limited to four events per athlete; 5 participants per event and 1 relay team per event.
5. Throwers and Jumpers will be allowed three tries (top nine to finals).
6. Schools should dress prior to arrival. Locker room will not be available; restrooms are available.
7. Questions concerning the meet should be directed to Bryan Weir at bweir@morgansd.org or Brennen Fuller: bfuller@morgansd.org

More information on page 2

MORGAN RIDLEY'S INVITATIONAL

April 27, 2018

8 am Implement Weigh-in

8:30 am Coaches meeting

Schedule of Events

Running Events: 9 am

4 x 800m Relay

3200 m

100m/110 m Hurdles

100 m

1600m

4 x 100m Relay

400 m

Exhibition Event – Special Olympics 50m dash

300 M Hurdles

800 m

200 m

Medley Relay

4 x 400 m Relay

*All running events will go girls first then boys.

*5 participants per event and 1 relay from each school per event.

Each athlete is allowed only 4 events.

Field Events: 9 am

Boys Shot (35 ft. minimum)

Boys High Jump (starts at 5'4")

Girls Long Jump(12 ft. minimum)

Girls Discus (60 ft. minimum)

Girls Javelin (60 ft. minimum)

Field Events: Starting at 12:00pm

Girls Shot (25 ft. minimum)

Girls High Jump (starts at 4'0")

Boys Discus (80 ft. minimum)

Boys Javelin (80 ft. minimum)

Boys Long Jump (17 ft. minimum)

We will measure at least one mark if it is close to the mark.

We are excited to have you come to our meet!

Bryan Weir – bweir@morgansd.org

Brennen Fuller - bfuller@morgansd.org