

2019 Region 4 Championships - 5/8/2019 to 5/9/2019**Pleasant Grove High School****Results - Wednesday****Girls 100 Meter Dash**

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 #	378	Eaton, Maddy	Lone Peak HS	13.31q	-2.5 4
2 #	393	Norton, Elizabeth	Lone Peak HS	13.42q	-5.5 3
3 #	395	Proffit, Brooklyn	Lone Peak HS	13.51q	-2.4 2
3 #	522	Pontius, Brilee	Westlake HS	13.51q	-3.1 1
5 #	396	Richter, Alison	Lone Peak HS	13.56q	-3.1 1
6 #	369	Beus, Mandy	Lone Peak HS	13.81q	-2.4 2
7 #	493	Armenta, America	Westlake HS	13.87q	-3.1 1
8 #	221	Hull, Sydney	American Fork HS	13.91q	-2.5 4
9 #	389	Lord, Victoria	Lone Peak HS	13.94	-5.5 3
10 #	495	Bradley, Madeline	Westlake HS	14.06	-2.4 2
11 #	214	Henley, Shae	American Fork HS	14.13	-2.5 4
12 #	203	Brailsford, Rebek	American Fork HS	14.18	-2.5 4
13 #	322	Weidner, Savannah	Bingham HS	14.19	-5.5 3
14 #	232	Pitcher, Ella	American Fork HS	14.39	-5.5 3
15 #	211	Golightly, Sarah	American Fork HS	14.51	-2.4 2
16 #	300	Miller, Emily	Bingham HS	14.53	-2.5 4
17 #	206	Bryan, Anna	American Fork HS	14.57	-3.1 1
18 #	323	Workman, Shelbie	Bingham HS	14.58	-2.4 2
19 #	315	Smith, Krista	Bingham HS	14.67	-5.5 3
20 #	298	Larson, Danielle	Bingham HS	14.71	-2.5 4
21 #	302	Moore, Lydia	Bingham HS	14.83	-2.4 2
22 #	509	Hill, Mikaylee	Westlake HS	15.03	-5.5 3
23 #	451	Larkin, Fiona	Pleasant Grove HS	15.56	-3.1 1
24 #	461	Severson, Emma	Pleasant Grove HS	16.11	-3.1 1
25 #	452	Lindsay, Hailey	Pleasant Grove HS	18.08	-2.4 2

Girls 200 Meter Dash

Name	Year	School	Prelims	Wind	H#
1 #	207	Edwards, Madeline	American Fork HS	26.22q	0.3 2
2 #	378	Eaton, Maddy	Lone Peak HS	26.32q	0.3 2
3 #	522	Pontius, Brilee	Westlake HS	26.33q	-0.5 1
4 #	369	Beus, Mandy	Lone Peak HS	26.90q	-0.5 1
5 #	395	Proffit, Brooklyn	Lone Peak HS	26.91q	0.3 2
6 #	393	Norton, Elizabeth	Lone Peak HS	27.00q	-0.5 3
7 #	396	Richter, Alison	Lone Peak HS	27.18q	-0.1 4
8 #	203	Brailsford, Rebek	American Fork HS	28.03q	-0.1 4
9 #	322	Weidner, Savannah	Bingham HS	28.18	-0.1 4
10 #	493	Armenta, America	Westlake HS	28.43	0.3 2
11 #	232	Pitcher, Ella	American Fork HS	28.54	0.3 2
12 #	211	Golightly, Sarah	American Fork HS	28.62	-0.1 4
13 #	315	Smith, Krista	Bingham HS	28.72	-0.5 3
14 #	221	Hull, Sydney	American Fork HS	28.77	-0.5 1
15 #	380	Goff, Alexis	Lone Peak HS	28.87	-0.5 3
16 #	300	Miller, Emily	Bingham HS	28.95	-0.5 1
17 #	314	Smith, Eliza	Bingham HS	29.02	-0.5 1
18 #	451	Larkin, Fiona	Pleasant Grove HS	32.32	-0.5 3
19 #	461	Severson, Emma	Pleasant Grove HS	33.32	-0.1 4

2019 Region 4 Championships - 5/8/2019 to 5/9/2019**Pleasant Grove High School****Results - Wednesday****Girls 400 Meter Dash**

