**MVA HP “Born to Run” MEET at CVEATC SUNDAY June 29, 2025**

**TENTATIVE SCHEDULE**

ENTRY DEADLINE IS SATURDAY. 2:00 PM PRIOR TO MEET.

**SUNDAY, June 29, 2025**

10:30 a.m. Seated Para Throws

11:00 a.m. Combined Men’s/Women’s Hammer Throw

11:00 a.m. Women’s Open Pole Vault

11:00 a.m. Women’s Long Jump

12:00 p.m. Women’s High Jump

**12:00 p.m. Women’s 100 Meter Prelim**

 Para/Youth/Masters First Heat

 Open Second Heat

**12:15 p.m. Men’s 100 Meter Prelim**

 Para/Youth/Masters First Heat

 Open Second Heat

12:30 p.m. Men’s Shot Put

1:00 p.m. Women’s Elite Pole Vault (Over 4.20m)

**1:00 p.m. 100 Meter Women’s Hurdles Prelim**

**1:15 p.m. 110 Meter Men’s Hurdles Prelim**

1:00 p.m. Men’s Long Jump

2:00 p.m. Women’s Shot Put

2:00 p.m. Men’s High Jump

**2:15 p.m. 110 Meter Men’s Hurdle Final**

**2:30 p.m. 100 Meter Women’s Hurdle Final**

2:45 p.m. Men’s Discus Throw

**2:55 p.m. Women’s 100 Meter Final**

Para/Youth/Masters First Heat

 Open Second Heat

**3:00 p.m. Men’s 100 Meter Final**

Para/Youth/Masters First Heat

 Open Second Heat

3:00 p.m. Men’s Elite Pole Vault (over 5.20)

**3:30 p.m. Men’s 400 Meter**

3:00 p.m. Men’s/Women’s Combined Triple Jump

**Continued Schedule**

**3:40 p.m. Women’s 400 Meter**

3:45 p.m. Women’s Discus Throw

**4:10 p.m. Women’s 400m Hurdles**

**4:20 p.m. Men’s 400m Hurdles**

**5:00 p.m. Women’s 200 Meter**

5:00 p.m. Men’s Open Pole Vault

5:00 p.m. Combined Men’s/Women’s Javelin Throw

**5:10 p.m. Men’s 200 Meter**