RIVERON, PLESANT GROVE, WEST LAKE TRI-MEET

Riverton High School

March 18, 2015

**Running Events** **Field Events (Open Pit)**

**3:30 PM** **3:30 PM**

100m /110m Hurdles Long Jump

100 m Dash Shot Put – North End

1600m Run Discus

4 X 100 m Relay

400 m Dash

300 m Hurdles **4:30 pm**

800 m Run Long Jump

Medley Relay Javelin - South Field

200 m Dash High Jump

3200 m Run

4 X 400 m Relay