Tongue River IXL Ranch Invitational Saturday – September 22nd, 2018 Event Instructions

MEET DIRECTORS: Steve Hanson (HS), Tim Maze (HS), Jeff Jones (MS)

SPECIAL INSTRUCTIONS:

- Course Location: Race begins at TRHS Football Field and follows the bank of Tongue River to the IXL Ranch west of Dayton looping back and returning to the Football Field finish line.
- Restrooms available at Football Stadium.
- Water Tables will be provided on site at the stadium.
- Awards (Shirts) will be given at the completion of each division race.
- Results will be available following the completion of the meet via RunnerCard.

AWARDS:

Varsity Individual Awards (1st – 10th) – T-Shirts Middle School Individual Awards (1st – 10th) – T-Shirts

SCORING:

A <u>team</u> shall consist of seven runners with a minimum of five. The first five finishers of each team will score points according to the places in which they finish. No Team Awards will be awarded. All runners may compete for individual awards. For "team scoring" only teams with 5 runners will be scored.

ENTRIES:

Enter all runners for all races at www.runnercard.com by 6:00 p.m. on Thursday – September 20th. Changes after this time can be made at check in on Saturday. Each team may enter more than seven in any given race. Scoring for varsity races will follow the above procedure. Any runners above #7 for their team can qualify for individual awards but will be considered a non-team runner.

ORDER OF RACES AND STARTING TIMES:

(Runners will be given 30 minutes to complete the race, at which time the next race will start.)

12:30 PM Course Open for Warm-Up

1:00 PM Junior High Girls 1:30 PM Junior High Boys 2:00 PM Varsity Girls 2:30 PM Varsity Boys

FINISH LINE INSTRUCTIONS:

Coaches need to check the labels for every runner. Please include the runner's full name and school. It is important to make sure that each runner has a label before he/she begins the race. This keeps us organized and speeds up the finish line process.

ATTENTION COACHES:

To facilitate the meet and scoring please remember to check that the runner's full name & school name is on the label. Failure to do so may disqualify the runner from the race.

Unofficial results will be posted at the meet site as soon as possible. Official results will be available after the awards ceremony available on Runner-Card.

HOSPITALITY & CONCESSIONS:

Rolls and Coffee will be provided for Coaches and Workers in the Concession Storage Garage. Concessions will be available at the event.

BUS PARKING:

Bus Parking will be in lot next to TRHS Shop & Green House areas.

Please Pick Up Team Area Before Departing - Thank You

^{*}Note – if middle school numbers are low in each division we will run both boys and girls together & schedule will move up.