Name	Year	School	Prelims	H#
1 # 396 Richter, Alison		Lone Peak HS	58.63q	3
2 # 522 Pontius, Brilee		Westlake HS	1:00.31q	2
3 # 380 Goff, Alexis		Lone Peak HS	1:01.04q	1
4 # 368 Belliston, Ashlyn		Lone Peak HS	1:02.08q	2
5 # 379 Edwards, Rachel		Lone Peak HS	1:02.32q	3
6 # 286 Buening, Sarah		Bingham HS	1:03.32q	3
7 # 231 Orton, Elyse		American Fork HS	1:03.46q	1
8 # 296 Jones, Alison		Bingham HS	1:03.89q	2
9 # 506 Hayes, Reese		Westlake HS	1:03.92	1
10 # 298 Larson, Danielle		Bingham HS	1:04.14	2
11 # 403 Weichers, Emma		Lone Peak HS	1:05.38	1
12 # 302 Moore, Lydia		Bingham HS	1:05.88	1
13 # 401 Tew, Jane		Lone Peak HS	1:06.32	2
14 # 212 Grundvig, Melia		American Fork HS	1:07.04	3
15 # 292 Ely, Allison		Bingham HS	1:08.68	1

Girls 1600 Meter Run

Name	Year	School	Finals	H#	Points
Finals					
1 # 510 Jensen, Abby		Westlake HS	5:04.70	2	10
2 # 391 Meldrum, Mackenzi		Lone Peak HS	5:16.20	2	8
3 # 373 Bybee, Katie		Lone Peak HS	5:16.43	2	6
4 # 406 Winger, Monet		Lone Peak HS	5:16.70	2	5
5 # 390 Mason, Eliza		Lone Peak HS	5:16.73	2	4
6 # 507 Heslop, Emma		Westlake HS	5:16.78	2	3
7 # 564 Pitcher, Makayla		Westlake HS	5:23.64	1	2
8 # 455 McKown, Mya		Pleasant Grove HS	5:26.41	2	1
9 # 399 Smart, Taylor		Lone Peak HS	5:27.62	2	
10 # 218 Hess, Sadie		American Fork HS	5:27.84	2	
11 # 238 Shock, Danielle		American Fork HS	5:29.38	2	
12 # 494 Ballard, Anne		Westlake HS	5:33.76	2	
13 # 299 Margetts, Rachel		Bingham HS	5:35.32	1	
14 # 448 Harbertson, Maken		Pleasant Grove HS	5:37.05	1	
15 # 217 Hess, Madison		American Fork HS	5:38.14	2	
16 # 449 Johnson, Lacey		Pleasant Grove HS	5:38.25	1	
17 # 502 Eismann, Porshe		Westlake HS	5:40.89	2	
18 # 526 Scoresby, Alivia		Westlake HS	5:41.74	1	
19 # 321 Vogler, Baylee		Bingham HS	5:42.86	1	
20 # 293 Galley, Victoria		Bingham HS	5:42.87	1	
21 # 220 Hopkins, Kailey		American Fork HS	5:43.64	1	
22 # 284 Brawand, Marina		Bingham HS	5:44.24	1	
23 # 216 Hess, Mackenzie		American Fork HS	5:46.56	2	
24 # 316 Sorensen, Abby		Bingham HS	5:51.82	1	
25 # 398 Shumway, Julia		Lone Peak HS	5:54.34	1	
26 # 446 Cryer, Becca		Pleasant Grove HS	6:06.40	1	
27 # 289 Child, Chloe		Bingham HS	6:10.03	1	

2019 Region 4 Championships - 5/8/2019 to 5/9/2019

Pleasant Grove High School

Results - Wednesday

Girls 100 Meter Hurdles

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 #	207	Edwards, Madeline	American Fork HS	15.87q	-3.7 3
2 #	395	Proffit, Brooklyn	Lone Peak HS	16.04q	-2.0 2
3 #	385	James, Samantha	Lone Peak HS	16.52q	-2.9 1
4 #	307	Porter, Elise	Bingham HS	16.62q	-2.9 1
5 #	460	Schuenman, Amy	Pleasant Grove HS	17.11q	-2.0 2
6 #	383	Hansen, Alyce	Lone Peak HS	17.77q	-3.7 3
7 #	314	Smith, Eliza	Bingham HS	17.99q	-3.7 3
8 #	295	Johansen, Taylor	Bingham HS	18.03q	-2.0 2
9 #	384	Hartle, Chynna	Lone Peak HS	18.32	-2.9 1
10 #	505	Gregory, Alyssa	Westlake HS	18.40	-2.0 2
11 #	367	Balzen, Kaylee	Lone Peak HS	18.66	-2.9 1
12 #	459	Schaerrer, Covey	Pleasant Grove HS	18.68	-2.0 2
13 #	224	Johnson, Annika	American Fork HS	19.14	-2.9 1
14 #	297	Kowallis, Maren	Bingham HS	19.17	-2.9 1
15 #	205	Briggs, Reagan	American Fork HS	19.20	-3.7 3
16 #	201	Barlow, Micaela	American Fork HS	19.37	-3.7 3
17 #	394	Parker, Gabrielle	Lone Peak HS	19.45	-2.0 2
18 #	499	Davies, Auralee	Westlake HS	20.22	-3.7 3
19 #	209	Gear, Kaitlyn	American Fork HS	21.36	-2.0 2

