**MVA-HP #1 April 30, 2023 Tentative Schedule** .

Check back frequently as the schedule may change, depending on entries.

**Sunday, April 30, 2023**

11:00 a.m. Combined Men’s/Women’s Hammer Throw

11:00 a.m. Women’s Long Jump

11:00 a.m. Women’s Pole Vault

12:00 p.m. Women’s High Jump

**12:00 p.m. Women’s 100 Meter Prelim**

**12:20 p.m. Men’s 100 Meter Prelim**

12:30 p.m. Men’s Shot Put

1:00 p.m. Men’s Long Jump

**1:00 p.m. 100 Meter Women’s Hurdles Prelim**

**1:15 p.m. 110 Meter Men’s Hurdles Prelim**

2:00 p.m. Women’s Shot Put

2:00 p.m. Men’s Pole Vault

2:00 p.m. Men’s High Jump

**2:15 p.m. 110 Meter Men’s Hurdle Final**

**2:30 p.m. 100 Meter Women’s Hurdle Final**

2:30 p.m. Men’s Discus Throw

**2:45 p.m. Women’s 100 Meter Final**

**2:55 p.m. Men’s 100 Meter Final**

3:00 p.m. Combined Mens/ Womens Triple Jump

**3:30 p.m. Men’s 400 Meter**

**3:40 p.m. Women’s 400 Meter**

4:00 p.m. Women’s Discus Throw

**4:00 p.m. 400 Meter Hurdles Women**

**4:15 p.m. 400 Meter Hurdles Men**

**4:30 p.m. Women’s 200 Meter**

**4:40 p.m. Men’s 200 Meter**

5:30 p.m. Combined Men’s/Women’s Javelin Throw