Lander Invitational Cross Country Meet
October 1, 2020

Middle School races begin at 4:00 at LVHS.

High School races are as follows: 1:00--JV Girls 1:30—JV Boys
2:00--Senior Recognition
2:30--Varsity Girls 3:00—Varsity Boys

The meet will be run in accordance to WHSAA limits so more information re: times and course preview will be available as soon as we see the number of teams/participants registered.

Fee: High School Fee per team is $100.00. Invoice is attached. We are not charging middle schools.

Scoring: We are using a computer chip timing system and need all coaches to enter their contestants into RunnerCard by Tuesday, October 6 at 4:00pm.

RunnerCard Entries: Both high school and middle school must enter a time for each runner so that we can flight them accordingly.

Course: The high school course is five kilometers. The course will take place on the back nine (old front) of the golf course. Please stay off the greens and out of the bunkers.

The middle school course is approximately two miles and will be at LVHS.

Course Preview: We will get information out soon re: set times to walk the course.

Bus Parking: Buses will drop off and pick up athletes at the clubhouse. Please park buses in designated areas. There will be signs designating these areas.

Restrooms: Port-a-Potties will be made available in parking lot near club house. Please direct your athletes not to go inside the clubhouse.

Weather: In case of adverse weather/lightning an air horn will sound and at that point teams will need to go to their respective busses until the delay is lifted.

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Serol Stauffenberg
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INVOICE

Lander Valley High School
Cross Country Meet
October 1, 2020

Entry Fee - $100.00

School: _____

Make checks to LVHS Activities
350 Baldwin Creek Rd.
Lander, WY 82520