

Canyon View Cedar Dual
Track and Field Meet
@ Canyon View
4/23/2019

3:30 PM Start (Rolling Schedule)

Running Events (Girls first followed by Boys)

1600 Meter Run
400 Meter Dash
4 x 100 Meter Relay
4 x 100 Throwers Relay
300 Meter Hurdles
200 Meter Dash
800 Meter Run
Medley Relay
100 Meter Hurdles
110 Meter Hurdles
3200 Meter Run
100 Meter Dash
4 x 400 Meter Relay

3:30 PM Start

Field Events

Boys Javelin and then Girls Javelin
Girls Discus and then Boys Discus
Boys Shot Put and then Girls Shot
Girls & Boys Long Jump Open Pit
Girls & Boys High Jump Together (Boys please don't attempt until bar is at 4'10)