Region 17 Track Meet

Saturday May 9th, 2015
North Summit High School
Coalville, Utah

**Coaches Meeting at 10:30am**We will review the meet, communicate scratches, and any other pertinent topics.

**First event at 11:30am**

**Order of Events** (Track: Girls followed by boys)

**Track Events:**

3200 m Timed Final
100 m H Timed Final
110 m HH Timed Final
100 m Timed Final
4x100 m Relay
800 m Timed Final

**Field Events:**

Long Jump – Girls
High Jump – Boys
Discus – Girls
Javelin – Boys
Shot – Girls

**Track Events:**

400 m Timed Final
300 m H Timed Final
Medley Relay
200 m Timed Final
4x400 m Relay
1600 m Timed Final

**Field Events:**

Long Jump – Boys
High Jump – Girls
Discus – Boys
Javelin – Girls
Shot – Boys

**Participation**Three (3) athletes per event per school.
Four (4) events per athlete.
Please enter your athletes on Runnercard by Friday May 8th at noon. If there are any problems, contact me immediately.

**Scoring**With five teams, scoring for individual events will be 8-6-4-2-1; relays 8-6-4-2.

**Field Event Assignments/Management**Bring your own clipboard, pencil and measuring tape.

Long Jump – Manila
High Jump – Duchesne
Discus – Altamont
Javelin – Rich
Shot – Tabiona

Field Events – open jump/throw for the first 1.5 hours – 3 jumps or throws. Six finalists will be announced for the final round – another 3 jumps or throws.

For finalists, best jump/throw of all six attempts is the “best mark.”

Qualifiers for State:
Individuals top 3
Relays top 2