Girls 300 Meter Hurdles

Name	Year	School	Prelims	H#
1 #	207	Edwards, Madeline	American Fork HS	46.80q 3
2 #	378	Eaton, Maddy	Lone Peak HS	47.54q 2
3 #	385	James, Samantha	Lone Peak HS	49.23q 1
4 #	383	Hansen, Alyce	Lone Peak HS	49.24q 1
5 #	314	Smith, Eliza	Bingham HS	50.77q 3
6 #	312	Salisbury, Cosett	Bingham HS	51.43q 2
7 #	307	Porter, Elise	Bingham HS	51.92q 3
8 #	367	Balzen, Kaylee	Lone Peak HS	53.16q 1
9 #	394	Parker, Gabrielle	Lone Peak HS	55.25 1
10 #	208	Elmont, Cassidy	American Fork HS	55.33 2
11 #	384	Hartle, Chynna	Lone Peak HS	55.45 2
12 #	224	Johnson, Annika	American Fork HS	55.53 1
13 #	205	Briggs, Reagan	American Fork HS	56.05 2
14 #	295	Johansen, Taylor	Bingham HS	56.57 3
15 #	297	Kowallis, Maren	Bingham HS	57.04 3
16 #	209	Gear, Kaitlyn	American Fork HS	1:01.01 1
17 #	499	Davies, Auralee	Westlake HS	1:02.17 2

Girls 1600 Sprint Medley

School	Finals	Points
Finals		
1 Westlake HS 'A'	4:17.69	10
1) #493 Armenta, America	2) #495 Bradley, Madeline	
3) #506 Hayes, Reese	4) #510 Jensen, Abby	
2 Lone Peak HS 'A'	4:21.41	8
1) #402 Watkins, Hannah	2) #379 Edwards, Rachel	

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....Girls 1600 Sprint Medley

3) #368 Belliston, Ashlyn	4) #399 Smart, Taylor		
3 Bingham HS 'A'		4:32.74	6
1) #302 Moore, Lydia	2) #323 Workman, Shelbie		
3) #286 Buening, Sarah	4) #293 Galley, Victoria		
4 American Fork HS 'A'		4:36.70	5
1) #210 Gibb, Lillian	2) #205 Briggs, Reagan		
3) #231 Orton, Elyse	4) #241 Stratton, Brook		
5 Pleasant Grove HS 'A'		4:42.62	4
1) #446 Cryer, Becca	2) #448 Harbertson, Makena		
3) #449 Johnson, Lacey	4) #458 Runnels, Makaila		

Girls Pole Vault

Name	Year School	Finals	Points
1 # 319 Stetler, Hannah	Bingham HS	11-00.00	10
2 # 381 Grimmer, Grace	Lone Peak HS	9-06.00	8
3 # 287 Chapple, Savannah	Bingham HS	9-00.00	6
4 # 317 Spigarelli, Ella	Bingham HS	J9-00.00	5
5 # 213 Hendricks, Shayla	American Fork HS	8-06.00	4
6 # 311 Rollo, Katelynn	Bingham HS	8-00.00	3
7 # 288 Cheek, Kylie	Bingham HS	7-06.00	2
8 # 308 Putnam, Hanna	Bingham HS	6-06.00	1

Girls Long Jump

Name	Year School	Prelims	Wind	H#
Preliminaries				
1 # 207 Edwards, Madeline	American Fork HS	16-01.00q	-2.5	1
2 # 369 Beus, Mandy	Lone Peak HS	15-10.50q	-3.5	2
3 # 505 Gregory, Alyssa	Westlake HS	15-08.00q	-2.6	2
4 # 523 Rigamoto, Mya	Westlake HS	15-05.50q	-3.2	2
5 # 232 Pitcher, Ella	American Fork HS	15-04.00q	-3.6	2
6 # 243 Tilton, Victoria	American Fork HS	15-02.25q	-3.7	2
7 # 495 Bradley, Madeline	Westlake HS	14-08.75q	-4.8	2
8 # 307 Porter, Elise	Bingham HS	14-03.00q	-2.6	1
8 # 319 Stetler, Hannah	Bingham HS	14-03.00q	-4.5	1
10 # 295 Johansen, Taylor	Bingham HS	14-02.25	-4.5	1
11 # 459 Schaerrer, Covey	Pleasant Grove HS	14-01.50	-1.7	2
12 # 377 Christensen, Rile	Lone Peak HS	14-00.75	-3.1	1
13 # 203 Brailsford, Rebek	American Fork HS	13-11.50	-2.7	2
14 # 221 Hull, Sydney	American Fork HS	13-11.00	-4.8	2
15 # 383 Hansen, Alyce	Lone Peak HS	13-10.50	-3.4	1
16 # 453 Loder, Faith	Pleasant Grove HS	13-05.00	-2.5	1
17 # 294 Gold, Sophie	Bingham HS	12-07.00	-3.1	1
18 # 405 Wilding, Sarai	Lone Peak HS	12-06.00	-5.8	1
-- # 370 Boggess, Meredith	Lone Peak HS	FOUL	NWI	2

