

Order of Events

Thursday

3:00 Girls Discus Boys to follow
Girls High Jump Boys to follow
Boys Javelin Girls to follow
Boys Shot Put Girls to follow
Boys Long Jump Girls to follow

3:00 Girls 100 M Hurdles
Boys 110 M Hurdles

Girls 100 M Dash
Boys 100 M Dash

Girls 1600 M Run
Boys 1600 M Run

Girls 4x100 M Relay
Boys 4x100 M Relay

Girls 400 M Dash
Boys 400 M Dash

Girls 300 M Hurdles
Boys 300 M Hurdles

Girls 800 M Run
Boys 800 M Run

Boys & Girls Medley Relay (run together)

Girls 200 M Dash
Boys 200 M Dash

Boys & Girls 3200 M (run together)

Girls 4x400 M Relay
Boys 4x400 M Relay

Athletes should report to the starting line or their respective field event by first call.

Starting Heights

Girls High Jump	4-04
Boys High Jump	5-04
Girls Pole Vault	6-00
Boys Pole Vault	8-00

Other Field Events

4 throws and jumps, no finals (as coaches we will decide at the beginning of the meet if we need to limit the events to 3 throws and jumps if there are too many entries)