***Schedule of Events***

Scratch Meeting: 8:15 with Newcastle by the storage shed on East end of track.

Weigh in for shot and discus at 8:15 at storage shed, East end of track by pole vault.

**Field Events Order**

**Shot Put – JH Boys / JH Girls / HS Girls / HS Boys**

           **Discus – HS Girls / HS Boys / JH Girls / JH Boys**

**High Jump – HS Girls / HS Boys / JH Girls / JH Boys**

**Triple Jump – Runway #3- JH Girls / JH Boys**

**Runway #4 – HS Girls / HS Boys**

**Pole Vault – HS Boys / HS Girls / JH Boys / JH Girls**

**Long Jump – Runway #1- JH Boys / JH Girls**

**Runway #2 – HS Boys / HS Girls**

\*NOTE – CHANGES MAY BE MADE DUE TO WEATHER OR WIND FACTORS. WE WILL BE ALLOWING 90 MINUTES FOR EACH DISCUS COMPETITION.  JUNIOR HIGH ATHLETES ARE ALLOWED TO COME AND THROW AT ANY TIME DURING THE 90 MINUTE SESSION.  We will run all JH Girls 100 Hurdles at 30” and all JH Boys 100 Hurdles at 33”.  The 200 Hurdles will all be run at 30”.

**Schedule**

**Field Events 9:00 AM**

Long Jump Boys/Girls

Triple Jump Girls/ Boys

Shot Put Girls/Boys

Discus Boys/Girls

Pole Vault Girls/ Boys

High Jump Boys/Girls

**Running Events 10:30 AM**

**\*Order, unless otherwise noted, will start with 7th grade followed by 8th grade and then HS.**

\*10:00 AM 4 X 800 Relay (HS Girls / HS Boys)

\*10:30 AM 800 Medley Relay (JH Girls / JH Boys)

100 Hurdles JH Girls/HS Girls/JH Boys

110 High Hurdles HS Boys

100 m Dash Girls/ Boys

1600 m Run Girls/Boys

4 x 100 (400) m Relay Girls/Boys

400 m Dash Girls/Boys

Special Presentation

\*Break – 30 minute lunch break after the 400 meter dash unless there is a weather concern.

200 m Hurdles JH Girls/JH Boys

300 m Hurdles HS Girls/HS Boys

800 m Run Girls/Boys

200 m Dash Girls/Boys

3200 m Run HS Girls/HS Boys

4 x 400 (1600) m Relay   Girls/Boys