Girls Long Jump

Name	Year School	Finals	Wind	Points
Finals				
1 # 369 Beus, Mandy	Lone Peak HS	16-04.00	+0.0	10

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....Girls Long Jump

2 #	232 Pitcher, Ella	American Fork HS	16-02.50	-0.6	8
3 #	207 Edwards, Madeline	American Fork HS	16-01.00	-2.5	6
4 #	505 Gregory, Alyssa	Westlake HS	15-08.00	-0.1	5
5 #	523 Rigamoto, Mya	Westlake HS	15-05.50	-3.2	4
6 #	495 Bradley, Madeline	Westlake HS	15-03.75	-1.9	3
7 #	243 Tilton, Victoria	American Fork HS	15-02.25	-3.7	2
8 #	319 Stetler, Hannah	Bingham HS	14-08.00	-2.6	1
9 #	307 Porter, Elise	Bingham HS	14-03.75	0.7	

Girls Discus Throw

Name	Year School	Prelims	H#
Preliminaries			
1 #	283 Allen, Abby	Bingham HS	110-03q 2
2 #	229 Medina, Avangelin	American Fork HS	104-08q 2
3 #	513 Leyva, Ximena	Westlake HS	91-01.50q 2
4 #	519 Pili, Agalelei	Westlake HS	83-02.50q 2
5 #	524 Rigamoto, Tieri	Westlake HS	81-09q 2
6 #	239 Smith, Myah	American Fork HS	76-09q 1
7 #	366 Allen, Hailey	Lone Peak HS	71-03q 2
8 #	236 Roylance, Makenna	American Fork HS	68-09q 1
9 #	202 Belliston, Nicole	American Fork HS	67-09q 1
10 #	503 Endsley, Gwen	Westlake HS	65-04.50 2
11 #	305 Ordyna, Jocelyn	Bingham HS	64-06.50 1
12 #	313 Smith, Addison	Bingham HS	52-06 1

Girls Discus Throw

Name	Year School	Finals	Points
Finals			
1 #	283 Allen, Abby	Bingham HS	110-03 10
2 #	229 Medina, Avangelin	American Fork HS	106-01 8
3 #	513 Leyva, Ximena	Westlake HS	91-01.50 6
4 #	524 Rigamoto, Tieri	Westlake HS	84-03 5
5 #	519 Pili, Agalelei	Westlake HS	83-02.50 4
6 #	366 Allen, Hailey	Lone Peak HS	76-09 3
7 #	239 Smith, Myah	American Fork HS	J76-09 2
8 #	236 Roylance, Makenna	American Fork HS	69-07.50 1
9 #	202 Belliston, Nicole	American Fork HS	67-09

Boys 100 Meter Dash

Name	Year School	Prelims	Wind	H#
Preliminaries				
1 #	491 Wolfgramm, Kobe	Pleasant Grove HS	11.75q -3.7	2
2 #	254 Downing, Devin	American Fork HS	11.79q -2.4	1
3 #	244 Abbott, Boone	American Fork HS	11.89q -2.4	1
4 #	352 Parikh, Avi	Bingham HS	11.93q -1.2	3
4 #	415 Ellis, Porter	Lone Peak HS	11.93q -5.4	4
6 #	330 Demartin, Adriano	Bingham HS	11.97q -1.2	3
7 #	264 Johnson, Logan	American Fork HS	11.98q -3.7	2
8 #	439 Ward, Gavin	Lone Peak HS	12.07q -3.7	2

