REGION 20 TRACK MEET

May 8, 2019

Escalante High School

**Field Events**

*Implement Weigh-In: 8:45-9:30 AM*

***Events will begin at 9:30 AM:***

Boys Long Jump Girls High Jump Girls Shot Put

Girls Javelin Boys Discus

***Followed upon completion by:***

Girls Long Jump Boys High Jump Boys Shot Put

Boys Javelin Girls Discus

**Running Events**

**10:00 AM Trials**

Girls 3200 Meter Finals

Boys 3200 Meter Finals

Girls 100 M Hurdles Trials

Boys 110 M Hurdles Trials

Girls 100 Meter Trials

Boys 100 Meter Trials

Girls 400 Meter Trials

Boys 400 Meter Trials

Girls 300 M Hurdles Trials

Boys 300 M Hurdles Trials

Girls 200 Meter Trials

Boys 200 Meter Trials

**12:30 PM Finals**

Girls 100 M Hurdles Finals

Boys 110 M Hurdles Finals

Girls 100 Meter Finals

Boys 100 Meter Finals

Girls 1600 Meter Finals

Boys 1600 Meter Finals

Girls 4x100 M Relay Finals

Boys 4x100 M Relay Finals

Girls 400 Meter Finals

Boys 400 Meter Finals

Girls 300 M Hurdles Finals

Boys 300 M Hurdles Finals

Girls 800 Meter Finals

Boys 800 Meter Finals

Girls Medley Relay Finals

Boys Medley Relay Finals

Girls 200 Meter Finals

Boys 200 Meter Finals

Girls 4x400 M Relay Finals

Boys 4x400 M Relay Finals