**2019 Cobre Invitational**

Thursday, April 18, 2019

Cobre High School

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**Rules:** NMAA and National Federation rules will apply.

**Scoring:** Individual Events 7-5-4-3-2-1; Relays 10-8-6-4-2-1.

**Timing:** A Fully Automated Timing (FAT) system will be used.

**Starting Times:** Field Events will start at 3:00pm; Running Events will start at 4:15pm. Spikes: ¼ inch spikes or smaller.

**Blocks:** will be provided.

**Entries:** Each individual event is allowed 4 athletes; for relay events, 1 relay team allowed.

We will be using Runnercard.com for entries; Entries are due by Wednesday, April 17, 2019 at 8:00pm. **NO LATE ENTRIES!**

**Entries per athlete:** An athlete is allowed a maximum of 5 entries; no more than 4 may be running events and only 4 may be field events. No more than three of the four running events may be 800 meters or longer.

\*In the situation where conflict of events occurs with the entries of an athlete, running events will take precedence over field events. If an athlete will be participating in a both running/jumping & throwing event, arrangements can be made for them to take all of their throws/jumps out of order so that they are able to make the running events.

**The scratch meeting** will be from 2:00pm – 2:30pm in the small gym located on the north side of the track. **The coaches meeting** will follow at 2:30pm in the same place.

**Implement weigh-ins** will be located on the side of the small gym, north of the track. **Shot-put and discus** are located south of the field behind the scoreboard. **Javelin** will be located on the field. **Long and triple jump** is located on the north side of the field and **pole vault and high jump** are located on the south side of the field.

**Scratch lines will be used.** Shot-put will be 25’ for boys and 20’ for girls. Discus will be 80’ for boys and 60’ for girls. Javelin will be 80’ for boys and 60’ for girls.

**Awards**: 1st, 2nd, and 3rd place team trophies will be awarded. For individual events and relays 1st through 3rd place will receive medals.

There will be a **concession stand**.

**Results:** Results will be posted by the concession stand and will be posted to Runnercard.com at the end of the meet.

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**Order of Events**

***( The Event order is Girls followed by Boys unless otherwise stated )***

**Field Events**

**3:00pm**

Javelin (Girls followed by Boys)

Shot-Put (Girls followed by Boys)

Discus (Boys followed by Girls)

Long Jump (Boys followed by Girls)

Triple Jump (Girls followed by Boys)

High Jump (Girls followed by Boys)

Pole Vault

**Field Events** will have 3 attempts with finals

**Shot-put and discus** are located south of the field behind the scoreboard.

**Javelin** will be located on the field.

**Long and triple jump** are located on the north side of the field.

**Pole vault and high jump** are located on the south side of the field.

**Results** will be posted by the concession stand.

**Running Events**

**4:15pm:**

1600m Run

Girls 100m Int. Hurdles

Boys 110m High Hurdles

400m Relay (4 x 100)

800m Run

100m Dash

800m Relay (4 x 200)

**\*\*\*INTERMISSION\*\*\***

300m Hurdles

400m Run

1600m Medley Relay (2-2-4-8)

200m Dash

3200m Run

Weight men’s Relay (Time Permitting)

1600m Relay (4 x 400)