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9 #	362	Wimmer, Andrew	Bingham HS	12.10	-5.4	4
10 #	473	Hayes, Dylan	Pleasant Grove HS	12.17	-1.2	3
11 #	442	Wood, Josh	Lone Peak HS	12.18	-5.4	4
11 #	546	Johnson, Kaden	Westlake HS	12.18	-3.7	2
13 #	364	Wright, Zaiden	Bingham HS	12.25	-1.2	3
14 #	444	Wright, Jonas	Lone Peak HS	12.30	-1.2	3
14 #	480	Maldonado, Jaedyn	Pleasant Grove HS	12.30	-2.4	1
14 #	543	Hayes, Caleb	Westlake HS	12.30	-2.4	1
17 #	341	Larsen, Aiden	Bingham HS	12.36	-2.4	1
18 #	248	Bramwell, Stockto	American Fork HS	12.48	-2.4	1
19 #	261	Hixon, Roberto	American Fork HS	12.50	-5.4	4
20 #	466	Carbine, David	Pleasant Grove HS	12.53	-2.4	1
21 #	430	Rugg, Conner	Lone Peak HS	12.59	-5.4	4
22 #	267	Lawrence, Zachary	American Fork HS	12.70	-3.7	2
23 #	535	Bullock, Jake	Westlake HS	12.72	-3.7	2
24 #	354	Polatis, Jared	Bingham HS	12.75	-3.7	2
25 #	432	Sherman, Ethan	Lone Peak HS	12.82	-5.4	4
26 #	542	Goodwin, Aiden	Westlake HS	12.83	-2.4	1
27 #	474	Hess, T.J.	Pleasant Grove HS	13.03	-1.2	3
28 #	561	Whiting, Colton	Westlake HS	13.14	-5.4	4
29 #	558	Tedrow, Dylan	Westlake HS	13.75	-3.7	2

Boys 200 Meter Dash

Name	Year	School	Prelims	Wind	H#	
1 #	415	Ellis, Porter	Lone Peak HS	22.84q	-1.2	4
2 #	244	Abbott, Boone	American Fork HS	23.01q	-0.9	3
3 #	254	Downing, Devin	American Fork HS	23.25q	-1.8	1
4 #	330	Demartin, Adriano	Bingham HS	23.26q	-1.8	1
5 #	439	Ward, Gavin	Lone Peak HS	23.49q	+0.0	2
6 #	264	Johnson, Logan	American Fork HS	23.66q	-0.9	3
7 #	362	Wimmer, Andrew	Bingham HS	23.81q	+0.0	2
8 #	442	Wood, Josh	Lone Peak HS	23.83q	-0.9	3
9 #	440	Whisman, Elijah	Lone Peak HS	24.19	-1.2	4
10 #	480	Maldonado, Jaedyn	Pleasant Grove HS	24.22	-0.9	3
11 #	277	Rasmussen, Tim	American Fork HS	24.36	+0.0	2
12 #	364	Wright, Zaiden	Bingham HS	24.50	-0.9	3
13 #	247	Brailsford, Derek	American Fork HS	24.51	-1.2	4
14 #	422	Miles, Corey	Lone Peak HS	24.63	+0.0	2
15 #	347	Nigh, Heston	Bingham HS	24.67	-1.8	1
16 #	257	Gilbert, Landon	American Fork HS	24.68	-1.2	4
17 #	354	Polatis, Jared	Bingham HS	24.89	-1.2	4
18 #	556	Sellick, Mark	Westlake HS	25.44	-1.2	4
19 #	484	Potter, Jaxon	Pleasant Grove HS	25.77	-0.9	3
20 #	481	Maxfield, Ian	Pleasant Grove HS	25.96	+0.0	2
21 #	558	Tedrow, Dylan	Westlake HS	26.39	-1.8	1
22 #	533	Benham, Lance	Westlake HS	26.70	+0.0	2
23 #	537	Cowan, Cooper	Westlake HS	27.50	-1.8	1
24 #	477	King, Christian	Pleasant Grove HS	28.42	+0.0	2

