Bulldog Invitation Track and Field Meet

Friday May 3, 2019

Sundance, WY

Thank you for your participation in the Bulldog Invitational Track and Field Meet. We look forward to hosting the meet in Sundance for the first time. This meet will be a qualifying track meet. We are asking all teams to set up their camps outside of the track and not on the football field. There is a grass area outside the track that you can set your camps on. The cost of the meet is $100 payable to Sundance High School.

Entries: are due May 2 at 8:00 PM. Saturday morning will be scratch and replace no adds. If you have any questions please contact **Jim O’Connor** at 307-283-1007 or oconnorj@crook1.com.

Scratch Meeting: 9:15 (tentatively scheduled for Crows nest)

Implement Weigh In: 9:15 in the bottom of the Crows nest.

Timing System: We will be FAT timed.

**Facilities**:

Surface Area: The track and runways are rubberized, only 1/8 Pyramid spikes or shorter will be allowed.

Rings: The rings are cement.

Team Camps: Are to be set up out side the fence at the track. **No camps on the football field**.

Dressing Facilities: There will be no locker rooms, there are restrooms in the Central Office on the East Side (facing the track) of the building. No one will be allowed in the rest of the building.

Bus Parking: Along the street or over by the pool (East side of track)

**Meet Information**:

All Running Events are Finals

Field Events: We will take 9 to the finals and score 8. In the events that have finals (LJ, TJ, Shot Put, Discus) there will be 3 tries in prelims and 3 in finals.

Each athlete is limited to 4 events.

Weight Relay is Coed, a maximum of 2 boys are allowed per team. We will use a baton. It will count as one of the competitors 4 events. All Contestants must be entered and compete in at least one of the **THROWING EVENTS**.

Awards: We will give medals to top 3 in each event, with the exception of the weight relay. We will have special awards for that event.

Lunch Break: We will take a short lunch break for workers following the 400 while we set up the 300 Hurdles.

 Bulldog Invitational

Order of Events & Time Schedule

**Field Events:**

10:00A.M. These events will immediately follow:

**Boys Pole Vault Girls Pole Vault**

**Girls High Jump Boys High Jump**

**Boys Shot Put Girls Shot Put**

**Girls Discus Boys Discus**

**Boys Long Jump Girls Long Jump**

**Girls Triple Jump Boys Triple Jump**

**10:00A.M. Medley Relay (Girls/Boys)**

**11:30 4x800 Relay (Girls/Boys)**

 **Women’s 100 Meter Intermediate Hurdles**

 **Men’s 110 Meter High Hurdles**

 **100 Meters (Girls/Boys)**

 **1600 Meters (Girls/Boys)**

 **4x100 Meter Relay (Girls/Boys)**

 **400 Meters (Girls/Boys)**

**(Break)**

 **Women’s 300 Meter Low Hurdles**

 **Men’s 300 Meter Intermediate Hurdles**

 **800 Meters (Girls/Boys)**

 **200 Meters (Girls/Boys)**

 **3200 Meters (Girls/Boys)**

 **Weight Relay (400 M Coed)**

 **4x400 Meter Relay (Girls/Boys)**