***Las Cruces High School Cross Country Meet***

***October 7, 2017***

**Place of Event:** Onate High School

**Starting Time:** 930 AM

**Coaches Meeting:** 9:00 AM (Portable located by track)

**Presentation of Colors:** 9:15 AM

**Contact Info**

Coach Fornear 575-639-0909 (General Questions)

wfornear@lcps.net

Coach Burt. 575-496-3056(Technical Questions, Runner Cards ect.)

mburt@lcps.net

**Course Description:** The course consists of grass, pavement, dirt, and some sand.

**Divisions:**

Girl Varsity (7 limited) 9:30 AM start-- after that, a rolling schedule

Boys Varsity (7 limited)

Open Girls (unlimited)

Open Boys (unlimited)

**Awards:** Top ten individual boys’ and girls’ varsity

Top Five individual boys and girls OPEN

TEAM MEDALS 1st and 2nd Boys and Girls Varsity

TEAM MEDALS 1st-5th for Open Boys/Girls 1st Place TEAM

MEDALS (must run a Varsity in order to get Open Team

Trophy)

**NOTE:** All individual medals will be given at the finish line at the end of the shoot. In addition, once a division has been scored team scores will be posted and TEAM MEDALS give to the COACH.

**Meet Requirements:** You **need** to sign up at [http://runnercard.com](http://runnercard.com/)

You may have to set up an account if you do not have one. It is free. If you have any questions, feel free to contact me.

Please include all potential runners to limit changes the day of the race. Entries are due by **October 5th**. We will be using **BOTH** a card system and the HYTEK software for the meet. You will be given ***bar codes*** for each of your runners to put on their cards after the races. **PLEASE** make sure you or your runners turn their cards into the scores table after the race in the time limit: failure to do so will result in **disqualification of your team.**

Kona Ice will be on site if the kids with to make purchases with CASH prices are $3.00, $4.00, and $5.00. A portion of the purchase will be given to the Las Cruces High School Cross Country Team.