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Name	Year	School	Prelims	H#
1 # 330 Demartin, Adriano		Bingham HS	51.60q	1
2 # 530 Ballard, Blain		Westlake HS	51.87q	2
3 # 439 Ward, Gavin		Lone Peak HS	52.13q	4
4 # 247 Brailsford, Derek		American Fork HS	52.50q	3
5 # 430 Rugg, Conner		Lone Peak HS	53.24q	1
6 # 348 Ogden, Nicholas		Bingham HS	53.42q	3
7 # 277 Rasmussen, Tim		American Fork HS	53.59q	3
8 # 345 Melton, Dallin		Bingham HS	54.36q	4
9 # 422 Miles, Corey		Lone Peak HS	54.55	2
10 # 485 Powell, Logan		Pleasant Grove HS	55.16	1
11 # 432 Sherman, Ethan		Lone Peak HS	55.18	4
12 # 265 Jolley, Ryan		American Fork HS	55.39	2
13 # 334 Fuhriman, Jacob		Bingham HS	56.49	1
14 # 279 Ruchti, Jaydon		American Fork HS	56.52	3
15 # 441 Whisman, Julian		Lone Peak HS	56.56	3
16 # 339 Hunter, Mckay		Bingham HS	56.84	1
17 # 437 Tooley, Eli		Lone Peak HS	57.14	3
18 # 535 Bullock, Jake		Westlake HS	57.45	4
19 # 276 Rasmussen, Matthe		American Fork HS	57.82	2
20 # 540 Gardner, Xander		Westlake HS	57.97	4
21 # 464 Bliss, James		Pleasant Grove HS	1:01.44	4
22 # 358 Teeples, Dallin		Bingham HS	1:01.89	3
23 # 537 Cowan, Cooper		Westlake HS	1:02.01	2
24 # 533 Benham, Lance		Westlake HS	1:04.42	1

Boys 1600 Meter Run

Name	Year	School	Finals	H#	Points
Finals					
1 # 251 Corbridge, Joe		American Fork HS	4:27.22	2	10
2 # 361 Tidwell, Dylan		Bingham HS	4:27.47	2	8
3 # 250 Clinger, Carson		American Fork HS	4:27.90	2	6
4 # 249 Brems, Dalton		American Fork HS	4:28.02	2	5
5 # 338 Hone, Austin		Bingham HS	4:28.51	2	4
6 # 409 Bybee, Jake		Lone Peak HS	4:34.69	2	3
7 # 553 Moffat, Michael		Westlake HS	4:35.10	2	2
8 # 360 Tidwell, Dustin		Bingham HS	4:36.28	2	1
9 # 531 Balzotti, Dawson		Westlake HS	4:37.95	2	
10 # 351 Palmer, Tyson		Bingham HS	4:38.77	1	
11 # 417 Finch, Carson		Lone Peak HS	4:39.55	2	
12 # 411 Clarke, Charles		Lone Peak HS	4:40.25	2	
13 # 278 Rawlings, Dylan		American Fork HS	4:41.40	2	
14 # 424 Mott, Tristan		Lone Peak HS	4:41.79	1	
15 # 549 Masias, Matt		Westlake HS	4:43.54	1	
16 # 414 Doman, Luke		Lone Peak HS	4:44.02	1	
17 # 552 Megargel, Jedidia		Westlake HS	4:44.64	1	
18 # 353 Peterson, Jared		Bingham HS	4:47.86	1	
19 # 262 Hysell, Ashton		American Fork HS	4:49.83	2	
20 # 343 Margetts, McKay		Bingham HS	4:49.91	1	
21 # 563 Woodrum, James		Westlake HS	4:50.53	1	
22 # 281 Steed, Aaron		American Fork HS	4:50.94	2	
23 # 557 Taylor, Noah		Westlake HS	4:54.00	1	

2019 Region 4 Championships - 5/8/2019 to 5/9/2019

Pleasant Grove High School

Results - Wednesday

....Boys 1600 Meter Run

24 #	475 Hillhouse, Nathan	Pleasant Grove HS	4:54.58	1
25 #	472 Harbertson, Trevi	Pleasant Grove HS	4:54.95	1
26 #	410 Chandler, Kazdyn	Lone Peak HS	4:57.04	1
27 #	463 Bean, Cameron	Pleasant Grove HS	5:03.68	1
28 #	468 Crabb, Hunter	Pleasant Grove HS	5:24.41	1

Boys 110 Meter Hurdles

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 #	355	Suitter, Payton	Bingham HS	16.75q	-3.4 3
2 #	333	Erickson, Aaron	Bingham HS	16.82q	-3.0 1
3 #	541	Gerald, Isaiah	Westlake HS	17.60q	-3.0 1
3 #	487	Russon, Austin	Pleasant Grove HS	17.60q	-3.8 2
5 #	482	Mikkelsen, Axton	Pleasant Grove HS	17.70q	-3.8 2
6 #	329	Davidson, Micah	Bingham HS	17.80q	-3.0 1
7 #	256	Getter, Cardon	American Fork HS	18.25q	-3.8 2
8 #	440	Whisman, Elijah	Lone Peak HS	18.46q	-3.4 3
9 #	562	Wolff, Luke	Westlake HS	19.59	-3.4 3
10 #	277	Rasmussen, Tim	American Fork HS	19.89	-3.0 1
11 #	485	Powell, Logan	Pleasant Grove HS	20.04	-3.8 2
12 #	365	Young, Kahill	Bingham HS	20.22	-3.4 3
13 #	407	Asay, Nathan	Lone Peak HS	20.94	-3.8 2
14 #	555	Romans, Braxton	Westlake HS	22.83	-3.8 2
-- #	259	Harmon, Andrew	American Fork HS	DNF	-3.4 3

