2022 JV Region 3 Championships Schedule

Start time – 3:00

Where – Copper Hills High School

Order of track events

* 4 x 800 m Relay
* 100 m/110 m Hurdles
* 100 m Dash
* 4 x 200 m Relay
* 1600 m Run
* 4 x 100 m Relay
* 400 m Dash
* 300 m Hurdles
* 800 m Run
* 200 m Dash
* 3200 m Run
* 4 x 400 m Relay
* High Jump (girls than boys)
* Long jump (boys than girls)
* Shot Put (girls than boys)
* Discus (boys than girls)
* Javelin (girls than boys)
* Pole Vault (Combined)

Field Events Assignments

* Pole Vault Coaches – Pole Vault
* Riverton – Long Jump
* West Jordan – High Jump
* Bingham – Discus
* Mountain Ridge – Javelin
* Riverton - Shot Put
* All Schools – Exchanges and Hurdles