**Region 11 Track & Field Championships Schedule of Events Schedule**

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| **Day 1 Schedule of Events** |  | **Day 2 Schedule of Events** |  |
| **Track Start Time: 2:30 pm** |  | **Track Start Time 2:30 pm** |  |
| 2:00 | Coaches Meeting | 2:00 | Coaches Meeting |
| 2:30 | Girls 4 X 200 Relay Final | 2:30 | Girls 3200 Final |
| 2:35 | Boys 4 X 200 Relay Final | 2:45 | Boys 3200 Final |
| 2:40 | Girls 1600 M Final | 3:00 | Girls 100M Hurdles Final |
| 2:50 | Boys 1600 M Final | 3:05 | Boys 110 M Hurdles Final |
| 3:00 | Girls 100 M Hurdles-Trials | 3:25 | Girls 100 M Final |
| 3:15 | Boys 110 M Hurdles-Trials | 3:35 | Boys 100 M Final |
| 3:35 | Girls 100 M-Trials | 3:45 | Girls 4 X 100 M-Relay Final |
| 3:45 | Boys 100 M- Trials | 3:50 | Boys 4 X 100 M-Relay Final |
| 4:00 | Girls 400 M- Trials | 3:55 | Girls 400 M-Final |
| 4:10 | Boys 400 M- Trials | 4:00 | Boys 400 M Relay-Final |
| 4:30 | Girls 300 M- Hurdles-Trials | 4:20 | Girls 300 M Hurdles-Final |
| 4:40 | Boys 300 M- Hurdles- Trials | 4:30 | Boys 300 M-Hurdles Final |
| 4:55 | Girls 200 M-Trials | 4:40 | Girls 800 M-Final |
| 5:05 | Boys 200 M-Trials | 4:45 | Boys 800 M-Final |
| 5:20 | Girls 4 X 800 Relay-Finals | 4:50 | Girls 200 M-Final |
| 5:30 | Boys 4 X 800 Relay-Finals | 4:55 | Boys 200 M-Final |
|  |  | 5:05 | Girls 4 X 400 M-Relay Final |
|  |  | 5:10 | Boys 4X400 M-Relay Final |
| **Field Start Time 2:30 pm** | Boys Discus |  |  |
|  | Boys High Jump |  |  |
|  | Girls Javelin |  |  |
|  | Girls Long Jump | **Field Start Time 2:30 pm** | Boys Javelin |
| Pole Vault will be held @ Logan Tuesday 5/10/22 3:30 pm | Girls Shot Put (after Boys discus) |  | Boys Long Jump |
|  |  |  | Boys Shot Put (after Girls Discus) |
|  |  |  | Girls High Jump |
|  |  |  | Girls Discus  |

   \***All times are approximate.  A rolling schedule of events will be used where possible to move forward in the meet**.  \*\*If needed to provide appropriate intervals of rest between events we will take official breaks (on day one between 400 M trials and 300 hurdle trials; on day two between 100M finals and 4X100 relay finals, between 400 M finals and 300 H finals, and then between 200 Finals and 4X400 relay finals)