Boys 300 Meter Hurdles

Name	Year	School	Prelims	H#
1 #	415	Ellis, Porter	Lone Peak HS	40.33q 3
2 #	333	Erickson, Aaron	Bingham HS	41.67q 2
3 #	482	Mikkelsen, Axton	Pleasant Grove HS	41.98q 3
4 #	487	Russon, Austin	Pleasant Grove HS	43.56q 2
5 #	355	Suitter, Payton	Bingham HS	43.90q 1
6 #	440	Whisman, Elijah	Lone Peak HS	43.94q 1
7 #	329	Davidson, Micah	Bingham HS	43.97q 3
8 #	272	Nielsen, Aidan	American Fork HS	44.09q 1
9 #	557	Taylor, Noah	Westlake HS	44.98 2
10 #	420	Masters, Bailey	Lone Peak HS	45.26 1
11 #	365	Young, Kahill	Bingham HS	50.33 1
12 #	407	Asay, Nathan	Lone Peak HS	53.39 3

Boys 1600 Sprint Medley

School	Finals	Points
Finals		
1 Westlake HS 'A'	3:41.08	10
1) #561 Whiting, Colton	2) #542 Goodwin, Aiden	
3) #546 Johnson, Kaden	4) #549 Masias, Matt	
2 Pleasant Grove HS 'A'	3:42.51	8
1) #467 Christen, Eric	2) #491 Wolfgramm, Kobe	
3) #473 Hayes, Dylan	4) #488 Smith, Matt	

2019 Region 4 Championships - 5/8/2019 to 5/9/2019

Pleasant Grove High School

Results - Wednesday

....Boys 1600 Sprint Medley

3 Bingham HS 'A'	3:43.70	6
1) #354 Polatis, Jared	2) #347 Nigh, Heston	
3) #345 Melton, Dallin	4) #326 Calder, Morgan	
4 Lone Peak HS 'A'	3:44.13	5
1) #442 Wood, Josh	2) #440 Whisman, Elijah	
3) #432 Sherman, Ethan	4) #424 Mott, Tristan	
5 American Fork HS 'A'	3:51.86	4
1) #267 Lawrence, Zachary	2) #279 Ruchti, Jaydon	
3) #265 Jolley, Ryan	4) #266 Kelley, Ethan	

Boys High Jump

Name	Year School	Finals	Points
1 # 349 Oliva, Enrique	Bingham HS	6-03.00	10
2 # 559 Tenney, Owen	Westlake HS	6-01.00	8
3 # 280 Smith, Jarom	American Fork HS	J6-01.00	6
4 # 408 Beckwith, Sam	Lone Peak HS	J6-01.00	5
5 # 421 Matern, Sean	Lone Peak HS	5-11.00	4
6 # 426 Niccum, McKay	Lone Peak HS	5-09.00	3
7 # 486 Ray, Derek	Pleasant Grove HS	J5-09.00	2
8 # 419 Jarema, Zach	Lone Peak HS	5-07.00	1
9 # 265 Jolley, Ryan	American Fork HS	J5-07.00	
10 # 556 Sellick, Mark	Westlake HS	J5-07.00	
11 # 329 Davidson, Micah	Bingham HS	5-05.00	
-- # 444 Wright, Jonas	Lone Peak HS	NH	
-- # 357 Taylor, Jason	Bingham HS	NH	
-- # 350 Ordyna, Braydon	Bingham HS	NH	
-- # 324 Bastian, Connor	Bingham HS	NH	
-- # 555 Romans, Braxton	Westlake HS	NH	

