2019 Track Meet Schedule

1. All times are approximate.
2. All participants must listen carefully so they do not miss their events.
3. Teachers please bring your radio to relay information to your students.
4. Students must return to their teacher after each event. This reduces confusion on field.
5. **IMPORTANT:** If students are called for a running event while waiting in line for a field event, they must go to the running event and then return to the field event.
6. **OPEN PIT:** IT IS THE ATHLETES RESPONSIBILITY TO GET IN ALL FIELD EVENTS

(JUMPS,THROWS, HITS) WITHIN THE ALLOTTED TIME FRAME.

7**.** **AND ABOVE ALL: GIVE IT YOUR BEST, COMPETE STRONG & HAVE FUN!!!**

OPEN

PIT

6

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MINUTES

|  |  |  |
| --- | --- | --- |
| Time | Running Events | Field Events |
| 9:15 | Girls & Boys 800 meter run | Boys Long Jump; Girls Long Jump |
| 9:30 | Girls & Boys 50 meter dash | Girls Shot-put |
| 9:45 |  | Girls & Boys Softball Throw |
| 10:00 | Girls & Boys 75 meter hurdles |  |
| 10:15 |  |  |
| 10:30 | Girls & Boys 100 meter dash | Boys Shot-put |
| 10:45 |  | Home Run Derby – Girls & Boys |
| 11:00 | Girls & Boys 200 meter dash |  |
| 11:15 |  |  |
| 11:30 | Girls & Boys 400 meter dash |  |
| **LUNCH** | **Lunch Break Approx. 11:45 - 12:15 (field events may run through)** |
| 12:15 | Girls & Boys 50 meter shuttle relay | Ultimate Frisbee (Class vs. Class 6v6) |
| 12:30 | Girls & Boys 400 meter relay (4X100) |  |
| 12:45 | Girls & Boys 800 meter relay (4X200) |  |
| 1:00 | 400 meter mixed relay (Coed 4X100) |  |
| 1:15 |  | Tug-O-War (Class vs. Class 10v10) |
| 1:30 |  |  |
| 2:00 | Clean Up  |  |
| 2:15 | Rewards Ceremony (Time Permitting) |  |
| 2:30 | Load Buses |  |

**Please be responsible for the following clean up assignments** (bag all litter and place in dumpster in parking lot): Infield–**Stout**/Under bleachers–**Jose Barrios**/Between concession stand and bleachers and around outside of track, but inside fence–**Harrison**