**Platte River Valley Invitational**

**Track Meet**

**Saturday April 21, 2012**

**--Saratoga has an all weather 8 land track, with the same material on the runways for long, triple, PV and high jump. Athletes must use 1/8 in spikes. No longer. The shot and discus rings are cement.**

**--Order of events is enclosed.**

**--Scratch and adds will be done in the shed south of the track first thing in the morning. Coaches please do all the scratches in the morning so we don’t have small number of individuals in heats that will prolong the meet and get you home later.**

**--Medals will be given to 1st , 2nd and 3rd places.**

**--There will be no charge for the meet.**

**--Unlimited number of entries in each event.**

**--We will weigh all of the shots and discuses that will be used.**

**--Limited to four events per athlete including relays**

**--Meet director is Rex Hohnholt. I can be reached at** [**rhohnholt@crb2.k12.wy.us**](mailto:rhohnholt@crb2.k12.wy.us)

**Or at 307-326-5246 (school) or cell 307-321-5225**

**--Please place entries by Friday April 20, 2012 noon at** [**www.Runnercard.com**](http://www.Runnercard.com) **under Platte River Valley Invitational. Please don’t hesitate to call if you have any questions. If you have any questions please get in touch with me on Thursday April 19 or before because I will be at a track meet with my high school athletes on Friday April 20 and will be unable to field any questions from you that day. Look forward to hosting all of you.**

**--There will be a full concessions open all morning an afternoon at the meet**

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| |  | | --- | |  | |  | **Platte River Invitational JH Track Meet** | | | | | |
|  |  |  |  | **Saturday April 21, 2012** | |  |  |
|  |  | **Saratoga, Wyoming** | | | | | |
| **Schedule Of Events** | |  |  |  |  |  |  |
| **10:00** | Shot and Discus Weigh In begins | | |  |  |  |  |
| **10:00** | Scratch and add meeting | | |  |  |  |  |
| **10:45** | Start of Field Events | |  |  |  |  |  |
| **11:45** | Start of Running Events | | |  |  |  |  |
| **Order of** | **Events** |  |  |  |  |  |  |
| **10:45** |  |  |  |  |  |  |  |
|  | Boys High Jump followed by Girls High Jump | | | |  |  |  |
|  | Girls Shot followed by Boys Shot | | |  | 4 throws will be allowed--No Finals | | | |
|  | Boys Discus followed by Girls Discus | | | | 4 throws will be allowed--No Finals | | | |
|  | Boys and Girls Long Jump | | |  | 4 jumps allowed--No Finals | | |  |
|  | followed immediately with triple jump at same pit | | | | |  |  |  |
| **11:45** |  |  |  |  |  |  |  |  |
|  | 1600 Meter Run - Girls - Boys | | |  |  |  |  |  |
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| **12:15** |  |  |  |  |  |  |  |  |
|  | 100 Meter Hurdles - Girls--Boys | | |  |  |  |  |  |
|  | 100 meter dash--Girls--Boys | | |  |  |  |  |  |
|  | 400 meter dash--Girls-Boys | | |  |  |  |  |  |
|  | 4 x 100 meter relay--Girls--Boys | | |  |  |  |  |  |
|  | 200 meter hurdles--Girls--boys | | |  |  |  |  |  |
|  | 200 meter dash--Girls--Boys | | |  |  |  |  |  |
|  | 800 meter run--Girls--Boys | | |  |  |  |  |  |
|  | 4 x 200 meter relay--Girls--Boys | | |  |  |  |  |  |
|  | 4 x 400 meter relay--Girls--Boys | | |  |  |  |  |  |
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