Boys Shot Put

Name	Year School	Prelims	H#
Preliminaries			
1 # 438 Wake, Masen	Lone Peak HS	45-07.50q	2
2 # 423 Mili, Tiki	Lone Peak HS	44-01.00q	2
3 # 532 Benham, Brant	Westlake HS	43-09.00q	2
4 # 425 Mumford, Gavin	Lone Peak HS	42-11.50q	2
5 # 327 Creason, Conner	Bingham HS	40-03.50q	2
6 # 263 Jackson, Nathan	American Fork HS	37-04.50q	2
7 # 436 Storrs, Kaden	Lone Peak HS	37-00.50q	2
8 # 408 Beckwith, Sam	Lone Peak HS	36-11.50q	2
9 # 544 Hayes, Jace	Westlake HS	36-07.00q	2
10 # 538 Deuel, Spencer	Westlake HS	35-07.50	2
11 # 246 Banner, Luke	American Fork HS	35-01.00	2
12 # 328 Davalos, Abel	Bingham HS	33-07.00	1
13 # 282 Walker, Riley	American Fork HS	33-06.50	1
14 # 342 Larson, Kade	Bingham HS	32-07.00	1
15 # 259 Harmon, Andrew	American Fork HS	32-02.00	1
16 # 465 Briggs, Quin	Pleasant Grove HS	31-09.00	1
17 # 325 Bremser, Preston	Bingham HS	29-11.00	1
18 # 534 Bertoch, Brady	Westlake HS	27-10.00	1

2019 Region 4 Championships - 5/8/2019 to 5/9/2019**Pleasant Grove High School****Results - Wednesday****Boys Shot Put**

Name	Year School	Finals	Points
Finals			
1 # 438 Wake, Masen	Lone Peak HS	45-07.50	10
2 # 423 Mili, Tiki	Lone Peak HS	44-03.50	8
3 # 532 Benham, Brant	Westlake HS	43-09.00	6
4 # 425 Mumford, Gavin	Lone Peak HS	42-11.50	5
5 # 327 Creason, Conner	Bingham HS	41-09.00	4
6 # 436 Storrs, Kaden	Lone Peak HS	38-05.50	3
7 # 263 Jackson, Nathan	American Fork HS	37-05.50	2
8 # 408 Beckwith, Sam	Lone Peak HS	36-11.50	1
9 # 544 Hayes, Jace	Westlake HS	36-07.00	

Boys Javelin Throw

Name	Year School	Prelims	H#
Preliminaries			
1 # 350 Ordyna, Braydon	Bingham HS	138-07q	2
2 # 532 Benham, Brant	Westlake HS	137-03q	2
3 # 331 Dority, Connor	Bingham HS	134-00q	2
4 # 470 Farris, Dallin	Pleasant Grove HS	129-03q	2
5 # 282 Walker, Riley	American Fork HS	126-02q	2
6 # 478 Leifson, Cade	Pleasant Grove HS	123-09q	1
7 # 425 Mumford, Gavin	Lone Peak HS	122-05q	2
8 # 270 McCallister, Cars	American Fork HS	119-07q	1
9 # 476 Johnson, Lincoln	Pleasant Grove HS	118-08q	2
10 # 327 Creason, Conner	Bingham HS	118-03	2
11 # 340 Kemp, Palmer	Bingham HS	117-03	2
12 # 280 Smith, Jarom	American Fork HS	116-02	1
13 # 269 Lott, Austin	American Fork HS	111-05	2
14 # 274 Pavich, Zachary	American Fork HS	104-02	1
15 # 328 Davalos, Abel	Bingham HS	101-04	1
16 # 344 Martin, Brett	Bingham HS	98-11	1
17 # 267 Lawrence, Zachary	American Fork HS	97-02	1
18 # 538 Deuel, Spencer	Westlake HS	95-02	1
19 # 462 Atkinson, Ashton	Pleasant Grove HS	88-11	1
20 # 426 Niccum, McKay	Lone Peak HS	86-08	1
21 # 554 Morgan, Jaxon	Westlake HS	82-09	1

Boys Javelin Throw

Name	Year School	Finals	Points
Finals			
1 # 350 Ordyna, Braydon	Bingham HS	138-07	10
2 # 532 Benham, Brant	Westlake HS	137-03	8
3 # 331 Dority, Connor	Bingham HS	134-00	6
4 # 470 Farris, Dallin	Pleasant Grove HS	129-03	5
5 # 282 Walker, Riley	American Fork HS	126-02	4
6 # 478 Leifson, Cade	Pleasant Grove HS	123-09	3
7 # 425 Mumford, Gavin	Lone Peak HS	122-05	2
8 # 270 McCallister, Cars	American Fork HS	119-07	1
9 # 476 Johnson, Lincoln	Pleasant Grove HS	118-05	

2019 Region 4 Championships - 5/8/2019 to 5/9/2019

Pleasant Grove High School

Results - Wednesday

....Boys Javelin Throw

Women - Team Rankings - 5 Events Scored

1) Westlake HS	52	1) Lone Peak HS	52
3) Bingham HS	44	4) American Fork HS	36
5) Pleasant Grove HS	5		

Men - Team Rankings - 5 Events Scored

1) Lone Peak HS	50	2) Bingham HS	49
3) American Fork HS	38	4) Westlake HS	34
5) Pleasant Grove HS	18		