Therman Jordan Relays

April 8, 2017

0800 Coaches Meeting (SW of Track)

0800-0830 Weigh In’s

**0900- National Anthem- Honoring of Therman Jordan’s Family**

**0915--Javelin-** Girls Scratch Line 60’ Varsity 40’ JV Girls

**Girls/Boys Pole Vault-** Starting height 6’0 Varsity Girls/JV-5’0

**Varsity Boys 9’0/JV 8’0**

**High Jump-** Girls followed by Boys (Starting height girls 4’2”-Boys 5’2”)

**Triple Jump-** Boys followed by Girls (1 ½ hour Open Pit)(1/2 Hour for finals)

**Long Jump-** Boys followed by Girls (1 ½ hour Open Pit)(1/2 Hour for finals)

**1030-Discus-** **Girls** JV/Varsity No Scratch Line.

**1030-Shot Put Boys-** 35’ Scratch Line Varsity/ JV 25’

**01:00-Boys Javelin-** 80’ Scratch Line Varsity/60’ JV Boys

**01:00- Girls Shot Put-** Varsity Scratch Line 25’/ JV 20’

**02:30-Boys Discus-**No Scratch Line.

**0915—Running Events-** **All are finals**

Girls and Boys 3200 Meter Run

Girls 100 Hurdles

Boys 110 Hurdles

Girls and Boys 400 Meter Relay

Girls and Boys 100 Meter Dash

**Girls and Boys 100 Meter Dash Special Olympics**

Girls and Boys 800 Meter Run

Girls and Boys 400 Meter Dash

Girls and Boys 800 Meter Relay

Break (30 Minutes) TBA

Girls and Boys 300 Meter Hurdles

Girls and Boys 1600 Medley Relay

Girls and Boys 1600 Meter Run

Girls and Boys 200 Meter Dash

Girls and Boys 1600 Meter Relay

Weight Man’s Relay (Time Permitting) One Boys, Girls, Co-Ed)