JV Region 3 Championships @ Riverton

Riverton High School

May 15, 2018

**Running Events** **Field Events (Open Pit)**

**3:00 PM** **3:00 PM**

100m /110m Hurdles Long Jump – 3:30

100 m Dash Shot Put – North End: 3:30

1600m Run Discus - South Field: 4:30

4 X 100 m Relay Javelin – South Field: 3:30

400 m Dash High Jump – 3:30

300 m Hurdles Pole Vault – 3:30

800 m Run

Medley Relay

200 m Dash

3200 m Run

4 X 400 m Relay

**Field Event Assignments:**

Pole Vault Coaches – Pole Vault

Riverton – Long Jump

Taylorsville – High Jump

Herriman – Discus

Copper Hills – Javelin

West Jordan - Shot Put

All Schools – Exchanges and Hurdles