## **Centennial Invitational**

Hosted By:

## Centennial Track & Field

## Field Of Dreams – Las Cruces, NM Saturday March 10, 2018

The Centennial Invitational is a State-Qualifying meet. There will be <u>Two</u> divisions of Boys and Girls: Varsity and JV. The running events are Seeded Finals Only. The field events will begin promptly by the schedule provided. Athletes must check-in at the site when clerk calls. The schedule for running events will be run as per the schedule provided.

Rules: NMAA and National Federation rules will apply.

Scoring: Only Varsity will be scored- Individual Events 7-5-4-3-2-1, Relays 10-8-6-4-2-1

TIMING: F.A.T System

Running Event Order: JV then Varsity Field Even Order: Varsity then JV

**Uniform:** Please ensure that athletes are in compliance with uniform and jewelry rules.

**Spikes:** Short spikes (1/4) or less are required.

Go Marks: Use tennis balls, rubber throw downs or tape to mark track or runways. Anyone marking with

spikes will be disqualified. **Blocks:** will be provided.

#### **Entry Format:**

Varsity- 3 entries per team per event, 1 relay per event, per team.

JV- 4 entries per team for all other events not listed above, 1 relay per team

Entries will be accomplished using Runnercard – (www.runnercard.com). All entries are due by Thursday, March 8, 2017 at 8 P.M.

#### NO LATE ENTRIES WILL BE ACCEPTED!!!

A **contestant may enter a maximum of 5 events**. Not more than 4 may be track events or nor more than 4 may be field events. No more than three of the four running events may be 800 meters or longer.

\*In the situation where confliction of events occurs with the entries of an athlete, running events will take precedence over field events. Every reasonable attempt will be made to allow for athletes to be able to participate due to the distance they must travel between the running/jumping and throwing areas, however running events will run on time, no delays. If an athlete will be participating in a both running/jumping & throwing event, arrangements can be made for them to take all of their throws/jumps out of order in order to make the running events.

Field Events & Jumps: JV will get 4-attempts; Varsity will have 3-prelims and 3-finals (top 7 to finals).

Pole Vault: Varsity Boys (8'6") then Varsity Girls (6'6") then both JV will be run together with an opening height of 7'6" and 5'6"

High Jump: Boys Varsity and JV will be run together with an opening height of  $-5^{\circ}2''$ 

High Jump: Girls Varsity and JV will be run together with an opening height of  $-4^{\circ}2^{\circ}$ 

**Scratches:** Are from **8:00-8:30AM**. Coaches meeting will begin at 8:15 A.M. in the field house located at the north end of the stadium. Scratches for the running events can be made at that time. Scratches for the field events may be made at that time or will be made at the event site. There will be no adds, only scratches. You will not be allowed to add or replace an athlete the day of the meet just scratch.

**Weigh-ins** – will be held in the field house located on the north side of the stadium in front of the East Locker room entrance. **All implements must** be marked before they can be thrown in competition. **Any** implements not making weigh-ins will be confiscated and may be picked up after the completion of the event from Coach Acosta.

\*\* Throwing events (Shotput, Discus and Javelin) are located NE of the stadium on the soccer fields. Access to them by foot is located at NE end of the East parking lot.

Access to Running and Jumping Events: Access via use of entry gate to field located at the NW end of stadium. This is the only entry point to the field. *DO NOT JUMP FENCE IN FRONT OF STANDS*. All parents and spectators <u>MUST</u> remain in the stands. Violators will be escorted off the competition field and possible disqualifications may result. Please help us to observe this requirement as per the Field of Dreams management.

**Check-in:** Running events-Athletes will report to the starting line. Field Events -at the site of competition

Warm-Up: (marked off with flags.) Athletes are only allowed in this area for warm-ups. We will have marshals in this area to announce the call for events. The NORTH end playing field is a no-use area.

**Parking**: All spectators must park in the West parking lot. Please park buses in the designated bus zone located at north end parking lot, east of the mobile home on the Field of Dreams Complex grounds. Only workers and the Head Coaches will be allowed to park in the officials parking area located behind the field house inside the gated area.

Entry to Facility: All athletes, coaches and spectators will enter in the Northwest stadium entry gate.

**Tents:** MUST BE AT TOP OF WEST BLEACHERS ONLY!! Please help us observe this requirement to allow for the parents and others attending to be able to able to view the events. We would appreciate it very much if you would keep your team camps in the bleacher area and keep them clean. We will provide trash bags if you need them. Thank you very much for your help on this. Welcome to our meet!

**Awards:** 1st & 2nd place team trophies will be presented for Varisty Boys & Girls divisions. 1st - 3rd place individual and relays will be awarded medals. The awards may be picked up in the press box at top of the west bleachers after the event results have been announced. Results will be posted on runnercard at the conclusion of the meet.

\*Coaches: Please check your athlete's marks before leaving the track meet. This can be done at the press box during and after the meet.

Concession Stand: will be available.

**Reminder** – It is now the *coach's responsibility to register their state qualifiers*. Please check with the meet official in the press box to verify that all of your qualifying athletes are documented on the NMAA State Qualifying form that will be faxed to the NMAA following the meet by the host team.

#### **Meet Director Contact Information:**

Name: Frankie Benavidez
Phone: 575-312-9350 Email: centhawkstrack@gmail.com

## **Centennial Invitational**

9:00 A.M. RUNNING EVENTS

3200 Meter Run

**400 Meter Relay** 

100-110 Meter Hurdles

100 Meter Dash

800 Meter Run

800 Meter Relay

400 Meter Run

Lunch Break 30 minutes

1600 Meter Run

## 300 Meter Hurdles

## **1600 Meter Medley Relay**

### 200 Meter Dash

## 1600 Meter Relay

# FIELD/JUMPING EVENTS Varsity will be 3-Prelims & 3-Finals JV-will have 4-jumps or 4-throws, NO Finals!

#### 9 A.M. Start Time

**West Sand Pit:** 

Girls Long Jump followed by Girls Triple Jump

Girls High Jump followed by Boys High Jump

Pole Vault

#### **East Sand Pit:**

Boys Long Jump followed by Boys Triple Jump

9:00 A.M.

Shot Put, Discus, and Javelin will start as follows and will rotate immediately after each group finishes each event.

**Shot Put:** Boys Varsity *followed by Boys* JV *followed by* Girls Varsity *followed by* Girls JV. **Discus:** Girls JV *followed by Boys* Varsity *followed by* Boys JV *followed by Girls* Varsity. **Javelin:** Girls Varsity *followed by* Girls JV followed *by Boys* Varsity *followed by* Boys JV.

**Scratch Lines:** 

Discus: JV Boys: 100', V-Boys: 120'

JV-Girls: 60', V-Girls: 80'

Shot Put:JV-Boys 30', V-Boys: 35'

JV-Girls 20', V-Girls: 25'

Javelin: JV-Boys 80', V-Boys 120'

JV-Girls & V-Girls 60'

#### **WORK ASSIGNMENTS:**

Onate- high jump, javelin

Cruces- discus, Relay Exchanges

Mayfield- girls Triple Jump & Long Jump, Shot Put,

Centennial- Pole Vault, boys long jump, and boys triple jump

\*All attending High Schools will assist with HURDLE race set up and take down please.