**Riverton/Lander DualTrack Meet**

**April 23, 2019**

**Order of Events**

 **2:00 PM Field Events & 3200m Begins**

 **3:00 PM Running Events Begin (TIMED FINALS)**

|  |  |  |  |
| --- | --- | --- | --- |
| **EVENT** |  |  |  |
| 3200 M Run | 2:00 pm | Finals | Girls |
| 3200 M Run | 2:00 pm | Finals | Boys |
| 100 M IH  | 3:00 pm | Finals | Girls |
| 110 M HH |  | Finals | Boys  |
| 100 M Dash |  | Finals | Girls |
| 100 M Dash |  | Finals | Boys |
| 1600 M Run |  | Finals | Girls |
| 1600 M Run |  | Finals  | Boys |
| 400 M Relay |  | Finals | Girls |
| 400 M Relay |  | Finals | Boys |
| 400 M Run |  | Finals | Girls |
| 400 M Run |  | Finals | Boys |
| 300 M LH |  | Finals | Girls |
| 300 M IH |  | Finals | Boys |
| 800 M Run |  | Finals | Girls |
| 800 M Run |  | Finals | Boys |
| 200 M Dash |  | Finals | Girls |
| 200 M Dash |  | Finals | Boys |
| Senior Recognition |  |  |  |
| 1600 M Relay |  | Finals | Girls |
| 1600 M Relay |  | Finals | Boys |
|  |  |  |  |

**Field Event Information**

Pole Vault: Boys followed by Girls

Long Jump: Boys followed by Girls

Triple Jump: Girls followed by Boys

High Jump: Boys followed by Girls

 Shot Put: Boys followed by Girls

Discus: Girls followed by Boys