

Region 11 Track & Field Championships Schedule of Events Schedule

Day 1 Schedule of Events		Day 2 Schedule of Events	
Track Start Time: 3:00 pm		Track Start Time 3:00 pm	
2:30	Coaches Meeting	2:30	Coaches Meeting
3:00	Girls 1600 M Final	3:00	Girls 4 X 200 Relay Final
3:15	Boys 1600 M Final	3:05	Boys 4 X 200 Relay Final
3:25	Girls 100 M Hurdles-Trials	3:10	Girls 3200 M Final
3:35	Boys 110 M Hurdles-Trials	3:30	Boys 3200 M Final
3:45	Girls 100 M-Trials	3:45	Girls 100 M Hurdles-Final
3:55	Boys 100 M- Trials	3:55	Boys 110 M Hurdles-Final
4:05	Girls 400 M- Trials	4:10	Girls 100 M-Final
4:15	Boys 400 M- Trials	4:15	Boys 100 M-Final
4:25	Girls 300 M- Hurdles-Trials	4:20	Girls 4 X 100 M Relay-Final
4:40	Boys 300 M- Hurdles-Trials	4:25	Boys 4 X 100 M Relay-Final
4:55	Girls 200 M-Trials	4:30	Girls 400 M-Final
5:15	Boys 200 M-Trials	4:40	Boys 400 M-Final
5:30	Girls 4 X 800 Relay-Finals	4:50	Girls 300 M Hurdles-Final
5:45	Boys 4 X 800 Relay-Finals	4:55	Boys 300 M Hurdles-Final
		5:00	Girls 800 M-Final
Field Start Time 3:00 pm		5:10	Boys 800 M-Final
	Boys Discus	5:20	Girls 200 M-Final
	Boys High Jump	5:25	Boys 200 M-Final
	Girls Javelin	5:30	Girls 4 X 400 Relay-Final
	Girls Long Jump	5:35	Boys 4 X 400 Relay-Final
	Boys Shot Put		
		Field Start Time 3:00 pm	Boys Javelin
Pole Vault will be held @ Logan TBD			Boys Long Jump
			Girls Shot Put
			Girls High Jump
			Girls Discus

*All times are approximate. A rolling schedule of events will be used where possible to move forward in the meet.

**If needed to provide appropriate intervals of rest between events we will take official breaks (on day one between 400 M trials and 300 hurdle trials; on day two between 100M finals and 4X100 relay finals, between 400 M finals and 300 H finals, and then between 200 Finals and 4X400 relay finals)

***Each team is allowed 56 individual entries plus relays and pole vault, per gender.